

Blue Cross & Blue Shield of Rhode Island (BCBSRI)  
Mental Health Parity and Addiction Equity Act  
NQLT Comparative Analysis

**Medical Management, Prior Authorization, and Concurrent Review**

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As of January 1, 2023, Blue Cross & Blue Shield of Rhode Island (BCBSRI) does not apply medical management, including Prior Authorization, Concurrent Review, or Retroactive Review, (together, Medical Management), to services for the treatment of mental health or substance use disorder (together, Behavioral Health), in the in-network in-patient, in-network outpatient, out-of-network in-patient, or out-of-network outpatient settings. Emergency Behavioral Health Services similarly are not subject to Medical Management. For Behavioral Health in-patient services, providers submit a Notice of Admission/Discharge, for the purposes of care management and accurate claims processing.

As such, Medical Management does not limit the scope or duration of behavioral health services and is not a non-quantitative treatment limit.

**Analysis Reviewed/Approved 09/29/2025  
by BCBSRI's Mental Health  
Parity Governance  
Committee (PGC)**

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**I certify that this analysis was reviewed/approved by BCBSRI's Mental Health Parity Governance Committee on the above-mentioned date.**

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**DATE: 9/29/2025**

**Implementation Date: 1/1/2026**