# **Medical Coverage Policy** | Skilled Nursing Facilities: Admission and Concurrent Review



**EFFECTIVE DATE:** 09 | 01 | 2015 **POLICY LAST UPDATED:** 04 | 16 | 2019

#### **OVERVIEW**

This policy documents the utilization review process for admission and continued care in a skilled nursing facility (SNF).

# **MEDICAL CRITERIA**

## BlueCHiP for Medicare

Care in a SNF is covered if all of the following four factors are met:

- The patient requires skilled nursing services or skilled rehabilitation services, i.e., services that must be performed by or under the supervision of professional or technical personnel; are ordered by a physician and the services are rendered for a condition for which the patient received inpatient hospital services or for a condition that arose while receiving care in a SNF for a condition for which he received inpatient hospital services;
- The patient requires these skilled services on a daily basis; and
- As a practical matter, considering economy and efficiency, the daily skilled services can be provided only on an inpatient basis in a SNF.
- The services delivered are reasonable and necessary for the treatment of a patient's illness or injury, i.e., are consistent with the nature and severity of the individual's illness or injury, the individual's particular medical needs, and accepted standards of medical practice. The services must also be reasonable in terms of duration and quantity.

# **Commercial Products**

BCBSRI will utilize Interqual criteria for medical necessity review.

# **PRIOR AUTHORIZATION**

Prior authorization is required for BlueCHiP for Medicare and recommended for Commercial Products.

## **POLICY STATEMENT**

BlueCHiP for Medicare and Commercial Products

# **Admission Review**

The provider ordering the SNF admission will be responsible for requesting prior authorization. In most cases, this will be the attending physician at the hospital from which the patient is being discharged.

To initiate prior authorization review from the hospital, please coordinate with the BCBSRI onsite nurse reviewer. For ordering providers initiating prior authorization review from an office or other subacute setting, please contact our Utilization Management Department at (401) 272-5670, ext. 3012, or fax your request to (401) 459-1623 and include the supporting medical documentation.

If the request for SNF admission does not meet the criteria, the ordering provider and member will receive a denial notice that follows the standard utilization review process. If authorization is not obtained prior to admission, the claim for SNF services will deny as provider liability.

Concurrent Review

The SNF will be responsible for contacting BCBSRI for concurrent review for approved, admitted patients. To initiate authorization review for additional SNF days, please contact our Utilization Management Department at (401) 272-5670, ext. 3012, or fax your request to (401) 459-1623 and include the supporting medical documentation.

BCBSRI will follow the Notice of Medicare Non-Coverage (NOMNC) rules and regulations for BlueCHiP for Medicare members.

#### **COVERAGE**

Benefits may vary between groups and contracts. Please refer to the appropriate Benefit Booklet, Evidence of Coverage or Subscriber Agreement for the applicable skilled nursing benefits/coverage.

## **BACKGROUND**

Not applicable

#### **CODING**

Not applicable

### **RELATED POLICIES**

Not applicable

## **PUBLISHED**

Provider Update, June 2019 Provider Update, September 2018 Provider Update, April 2017 Provider Update, July 2016 Provider Update, July 2015

#### **REFERENCES**

Medicare Benefit policy manual http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/bp102c08.pdf Interqual Criteria for Skilled Nursing Facility

# - CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's subscriber agreement or member certificate and/or the employer agreement, and those documents will supersede the provisions of this medical policy. For information on member-specific benefits, call the provider call center. If you provide services to a member which are determined to not be medically necessary (or in some cases medically necessary services which are non-covered benefits), you may not charge the member for the services unless you have informed the member and they have agreed in writing in advance to continue with the treatment at their own expense. Please refer to your participation agreement(s) for the applicable provisions. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. BCBSRI reserves the right to review and revise this policy for any reason and at any time, with or without notice. Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

