



**EFFECTIVE DATE:** 01|01|2024

**POLICY LAST REVIEWED:** 10|18|2023

## OVERVIEW

Genetic tests can perform a host of functions, such as providing a guided intervention in both symptomatic or asymptomatic people, identifying people at risk for future disorders, predicting the prognosis of a diagnosed disease, and predicting the appropriate treatment response.

This policy indicates those genetic testing services:

- for which prior authorization is required for Medicare Advantage Plans or recommended for Commercial Products via the online authorization tool, or
- that are not medically necessary, or
- not covered, or
- covered

For information regarding Proprietary Laboratory Analyses Codes (PLA) codes and Multianalyte Assays with Algorithmic Analyses (MAAA) codes, please see the Proprietary Laboratory Analyses (PLA) and Multianalyte Assays with Algorithmic Analyses (MAAA) Policy.

## MEDICAL CRITERIA

### Medicare Advantage Plans

Blue Cross & Blue Shield of Rhode Island (BCBSRI) must follow Centers for Medicare and Medicaid Services (CMS) guidelines, such as National Coverage Determinations or Local Coverage Determinations for all Medicare Advantage Plans policies. Therefore, medical necessity criteria from applicable National and Local Coverage determinations is applied to genetic testing services included in this policy. If National and/or Local Coverage Determinations indicate coverage may be provided if documentation supports medical necessity, but does not provide the specific medical necessity criteria, InterQual criteria may be used.

### Commercial Products

Generally, InterQual criteria is used to determine medical necessity for a majority of genetic testing.

### Medicare Advantage Plans and Commercial Products

When InterQual criteria is used for determination of medical necessity, it can be found in the online authorization tool:

<https://www.bcbsri.com/BCBSRIWeb/Login.do?redirectTo=/providers/preauth/preauthProviderOverview.jsp>

**NOTE REGARDING PANEL TESTING: Panel tests are subject to additional criteria. Please refer to the Policy Statement and Prior Authorization sections below for specific information regarding panel testing before utilizing the medical necessity criteria set forth below.**

The following general criteria is used in the online authorization tool depending on the category of screening, when separate criteria is not identified for the specific test being requested.

Carrier screening (preconception or prenatal testing) for genetic diseases is considered medically necessary when one of the following criteria is met:

- One or both individuals have a first- or second-degree relative (see definitions below) who is affected
- One individual is known to be a carrier
- One or both individuals are members of a population known to have a carrier rate that exceeds a threshold considered appropriate for testing for a particular condition

First-degree relatives include a biological parent, brother, sister, or child.

Second-degree relatives include a biologic grandparent, aunt, uncle, niece, nephew, grandchildren, and half-sibling.

Genetic screening or testing for genetic or hereditary conditions is considered medically necessary when the diagnostic test of the individual's germline will benefit the individual and one of the following criteria is met:

- To confirm a suspected diagnosis in a patient with signs and/or symptoms of the condition
- To identify a causative etiology for a clinical syndrome, for which there are multiple possible underlying conditions
- Testing an asymptomatic individual to determine future risk of disease

Genetic testing for cancer is considered medically necessary when one of the following criteria is met:

- Testing an asymptomatic patient to determine future risk of cancer
- Therapeutic testing of cancer cells from an affected individual to benefit the individual by directing targeted treatment based on specific somatic mutations.

## **PRIOR AUTHORIZATION**

For those tests in which prior authorization is indicated in the attached code grid, prior authorization is required for Medicare Advantage Plans and recommended for Commercial Products.

Requests for authorization of genetic testing should be submitted via the BCBSRI online prior authorization tool, which is available to BCBSRI-participating providers. All other providers may fax a prior authorization request to Utilization Management at (401) 272-8885.

**If a genetic test is not found in the online authorization tool, please fax the request to Utilization Management at (401) 272-8885.**

Panel testing: prior authorization is required for each component and/or gene/gene variant of panel testing when the panel is represented by multiple CPT codes. Each individual CPT code must be entered into and processed through the online authorization tool independently.

