

Payment Policy | Adult Intensive Services (AIS) and Child and Family Intensive Services (CFIT)



EFFECTIVE DATE: 01|01|2023

POLICY LAST UPDATED: 04|21|2023

OVERVIEW

Adult Intensive Services (AIS) and Child and Family Intensive Treatment (CFIT) are home- and community-based services which are provided to adults and children experiencing moderate to severe psychiatric symptoms. These services may be utilized as a step up from traditional outpatient services or as a step down from more intensive services (such as inpatient hospitalization or residential treatment). The goal of AIS/CFIT is to provide intensive treatment in the least restrictive environment possible.

MEDICAL CRITERIA

Not applicable

NOTIFICATION OF ADMISSION

This policy is applicable to Commercial products only. Notification of Admission is required for both in-network and out-of-network AIS/CFIT services. To ensure correct claims processing, providers should notify BCBSRI Behavioral Health Utilization Management within 48 hours of admission. Contact BCBSRI Behavioral Health Utilization Management at 1-800-274-2958.

POLICY STATEMENT

Adult Intensive Services (AIS) and Child and Family Intensive Services (CFIT) benefits are intended to offer treatment to individuals experiencing moderate to severe psychiatric symptoms. Services are generally provided in less restrictive settings (e.g., in the community, in a practitioner's office, and/or in the patient's home) in an effort to reduce inpatient admissions. Although individuals receiving these services are typically not at risk for serious harm to themselves or to others, they may have difficulty performing activities of daily living. If left untreated, these individuals might likely require more intensive care.

Services consist of, but are not limited to:

- Individual, family, and/or group therapy
- Medication consultation and management
- Case management coordination
- 24/7 emergency crisis evaluation
- Psychiatric assessment

Adult Intensive Service (AIS) program:

The services will be provided at a minimum of six (6) contact hours per week.

Child and Family Intensive Treatment (CFIT) program:

The services will be provided at a minimum of six (6) contact hours per week.

CFIT benefits are only available to covered dependent children until their nineteenth (19th) birthday.

BACKGROUND

The intent of this policy is to provide less restrictive behavioral health services to children, adults, and families with intensive behavioral health problems in order to prevent and reduce inpatient admissions.

COVERAGE

Benefits may vary by group or contract. Please refer to the appropriate member Benefit Booklet or Subscriber Agreement for applicable behavioral health benefits/coverage.

CODING

The provider will be reimbursed at an all-inclusive per diem payment schedule.

RELATED POLICIES

Not applicable

PUBLISHED

Provider Update, June 2023

Provider Update, July 2022

Provider Update, January 2022

Provider Update, June 2021

Provider Update, October 2018

Provider Update, April 2018

REFERENCES

None

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