



**EFFECTIVE DATE:** 01|01|2019

**POLICY LAST UPDATED:** 10|02|2018

#### OVERVIEW

The intent of this policy is to document provider specialty restrictions for CPT codes and medical record documentation requirements for Behavioral Health Providers. The grid in the coding section reflects those restrictions

#### PRIOR AUTHORIZATION

Preauthorization if required or recommended for a service, is handled by our Behavioral Health vendor. Contact BCBSRI Behavioral Health Vendor at 800-274-2958.

#### POLICY STATEMENT

Provider specialty restrictions exist for CPT codes for behavioral health services as defined in the coding section.

The following code is limited to psychologist who do not have the ability to report E & M services and who have prescriptive authority in their state.

90863- Pharmacological management, including prescription and review of medication when performed with psychotherapy services.

Note: Psychologists in Rhode Island do not have prescriptive authority

Behavioral Health Services Provided to Children Under the Age of 18:

BCBSRI recognizes that the evaluation of children/adolescents often takes longer than adults and requires additional collateral contacts that further differentiate this population. Effective, for dates of service on or after January 1,2013 , BCBSRI allows providers to file with a modifier "TU" Special Payment Rate, Overtime for extended psychiatric diagnostic interview examination (

TU and 90792TU) for children under the age of 18. Extended services are defined as psychiatric diagnostic interview/examinations that extend longer than 75 minutes for our members under 18 years of age.

#### Medical Record Documentation requirements

Please see the attached document that provides the Behavioral Health Medical Record Documentation standards

[Documentation Standards](#)

#### MEDICAL CRITERIA

Not applicable

#### COVERAGE

Benefits may vary between groups/contracts. Please refer to the appropriate Evidence of Coverage or Subscriber Agreement for applicable Mental Health Services and/or Chemical Dependency Treatment for benefits and applicable deductibles and/ or co-payments.

#### CODING

The following is applicable for Blue CHiP for Medicare and Commercial Products.

**Note: For CPT codes 96101 - 96125 - refer to the Psychological and Neuropsychological Testing**

Provider Specialty	CPT Code Name	CPT Code	Comments
Psychiatry/MD (026), Psychiatric Neurologist (027), Child/Adolescent Psychiatry/MD (017), Clinical Nurse Specialist (045), Nurse Practitioner -Behavioral Health (045)	Psychiatric Diagnostic Evaluation	90791	
	Psych Diagnostic Medical	90792	
	Psychotherapy	90832, c, 90837	
	Psychotherapy/E/M Add On codes	90833, 90836, 90838	Must be billed with appropriate primary procedure per CPT coding guidelines
	E/M Codes	99201 through 99443	
	Interactive Complexity Add On Code	90785	Must be billed with appropriate primary procedure per CPT coding guidelines
	Psychotherapy Crisis	90839 90840	
	Family/Group Therapy	90846, 90847, 90849, 90853, 90857	

Provider Specialty	CPT Code Name	CPT Code	Comments
Psychologist (062), Social Worker (042), *Marriage/Family Therapist (078) *Mental Health Counselor (077) *Substance Abuse (094)  *Can not provide services to Medicare Members	Psychiatric Diagnostic Evaluation	90791	
	Psychotherapy	90832, 90834, 90837	
	Interactive Complexity Add On Code	90785	Must be billed with appropriate primary procedure per CPT coding guidelines
	Psychotherapy Crisis	90839	
		90840	
	Family/Group Therapy	90846, 90847, 90849, 90853, 90857	
	Health Behavior Assessment/Intervention	96150-96155	

	Neuro-Psychological Testing  Refer to policy in related policy section	96101-96125	Limited to the following specialties: Neuropsychologist(027) Psychologist (062), or Pediatric neurodevelopmental specialist (095)
	Psychiatric Diagnostic Evaluation	90791	
	Psychotherapy	90832, 90834, 90837	
	Interactive Complexity - Add On Code	90785	Must be billed with appropriate primary procedure per CPT coding guidelines
	Psychotherapy Crisis	90839	
		90840	
	Family/Group Therapy	90846, 90847, 90849, 90853, 90857	

**RELATED POLICIES**

Health and Behavior Assessment  
Psychological and Neuropsychological Testing

**PUBLISHED**

Provider Update November/December 2018  
Provider Update January 2018  
Provider Update March 2013  
Provider Update March 2007  
Provider Update Sept 2004

**CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS**

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