## **POLICY STATEMENT**

### **Medicare Advantage Plans and Commercial Products**

For services in which prior authorization is indicated, genetic testing may be considered medically necessary when the criteria in the online authorization tool and/or BCBSRI's Policy has been met. Please see Related Policies below for additional policies indicating criteria and coverage requirements for certain genetic testing.

Genetic testing services are not covered for Medicare Advantage Plans and not medically necessary for Commercial Products when:

- there is insufficient clinical evidence or strength of recommendation,
- results would not reasonably be used in management of a patient,
- services are unlikely to impact therapeutic decision-making in the clinical management of the patient.

Note: Blue Cross & Blue Shield of Rhode Island (BCBSRI) must follow Centers for Medicare and Medicaid Services (CMS) guidelines, such as National Coverage Determinations or Local Coverage Determinations for all Medicare Advantage Plans policies. Therefore, Medicare Advantage Plans policies may differ from

Commercial products. In some instances, benefits for Medicare Advantage Plans may be greater than what is allowed by the CMS.

There is not enough research to show that genetic panels can lead to better health outcomes for patients. When there is not enough research to show that a gene and/or gene variant alone in a genetic panel test may be used to manage treatment decisions and improve net health outcomes, then the entire genetic panel test is considered not covered for Medicare Advantage Plans and not medically necessary for Commercial Products.

For coverage of any panel test filed with a specific individual CPT code, please refer to the code grid in this policy and/or the Proprietary Laboratory Analyses (PLA) and Multianalyte Assays with Algorithmic Analyses (MAAA) policy.

For some genetic tests, medical necessity, and coverage of the test, is determined by the diagnosis code submitted with the claim. Please refer to the codes on the attached grid and the information in the Comments column for diagnosis coding or for a Related Policy if applicable.

Laboratories are not allowed to obtain clinical authorization or participate in the authorization process on behalf of the ordering physician. Only the ordering physician shall be involved in the authorization, appeal or other administrative processes related to prior authorization/medical necessity.

In no circumstance shall a laboratory or a physician/provider use a representative of a laboratory or anyone with a relationship to a laboratory and/or a third party to obtain authorization on behalf of the ordering physician, to facilitate any portion of the authorization process or any subsequent appeal of a claim where the authorization process was not followed and/or a denial for clinical appropriateness was issued, including any element of the preparation of necessary documentation of clinical appropriateness. If a laboratory or a third party is found to be supporting any portion of the authorization process, BCBSRI will deem the action a violation of this policy and severe action will be taken up to and including termination from the BCBSRI provider network. If a laboratory provides a laboratory service that has not been authorized, the service will be denied as the financial liability of the participating laboratory and may not be billed to the member.”

### **Commercial Products**

Some genetic testing services are not covered and a contract exclusion for any self-funded group that has excluded the expanded coverage of biomarker testing related to the state mandate, R.I.G.L. §27-19-81 described in the Biomarker Testing Mandate policy. For these groups, a list of which genetic testing services are covered with prior authorization, are not medically necessary or are not covered because they are a contract exclusion can be found in the Coding section of the Genetic Testing Services and Proprietary Laboratory Analyses policies. Please refer to the appropriate Benefit Booklet to determine whether the member’s plan has customized benefit coverage. Please refer to the list of Related Policies for more information.

## **COVERAGE**

### **Medicare Advantage Plans and Commercial Products**

Benefits may vary between groups/contracts. Please refer to the Benefit Booklet, Evidence of Coverage, or Subscriber Agreement for applicable genetic testing benefits/coverage and not medically necessary/not covered benefits/coverage.

## **BACKGROUND**

### **Molecular Pathology**

Molecular pathology procedures are medical laboratory procedures involving the analyses of nucleic acid (ie, DNA, RNA) to detect variants in genes that may be indicative of germline (eg, constitutional disorders) or somatic (eg, neoplasia) conditions, or to test for histocompatibility antigens (eg, HLA). Code selection is typically based on the specific gene(s) that is being analyzed. Genes are described using Human Genome Organization (HUGO) approved gene names.

