

EFFECTIVE DATE: 06|01|2019

POLICY LAST UPDATED: 04|16|2019

OVERVIEW

This policy addresses payment guidelines for services provided by primary care providers for care management with integrated behavioral health services, including the Collaborative Care Model (CoCM).

MEDICAL CRITERIA

Not applicable

PRIOR AUTHORIZATION

Not applicable

POLICY STATEMENT

BlueCHiP for Medicare and Commercial Products Collaborative Care Management Services (CoCM)

Blue Cross and Blue Shield of Rhode Island (BCBSRI) follows the Centers for Medicare and Medicaid Services (CMS) coverage guidelines for Psychiatric Collaborative Care Services. CoCM services are covered and not separately reimbursed for providers unless a provider has submitted a program description and received approval from BCBSRI. Under the Collaborative Care Model, patients are cared for through a team approach typically involving a primary care practitioner, behavioral health care manager, and a psychiatric consultant.

Program descriptions must include all of the following documentation:

- Job description for the behavioral health care manager demonstrating a collaborative integrated relationship with the rest of the team members with formalized training or specialized education in behavioral health (including social work, nursing, or psychology)
- Plan for identification, outreach and engagement of patients directed by a primary care provider
- Initial assessment, including administration of validated scales and resulting in a treatment plan
- Evidence of a compact/contract with a psychiatric consultant
- Written workflows documenting:
 - Psychiatric consultation/referral process
 - Evidence based treatment interventions to be used in working with patients (i.e.: behavioral activation, problem solving treatment, other focused treatment activities)
 - plans for ongoing collaboration and coordination with PCP and any other treating providers;
 - Relapse prevention planning and preparation for discharge from active treatment.
- Demonstrated use of a registry for tracking patient follow up and progress
- Evidence of weekly caseload review with psychiatric consultant
- Evidence of monitoring of patient outcomes using validated rating scales

General Behavioral Health Integration Services BlueCHiP for Medicare and Commercial Products*

Care Management for Behavioral Health conditions for other related models currently not being paid by BCBSRI is covered and not separately reimbursed unless a provider has submitted a program description and received approval from BCBSRI.

***coverage update for Commercial products effective June 1, 2019**

The practice must submit a detailed program description that indicates the practice is meeting these required elements:

- Initial Assessment
- Systematic assessment and monitoring, using applicable validated clinical rating scales
- Care planning by the primary care team jointly with the beneficiary, with care plan revision for patients whose condition is not improving
- Facilitation and coordination of behavioral health treatment
- Continuous relationship with a designated member of the care team

In addition, the following elements, which support a strong integrated care model, may be included with the program description:

- Employ or contract with a dedicated Behavioral Health (BH) care manager. The care manager is not required to be an independently licensed clinician eligible for credentialing, however must have relevant experience in behavioral health (eg, psychiatric nurse, Master's level clinician without independent license).
- Maintain a registry for behavioral health conditions including at minimum depression, anxiety and substance use disorders.
- Facilitate and coordinate treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation.
- Identify BH care manager as designated point of contact for BH care management needs.
- Provide brief psychosocial interventions, coaching and support for identified members.
- Demonstrate ongoing collaboration with the billing practitioner
- Demonstrate ability to provide face to face and telephonic services both during and outside of regular clinic hours.
- Have the capability to provide reporting on the following measures upon request:
 - Depression Remission or Response for Adolescents and Adults (OHIC aligned primary care measure set behavioral health domain)
 - Unhealthy Alcohol and Drug Use Screening and Brief Counseling (OHIC aligned primary care measure set behavioral health domain)
 - Follow-Up Care for Children Prescribed ADHD Medication

All program descriptions must be sent to **Behavioralhealth@bcbsri.org** Please include a cover sheet with your documentation that includes the following:

1. Billing provider information
2. Billing provider number
3. National Provider Identification

COVERAGE

Benefits may vary among groups. Please refer to the appropriate Benefit Booklet, Evidence of Coverage or Subscriber Agreement, for applicable medical services.

BACKGROUND

The psychiatric Collaborative Care Model is an approach to Behavioral Health Integration (BHI) shown to improve outcomes in multiple studies. In this model, patients are cared for through a team approach, involving a primary care practitioner, behavioral health care manager, and psychiatric consultant.

General behavioral health integration care management services are provided face-to-face by clinical staff, under the direct supervision of a physician or other qualified health care professional, to a patient with a diagnosed health care condition, including substance abuse issues requiring care management services.

CODING

BlueCHiP for Medicare and Commercial Products

Psychiatric Collaborative Care Services (CoCM):

The following codes are covered and not separately reimbursed except for primary care providers within 60 days of notification of program approval:

99492

Initial psychiatric collaborative care management, first 70 minutes in the first calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements: outreach to and engagement in treatment of a patient directed by the treating physician or other qualified health care professional; initial assessment of the patient, including administration of validated rating scales, with the development of an individualized treatment plan; review by the psychiatric consultant with modifications of the plan if recommended; entering patient in a registry and tracking patient follow-up and progress using the registry, with appropriate documentation, and participation in weekly caseload consultation with the psychiatric consultant; and provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies.

99493

Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements: tracking patient follow-up and progress using the registry, with appropriate documentation; participation in weekly caseload consultation with the psychiatric consultant; ongoing collaboration with and coordination of the patient's mental health care with the treating physician or other qualified health care professional and any other treating mental health providers; additional review of progress and recommendations for changes in treatment, as indicated, including medications, based on recommendations provided by the psychiatric consultant; provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies; monitoring of patient outcomes using validated rating scales; and relapse prevention planning with patients as they achieve remission of symptoms and/or other treatment goals and are prepared for discharge from active treatment

99494

Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional (List separately in addition to code for primary procedure)

G0512

Rural health clinic or federally qualified health center (rhc/fqhc) only, psychiatric collaborative care model (psychiatric cocm), 60 minutes or more of clinical staff time for psychiatric cocm services directed by an rhc or fqhc practitioner (physician, np, pa, or cnm) and including services furnished by a behavioral health care manager and consultation with a psychiatric consultant, per calendar month

General Behavioral Health Integration Services

The following code is covered and not separately reimbursed except for primary care providers within 60 days of notification of program approval:

99484

Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month, with the following required elements: initial assessment or follow-up monitoring, including the use of applicable validated rating scales; behavioral health care planning in relation to behavioral/psychiatric health problems, including revision for patients who are not progressing or whose status changes; facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation; and continuity of care with a designated member of the care team.

RELATED POLICIES

None

PUBLISHED

Provider Update, May 2019

Provider Update, April 2018

Provider Update, March 2017

REFERENCES:

None

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