

**EFFECTIVE DATE:** 05 | 02 | 2007

**POLICY LAST UPDATED:** 01 | 02 | 2018

### **OVERVIEW**

This policy was written to document the services that are considered cosmetic. Cosmetic procedures are performed primarily to refine or reshape body structures that are not functionally impaired, to improve appearance or self-esteem, or for other psychological, psychiatric, or emotional reasons. For services that could possibly be considered not cosmetic, refer to the individual policies listed in the Related Policies section.

### MEDICAL CRITERIA

### BlueCHiP for Medicare and Commercial Products

None

## PRIOR AUTHORIZATION

Not applicable

#### **POLICY STATEMENT**

### BlueCHiP for Medicare

Cosmetic services are not covered under BlueCHiP for Medicare because they are not determined to be reasonable and necessary.

## **Commercial Products**

The following procedures are contract exclusions as these are considered cosmetic:

- Abdominoplasty
- Brow ptosis surgery
- Cervicoplasty
- Chemical exfoliations, peels, abrasions (or dermabrasions or planning for acne, scarring, wrinkling, sun damage, or other benign conditions)
- Correction of variations in normal anatomy including augmentation mammoplasty and correction of congenital breast asymmetry
- Dermabrasion
- Ear Piercing or repair of a torn earlobe
- Excision of excess skin or subcutaneous tissue (except panniculectomy as listed above)
- Genioplasty
- Hair transplants
- Hair removal (including electrolysis epilation)
- Inverted nipple surgery
- Laser treatment for acne and acne scars;
- Skin tag removal
- Surgery for gynecomastia, including but not limited to mastectomy and reduction mammoplasty
- Osteoplasty: Facial bone reduction
- Otoplasty
- Procedures to correct visual acuity including, but not limited to, cornea surgery or lens implants
- Removal of asymptomatic benign skin lesions

- Repeated cauterizations or electrofulguration methods used to remove growths on the skin
- Rhinoplasty
- Rhytidectomy
- Scar revision, regardless of symptoms
- Sclerotherapy for spider veins
- Subcutaneous injection of filling material
- Suction-assisted lipectomy
- Tattooing or tattoo removal (except tattooing of the nipple/areola related to a mastectomy)
- Testicular prosthesis surgery
- Treatment of vitiligo

For coverage of procedures done in conjunction with a noncovered service, please refer to the following policy: Coverage of Complications Following a Non-covered Procedure.

Mastectomy for Gynecomastia is covered with Prior Authorization effective 01/01/2018, as groups renew.

## **COVERAGE**

Benefits may vary between groups and contracts. Please refer to the appropriate section of the Benefit Booklet, Evidence of Coverage or Subscriber Agreement for applicable cosmetic non-covered surgery service benefits/coverage.

### **BACKGROUND**

### BlueCHiP for Medicare

Cosmetic surgery, or expenses incurred in connection with such surgery, is not covered. Cosmetic surgery includes any surgical procedure directed at improving appearance, except when required for the prompt (i.e., as soon as medically feasible) repair of accidental injury or for the improvement of the functioning of a malformed body member. For example, this exclusion does not apply to surgery in connection with treatment of severe burns or repair of the face following a serious automobile accident, or to surgery for therapeutic purposes, which coincidentally also serves some cosmetic purpose.

# **Commercial Products**

Cosmetic procedures are performed primarily to refine or reshape body structures that are not functionally impaired, to improve appearance or self-esteem, or for other psychological, psychiatric, or emotional reasons. Although cosmetic procedures are not covered, procedures with a documented functional impairment may be covered if they meet the medical necessity criteria outlined in the individual medical policies.

Medical and hospital services are sometimes required to treat a condition that arises as a result of services that are not covered because they are determined to be not reasonable and necessary or because they are excluded from coverage for other reasons.

#### CODING

Please refer to individual medical policies for coding information.

### **RELATED POLICIES**

Abdominoplasty & Panniculectomy, Preauthorization via the Web-Based Tool for Procedures

Blepharoplasty, Preauthorization via the Web-Based Tool for Procedures

Bariatric Surgery, Preauthorization via the Web-Based Tool for Procedures

Breast Implant Removal, Preauthorization via the Web-Based Tool for Procedures

Breast Reconstruction Mandate, Preauthorization via the Web-Based Tool for Procedures

Coverage of Complications After a Non-covered Procedure

Laser Treatment for Proliferative Vascular Lesions: Preauthorization via the Web-Based Tool for Procedures

Mastectomy for Gynecomastia: Preauthorization via the Web-Based Tool for Procedures Orthognathic Surgery, Preauthorization via the Web-Based Tool for Procedures Rhinoplasty with Nasal Reconstruction, Preauthorization via the Web-Based Tool for Procedures Reduction Mammaplasty, Preauthorization via the Web-Based Tool for Procedures Varicose Vein Treatments, Preauthorization via the Web-Based Tool for Procedures

#### **PUBLISHED**

Provider Update, February 2018 Provider Update, April 2017 Provider Update, June 2016 Provider Update, May 2015 Provider Update, Aug 2014 Provider Update, Jun 2007

### **REFERENCES:**

Medicare Benefit Policy Manual, chapter 16- General Exclusions From Coverage MLN: Items and Services That Are Not Covered Under the Medicare Program

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