

Dose Optimization Drug List

Cardiovascular Agents	
Drug	Daily Dose Limit
Atacant HCT 16-12.5 mg.	2 tablets
Atacant HCT 32-12.5 mg.	1 tablet
Atacand 4 mg.	1 tablet
Atacand 8 mg.	1 tablet
Atacand 16 mg.	1 tablet
Atacand 32 mg.	1 tablet
Avalide 25-300 mg.	1 tablet
Avalide 12.5-150 mg.	1 tablet
Avalide 12.5-300 mg.	1 tablet
Avapro 75 mg.	1 tablet
Avapro 150 mg.	1 tablet
Avapro 300mg	1 tablet
Benicar HCT 20-12.5 mg.	1 tablet
Benicar HCT 40-12.5 mg.	1 tablet
Benicar HCT 40-25 mg.	1 tablet
Benicar 5 mg.	2 tablets
Benicar 20 mg.	1 tablet
Benicar 40 mg.	1 tablet
Caduet 5-10 mg.	1 tablet
Caduet 10-10 mg.	1 tablet
Caduet 10-20 mg.	1 tablet
Cozaar 25 mg.	1 tablet
Cozaar 50 mg.	2 tablets
Cozaar 100 mg.	1 tablet
Diovan 40 mg.	1 tablet
Diovan 80 mg.	1 tablet
Diovan 160 mg.	1 tablet
Diovan 320 mg.	1 tablet
Diovan HCT 80-12.5 mg.	1 tablet
Diovan HCT 160-12.5 mg.	2 tablets
Diovan HCT 160-25 mg.	2 tablets
Hyzaar 50-12.5 mg.	1 tablet
Hyzaar 100-25 mg.	1 tablet
Micardis HCT 40-12.5 mg.	1 tablet
Micardis HCT 80-12.5 mg.	1 tablet
Micardis HCT 80-25 mg.	1 tablet
Micardis 20 mg.	1 tablet
Micardis 40 mg.	1 tablet
Micardis 80 mg.	1 tablet
Teveten HCT 600-12.5 mg.	1 tablet
Teveten HCT 600-25 mg.	1 tablet
Teveten 400 mg.	1 tablet
Teveten 600 mg.	1 tablet

Antidepressant	
Drug	Daily Dose
Cymbalta 30 mg.	1 tablet
Effexor® XR 37.5 mg.	1 capsule
Effexor XR 75 mg.	1 capsule
Effexor XR 150 mg.	1 capsule
Lexapro 5 mg.	1 tablet
Lexapro 10 mg.	1 tablet
Lexapro 20 mg.	1 tablet
Lexapro 5 mg./5 ml.	24ml
Paxil® CR 12.5 mg.	1 tablet
Paxil CR 25 mg.	2 tablets
Paxil CR 37.5mg	2 tablets
Pexeva 10 mg.	1 tablet
Pexeva 20 mg.	1 tablet
Pexeva 30 mg.	2 tablets
Pexeva 40 mg.	1 tablet
Sarafem® 10 mg.	1 capsule
Sarafem 20 mg.	1 capsule
Zoloft® 25 mg.	1.5 tablets
Zoloft 50 mg.	1.5 tablets
Zoloft 100 mg.	2 tablets