## Next Generation Sequencing

Genomic sequencing procedures (GSPs) and other molecular multianalyte assays GSPs are DNA and RNA sequence analysis methods that simultaneously assay multiple genes or genetic regions relevant to a clinical situation. They may target specific combinations of genes or genetic material or assay the exome or genome. The technology used for genetic sequencing is commonly referred to as next generation sequencing (NGS) or massively parallel sequencing (MPS). GSPs are performed on nucleic acids from germline or neoplastic samples.

A genetic panel is defined as a test that simultaneously evaluates multiple genes, as opposed to sequential testing of individual genes. This includes panels performed by next-generation sequencing (NGS), massive parallel sequencing, and chromosomal microarray analysis. The definition of a panel will not include panels that report on gene expression profiling, which generally do not directly evaluate genetic variants.

New genetic technology, such as NGS and chromosomal microarray, has led to the ability to examine many genes simultaneously. This in turn has resulted in a proliferation of genetic panels. Panels using next-generation technology are currently widely available, covering a broad range of conditions related to inherited disorders, cancer, and reproductive testing. These panels are intuitively attractive to use in clinical care because they can analyze multiple genes more quickly and may lead to greater efficiency in the workup of genetic disorders. It is also possible that newer technology can be performed more cheaply than direct sequencing, although this may not be true in all cases.

Newer sequencing techniques were initially associated with higher error rates than direct sequencing. While there are limited published data directly comparing the accuracy of NGS with direct sequencing, several publications have reported that the concordance between NGS and Sanger sequencing is greater than 99% for cancer susceptibility testing, inherited disorders, and hereditary hearing loss. Another potential pitfall is the easy availability of a multitude of genetic information, much of which has uncertain clinical consequences. Variants of uncertain significance are found commonly and in greater numbers with NGS than with direct sequencing.

The intended use for these panels is variable, for example, for the diagnosis of hereditary disorders, a clinical diagnosis may be already established, and genetic testing is performed to determine whether this is a hereditary condition, and/or to determine the specific variant present. In other cases, there is a clinical syndrome (phenotype) with a broad number of potential diagnoses, and genetic testing is used to make a specific diagnosis. For cancer panels, there are also different intended uses. Some panels may be intended to determine whether a known cancer is part of a hereditary cancer syndrome. Other panels may include somatic variants in a tumor biopsy specimen that may help identify a cancer type or subtype and/or help select best treatment.

There is no standardization to the makeup of genetic panels. Panel composition is variable, and different commercial products for the same condition may test a different set of genes. The makeup of the panels is determined by the specific lab that developed the test. In addition, the composition of any individual panel is likely to change over time, as new variants are discovered and added to existing panels.

Genetic test panels are available for many clinical conditions. Genetic test panels may be focused to a few genes or include a large number of genes. The advantage of genetic test panels is the ability to analyze many genes simultaneously, potentially improving the breadth and efficiency of the genetic workup. A disadvantage of genetic test panels is that the results may provide information on genetic variants that are of unclear clinical significance or which would not lead to changes in patient management. These results may potentially cause harm by leading to additional unnecessary interventions and anxiety that would not otherwise be considered based on the patient's clinical presentation and/or family history.

For individuals who have a personal and/or family history suggesting an inherited cancer syndrome who receive expanded gene panel testing, the evidence includes reports describing the diagnostic yield of expanded gene panels. Relevant outcomes are overall survival, disease-specific survival, and test validity. Studies of gene

panel testing for genetic cancer risk assessment have reported primarily on the frequency with which variants are identified. The rates of variants of uncertain significance for gene panels are significant and increase in proportion with panel size, reaching nearly 50% for large gene panels. Variants included in these panels are associated with varying levels of risk of developing cancer. Published data on clinical utility are lacking, and it is unknown whether the use of these panels improves health outcomes. Only some variants included on panels are associated with a high risk of developing a well-defined cancer syndrome for which there are established clinical management guidelines. Many expanded panels include genetic variants considered to be of moderate or low penetrance, and clinical management recommendations for these genes are not well-defined. The lack of clinical management pathways for variants of uncertain clinical significance increases the potential for harm. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

## **Definitions**

### **Genetic Testing**

Genetic testing involves the analysis of chromosomes, DNA, RNA, genes, or gene products to detect inherited (germline) or noninherited (somatic) genetic variants related to disease or health.

