

## Healthcare Reform Overview

Important changes must be made to your group health plan as part of the federal healthcare reform law, known as the Patient Protection and Affordable Care Act (PPACA).

Blue Cross & Blue Shield of Rhode Island (BCBSRI) is committed to helping groups understand and implement these changes and will continue to provide support, detailed information, and updates as needed.

The healthcare reform law will affect your group health plan in the following ways:

Healthcare Reform	How It Affects You	When It Takes Effect
1. Elimination of lifetime and annual limits	Health plans can no longer impose lifetime or annual dollar limits on the amount paid for “essential health benefits,” like hospital care and doctor visits.	Upon plan renewal after September 23, 2010.*
2. Dependent coverage to age 26	Parents with children under age 26 can add them to their employer-based health plan, even if their children are married, do not live with their parents, and are not financially dependent on them.	Upon plan renewal after September 23, 2010.*
3. Preventive care coverage	Preventive services, like annual exams, mammogram screenings, and immunizations, must now be fully covered.	Upon plan renewal after September 23, 2010.*
4. Early retiree reinsurance program (ERRP)	Employees who retire early and are between ages 55 and 64 may be able to maintain their employer-sponsored health coverage, provided the employer qualifies for this temporary program.	The ERRP is accepting applications now.
5. Grandfathering	Self-funded health plans may choose to “grandfather,” which exempts them from some requirements of the law. Groups must communicate this decision to BCBSRI in writing.	Applies to plans that were in effect March 23, 2010.

### 1. Elimination of Lifetime and Annual Limits

Health plans can no longer have lifetime or annual dollar limits on “essential health benefits.”

- No lifetime limits for plans renewing on or after September 23, 2010.\*
- Annual limits will be phased out by January 1, 2014.

Essential health benefits include services like hospital care, emergency care, doctor visits, prescription drugs, preventive care, and others. Annual limits may still be applied to non-essential benefits, including infertility, early intervention services, hearing aid services, wigs, and outpatient enteral nutrition.

> ***The majority of BCBSRI plans do not currently have lifetime or annual limits on essential health benefits.***

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# Federal Healthcare Reform

## 2. Dependent Coverage to Age 26

For health plans renewing on or after September 23, 2010,\* young adults can be added to their parent's employer-based plan until their 26<sup>th</sup> birthday. They will receive coverage **whether or not** they:

- Are married
- Are students
- Live with their parents
- Are financially dependent on their parents
- Are eligible for coverage through their own employer (unless your plan is grandfathered)

However:

- If they are married, their spouses cannot be covered.
  - Their children (the parents' grandchildren) are not eligible for this coverage.
- > ***All groups that provide dependent coverage must adopt this mandate, including groups that have a collective bargaining agreement in place and grandfathered groups.***
- > ***However, until 2014, grandfathered groups are not required to offer dependent coverage up to age 26 if a young adult is eligible for his/her own employer-sponsored health plan.***
- > ***Coverage remains effective until the first of the month following the dependent's 26<sup>th</sup> birthday.***
- > ***Please note: Your employees will receive an application to enroll their child(ren), which they will provide to you for submittal to BCBSRI.***

## 3. Preventive Care Coverage

Health plans must provide full coverage for many preventive services with no cost sharing (copayments or deductibles) when received from in-network providers. This goes into effect upon renewal on or after September 23, 2010.\*

Preventive care is healthcare that is aimed at screening for and prevention of disease, and includes services such as:

- Annual exams and well-child visits
- Flu shots and other immunizations
- Blood tests
- Other screenings such as mammograms, Pap tests, colonoscopies, etc.

> ***Grandfathered plans are exempt from these preventive services coverage requirements.***

## What BCBSRI Is Doing

We are looking carefully at all of our health plans to make sure they comply with the new healthcare reform law. We are also working closely with employers to provide detailed information and updates. We encourage you to talk to your broker or BCBSRI Account Representative if you have any questions about healthcare reform.

\*Must be in effect on the first plan year beginning on or after September 23, 2010. "Plan year" means the date specified in the group health plan's plan document or, if no plan year is specified, the deductible or limit year, or if there is no deductible or limit year, the policy year. Because BCBSRI does not collect plan year information, we assume that each group health plan's plan year coincides with the BCBSRI renewal date.

#### 4. Early Retiree Reinsurance Program

The Early Retiree Reinsurance Program was created to provide financial relief to employers so that they can maintain health coverage for retirees who are between the ages of 55 and 64. The federal government has set aside \$5 billion for this temporary program, which will end when the funding is exhausted or as of January 1, 2014, when early retirees can seek coverage through health insurance exchanges.

Here's a snapshot of how the program works:

- Employers and union health plans must apply and be accepted into the program through the U.S. Department of Health and Human Services (HHS).
- Once qualified, they will be eligible to receive payments of up to 80 percent for healthcare claims that are between \$15,000 and \$90,000.
- Payments will be paid based on healthcare claims arising from early retirees, their spouses, and their dependents.
- Healthcare claims that qualify for payments include medical and hospital services, prescription drugs, mental health services, and other benefits specified by the HHS.
- Payments can be used only to offset increases to an employer's premiums or costs or to reduce members' out-of-pocket costs.
- For more information on this program, please go to **errp.gov**.

To help an employer take advantage of this program, BCBSRI will provide information to support the employer's application and assist accepted plans with the filing of claims. Supporting documents can be found on the BCBSRI.com employer home page.

#### 5. Grandfathering

PPACA allows health plans that were effective on March 23, 2010 to be "grandfathered." Grandfathered status would exempt these plans from certain (but not all) requirements of PPACA. By choosing "grandfathered" status, plans would be allowed to make routine changes to their benefits and plan policies. A "grandfathered" plan would lose this special status if benefits are significantly reduced or members' costs are significantly increased.

- > ***Self-insured groups may choose to "grandfather," and must communicate this decision to BCBSRI in writing.***
- > ***Grandfathered groups must monitor their own plan designs and contributions to ensure that they can retain the grandfathered status. If a self-insured group loses its status, the group must inform BCBSRI.***

#### Other healthcare reform resources:

- Go to the employer or broker home page on **BCBSRI.com** and click on "Healthcare Reform and Mental Health Parity Overview." Use the links to find additional information on healthcare reform.
- Go to [healthcare.gov](http://healthcare.gov).
- Call your broker or BCBSRI Account Representative.



[www.BCBSRI.com](http://www.BCBSRI.com)

500 Exchange Street • Providence, RI 02903-2699

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