Recommended age range A SCREENING AND IMMUNIZATION SCHEDULE **Catch-up immunizations** ADOLESCENT 13-19 years 15 months months 12 months 24 months months Children months months months 12 years 10 years 1 month 11 years years 6 years 3 years BIRTH **TESTS** Each year from ages 9 months-6 years1; **Blood Lead Screening** ages 3-6 years, ask your child's doctor **HISTORY/EXAMS** At birth, at ages 1 month, 2 months, 4 months, 6 months, 9 months, Medical History/Checkup Once a year starting at age 3 12 months, 15 months, 18 months, 24 months, and 30 months At 18, 24, **Dental Exam** and 30 Routine visits starting at age 3 months² **IMMUNIZATIONS3** Hep B #1 Hepatitis B (Hep B) Hep B #2 Hep B #3 Diphtheria, Tetanus, DTaP DTaP DTaP DTaP #4 DTaP #5 Tdap #1 Pertussis (DTaP/Tdap) #2 #3 Hib Hib Hib H. Influenza Type b (Hib) Hib#4 #1 #2 #3 IPV IPV Inactivated Polio (IPV) IPV#3 **IPV #4** #1 #2 Pneumococcal Conjugate **PCV PCV PCV** PCV #4 (PCV) #1 #2 #3 RV RV RV Rotavirus (RV) #1 #2 #3 Influenza (Flu) Yearly for healthy children aged 6 months and older Between ages 12-24 Hepatitis A (Hep A) months (2-dose series, 6 months apart) 4 Measles, Mumps, MMR #2 MMR #1 Rubella (MMR) Varicella (Var) Var #1 Var #2 Chickenpox Females aged Females aged 11-12 years **Human Papillomavirus** 13-26 if not (3-dose series, previously (HPV)⁵ 2 months immunized apart) If not Meningococcal MCV4 previously Conjugate (MCV4) immunized **HEALTH GUIDANCE** Safety (bicycle and water safety), poison control, car seat safety, seatbelts, helmets, These items should be discussed at checkups violence prevention, nutrition, physical activity, family planning, sun exposure, AIDS/STD at appropriate ages. prevention, sex, physical abuse, drugs/alcohol, smoking, weapons, television viewing

¹ A Rhode Island state guideline.

² These visits provide important educational information and help establish a dental home for children. Visits do not include routine exams.

³ Depending on the brand and/or combination of vaccine used, the schedule may vary.

⁴ Children not fully vaccinated by age 2 can be vaccinated at subsequent visits. The Hepatitis A vaccine is also recommended for children older than 1 year who live in areas where vaccination programs target older children or who are at increased risk of infection.

⁵ Two types of HPV vaccines exist, HPV2 and HPV4. HPV4 may be administered on a three-dose schedule to males aged 9 to 18 to reduce their likelihood of acquiring genital warts.

Recommended age range A SCREENING AND IMMUNIZATION SCHEDULE Catch-up immunizations years **Adults** 20 20 80 **CANCER SCREENINGS** Every two years from age 21 until age 65. Women aged 30 and over may Pap Smear 6 have the test every three years if they've had three normal Pap smears in a row. (Include chlamydia screening for sexually active females up to age 25.) At least once every other year between ages 50 and 74. Women aged 40 to 49 and women Mammography⁶ older than age 75 should talk to their doctors about whether screening is appropriate. Begin at age 50 and continue until age 75. Colorectal Screening Discuss best method for testing with your doctor. **EXAMS/TESTS** Every two years if previously normal without medication **Blood Pressure** (Normal = < 120 over < 80)Begin routine screening for men at age 35. Cholesterol Test (total and HDL) Men and women with risk factors for heart disease should be screened starting at age 20. Begin routine screening for women at age 65. Women at increased risk Osteoporosis 6 for osteoporotic fractures should begin screening at age 60. **IMMUNIZATIONS** Pneumococcal Once7 Every 10 years. Tetanus/Diphtheria/Pertussis (Td/Tdap) Tdap should replace a single dose of Td for adults aged 19 to 64 who have not received a dose of Tdap previously. Influenza (Flu) Recommended each year for all people aged 6 months and older. Herpes Zoster Shingles Once, for those aged 60 and older Up until age 26 if not Human Papillomavirus (HPV)6 previously immunized (3-dose series) Once, for people aged 20-30, if not previously immu-Varicella Chickenpox nized or have not had chickenpox (2-dose series) **HEALTH GUIDANCE**

Smoking, alcohol and drugs, physical abuse and family violence, physical activity, nutrition, obesity, injuries (motor vehicle, household, and recreational), HIV/STD, family planning

Periodically

Sources: Centers for Disease Control and Prevention, Agency for Healthcare Research and Quality, Rhode Island Department of Health, and U.S. Preventive Services Task Force If you think you or a family member may not have received immunizations listed in this chart, consult the appropriate healthcare provider for catch-up immunizations.

These guidelines are for people with no current medical conditions, related family history, or other risk factors. If you have such factors, you may need additional services.

⁶ Tests for women.

⁷ If pneumococcal vaccine is received prior to age 65 and more than five years have passed since the previous dose, a revaccination is recommended after age 65.