### **Carrier Testing**

A carrier of a genetic disorder has 1 abnormal allele for a disorder. When associated with an autosomal recessive or X-linked disorder, carriers of the causative variant are typically unaffected. When associated with an autosomal dominant disorder, the person has 1 normal copy of the gene and 1 mutated copy of the gene; such a person may be affected with the disorder, may be unaffected but at high risk of developing the disease later in life, or may remain unaffected because of the sex-limited nature of the disease.

Carrier testing may be offered to people: (a) who have family members with a genetic condition; (b) who have family members who are identified carriers; and (c) who are members of ethnic or racial groups known to have a higher carrier rate for a particular condition.

### **Germline Variants**

Germline variants are present in the DNA of every cell of the body, from the moment of conception. They include cells in the gonads (testes or ova) and could, therefore, be passed on to offspring.

### **Somatic Variants**

Somatic variations occur with the passage of time and are restricted to a specific cell or cells derived from it. If these variants are limited to cells that are not in the gonads, they will not be passed on to offspring.

### **Pharmacogenomics**

Pharmacogenomics studies how a person's genetic makeup affects his or her body's response to drugs.

### **Limitations of Genetic Testing**

- The testing methods may not detect all variants that may occur in a gene
- Genetic testing may identify variants of uncertain significance
- Genetic testing may not necessarily determine the clinical outcome
- Different genes can cause the same disease (genetic heterogeneity)
- A variant in a gene may cause different phenotypes (phenotypic heterogeneity)
- Some disease-causing genes may not yet be identified
- Genetic testing is subject to laboratory error

There are several tests with a lack of demonstrated clinical utility based on extremely limited published data and/or insufficient evidence demonstrating the clinical validity of the test. In these cases, the evidence is insufficient to determine the effect of the technologies on health outcomes and are therefore considered not medically necessary.

## **CODING**

See the attached grid for Medicare Advantage Plans and Commercial Products coverage of Genetic Testing Codes and indication of which codes may be covered, medically necessary if criteria are met, not medically necessary or not covered.

### [Genetic Testing Codes and Coverage Effective 1.1.24](#)

## **RELATED POLICIES**

Assays of Genetic Expression in Tumor Tissue as a Technique to Determine Prognosis in Patients with Breast Cancer  
Biomarker Testing Mandate  
CA-125  
Circulating Tumor DNA and Circulating Tumor Cells for Cancer Management (Liquid Biopsy)  
Envisia for Idiopathic Pulmonary Fibrosis  
Evaluation of Biomarkers for Alzheimer Disease  
Fecal Calprotectin Testing  
Gene Expression Profile Testing and Circulating Tumor DNA Testing for Predicting Recurrence in Colon Cancer  
Gene Expression Profiling and Protein Biomarkers for Prostate Cancer Management  
Gene Expression Profiling for Cutaneous Melanoma  
Genetic and Protein Biomarkers for the Diagnosis and Cancer Risk Assessment of Prostate Cancer  
Genetic Testing for Diagnosis and Management of Mental Health Conditions  
Genetic Testing for Epilepsy  
Genetic Testing for Mitochondrial Disorders  
Genomic Sequence Analysis Panels in the Treatment of Hematolymphoid Diseases  
Genomic Sequence Analysis Panels in the Treatment of Solid Organ Neoplasms  
Homocysteine Testing in the Screening and Diagnosis and Management of Cardiovascular Disease  
Human Leukocyte Antigen (HLA) Testing Mandate  
Immune Cell Function Assay  
In Vitro Chemosensitivity and Chemosensitivity Assays  
Laboratory Testing Investigational Services  
Laboratory Tests Post Transplant and for Heart Failure  
Lyme Disease Diagnosis and Treatment Mandate  
Measurement of Lipoprotein-Associated Phospholipase A2 in the Assessment of Cardiovascular Risk  
Medicare Advantage Plans National and Local Coverage Determinations  
Minimal Residual Disease Testing for Cancer  
Molecular Markers in Fine Needle Aspiration of the Thyroid  
Molecular Testing for the Management of Pancreatic Cysts, Barrett Esophagus, and Solid Pancreaticobiliary Lesions (Former Title: PathfinderTG Molecular Testing)  
Molecular Testing in the Management of Pulmonary Nodules  
Multicancer Early Detection Testing  
Multimarker Serum Testing Related to Ovarian Cancer  
Multitarget Polymerase Chain Reaction Testing for Diagnosis of Bacterial Vaginosis  
Newborn Metabolic, Endocrine and Hemoglobinopathy, and Newborn Hearing Loss Screening Programs Mandate  
Noninvasive Techniques for the Evaluation and Monitoring of Patients with Chronic Liver Disease  
Novel Biomarkers in Risk Assessment and Management of Cardiovascular Disease  
Nutrient/Nutritional Panel Testing  
Preimplantation Genetic Testing  
Preventive Services for Medicare Advantage Plans  
Preventive Services for Commercial Members  
Proprietary Laboratory Analyses (PLA) and Multianalyte Assays with Algorithmic Analyses (MAAA)  
Proteogenomic Testing for Patients with Cancer

Urinary Biomarkers for Cancer Screening, Diagnosis and Surveillance  
Whole Exome and Whole Genome Sequencing for Diagnosis of Genetic Disorders

**PUBLISHED**

- Provider Update, November 2023
- Provider Update, June 2023
- Provider Update, April 2023
- Provider Update, February 2023
- Provider Update, August 2022
- Provider Update, March 2022
- Provider Update, October 2021

**REFERENCES**

1. American Medical Association, CPT 2023 Professional Edition.
2. Centers for Medicare and Medicaid Services (CMS). Local Coverage Determination (LCD): Molecular Pathology Procedures (L35000)
3. ACMG Board of Directors. Clinical utility of genetic and genomic services: a position statement of the American College of Medical Genetics and Genomics. *Genet Med.* Jun 2015;17(6):505-507. PMID 25764213
4. Teutsch SM, Bradley LA, Palomaki GE, et al. The Evaluation of Genomic Applications in Practice and Prevention (EGAPP) Initiative: methods of the EGAPP Working Group. *Genet Med.* Jan 2009;11(1):3-14. PMID 1881313
5. Beltran-Sanchez H, Razak F, Subramanian SV. Going beyond the disability-based morbidity definition in the compression of morbidity framework. *Glob Health Action.* 2014;7:24766. PMID 25261699
6. Simen BB, Yin L, Goswami CP, et al. Validation of a next-generation-sequencing cancer panel for use in the clinical laboratory. *Arch Pathol Lab Med.* Apr 2015;139(4):508-517. PMID 25356985
7. Yohe S, Hauge A, Bunjer K, et al. Clinical validation of targeted next-generation sequencing for inherited disorders. *Arch Pathol Lab Med.* Feb 2015;139(2):204-210. PMID 25611102
8. Sivakumaran TA, Husami A, Kissell D, et al. Performance evaluation of the next-generation sequencing approach for molecular diagnosis of hereditary hearing loss. *Otolaryngol Head Neck Surg.* Jun 2013;148(6):1007-1016. PMID 23525850
9. Hiraki S, Rinella ES, Schnabel F, et al. Cancer risk assessment using genetic panel testing: considerations for clinical application. *J Genet Couns.* Aug 2014;23(4):604-617. PMID 24599651
10. Yorczyk A, Robinson LS, Ross TS. Use of panel tests in place of single gene tests in the cancer genetics clinic. *Clin Genet.* Sep 2015;88(3):278-282. PMID 25318351
11. Emory Genetics Laboratory. Molecular Genetic Tests. 2015; <http://geneticslab.emory.edu/tests/testmenu.php?filter=2>. Accessed April 2015.

**CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS**

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's subscriber agreement or member certificate and/or the employer agreement, and those documents will supersede the provisions of this medical policy. For information on member-specific benefits, call the provider call center. If you provide services to a member which are determined to not be medically necessary (or in some cases medically necessary services which are non-covered benefits), you may not charge the member for the services unless you have informed the member and they have agreed in writing in advance to continue with the treatment at their own expense. Please refer to your participation agreement(s) for the applicable provisions. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. BCBSRI reserves the right to review and revise this policy for any reason and at any time, with or without notice. Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

