# Payment Policy | Lactation Consultations



### **EFFECTIVE DATE:** 01 | 01 | 2022 **POLICY LAST UPDATED:** 10 | 20 | 2021

### OVERVIEW

For the purpose of this policy, lactation consultations refers to the educational services and clinical management provided to members who plan to breastfeed, but encounter difficulties due to anatomic variations and feeding problems with newborns.

Note: For plans that have coverage for preventive services, please refer to the related policy for Preventive Services for Commercial regarding cost share for these services.

### **MEDICAL CRITERIA**

Not applicable.

### **PRIOR AUTHORIZATION**

Not applicable.

### **POLICY STATEMENT**

### Medicare Advantage Plans and Commercial Products

Lactation consultations are covered for one of the diagnosis codes listed below, when the services are provided by an International Board-Certified Lactation Consultant (RLC) or physician.

Note: Services provided by a Home Care Agency are covered as part of the home care per diem.

### COVERAGE

#### Medicare Advantage Plans and Commercial Products

Benefits may vary between groups and contracts. Please refer to the appropriate Benefit Booklet, Evidence of Coverage or Subscriber Agreement for applicable benefits/coverage.

#### BACKGROUND

A health professional may be certified by the International Board-Certified Lactation Consultant (IBCLC). An IBCLC is a health care professional who specializes in the clinical management of breastfeeding with extensive formal lactation education and clinical training who has passed an international certification exam and has continuing education requirements in lactation. They may also be called a Registered Lactation Consultant (RLC).

In order to be eligible for licensing in Rhode Island, International Board-Certified Lactation Consultant must meet the following qualifications to be licensed per *Rules and Regulations for Licensing of Lactation Consultants* [R23-13.6-LA: Section 3.0 Qualification for Licensure: 3.1, an applicant for licensure as a lactation consultant shall:

- (a) Be at least eighteen (18) years of age;
- (b) Successfully complete an academic and practical program in lactation that is accredited by the International Board of Lactation Consultant Examiners;
- (c) Pass the examination for board certification as an International Board-Certified Lactation Consultant offered by the International Board of Lactation Consultant Examiners, or any successor organization; and
- (d) Currently be board certified as an International Board-Certified Lactation Consultant.

### CODING

There is no specific CPT or HCPCS code(s) that represents a lactation consultation and service.

# Medicare Advantage Plans

The following code is covered and separately reimbursed, when filed with a primary diagnosis from the ICD-10 Diagnosis Code(s) list below, applicable cost share will apply:

**98960** Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each <u>30</u> minutes; individual patient\*

# **Commercial Products**

The following code is covered and separately reimbursed with no cost share, when filed with a primary diagnosis from the ICD-10 Diagnosis Code(s) list below:

**98960** Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each <u>30</u> minutes; individual patient\*

# Medicare Advantage Plans and Commercial Products

Claims filed for CPT code 98960, with any diagnosis code not found in the ICD-10 Diagnosis Code(s) list below, the service will be covered but not separately reimbursed.

(\*Note: CPT coding guidelines regarding time-based codes are followed. A unit is obtained when the midpoint is passed. Example, there needs to be 16 minutes of face-to-face time to bill for 30 minutes.)

# ICD-10 Diagnosis Code(s)

O92.011-O92.013 O92.019 O92.02-O92.03 O92.111-O92.113 O92.12-O92.13 O92.119 O92.20 O92.20 O92.29 O92.3 O92.4-O92.5 O92.70 O92.70 O92.79 P92.1-P92.6 P92.8-P92.9

# **RELATED POLICIES**

Preventive Services for Commercial Members

# PUBLISHED

Provider Update, December 2021 Provider Update, June 2021 Provider Update, June 2021 Provider Update, November 2019 Provider Update, June 2017

# REFERENCES

1. Rules and Regulations for Licensing of Lactation Consultants, [R23-13.6-LAC] http://sos.ri.gov/documents/archives/regdocs/released/pdf/DOH/8067.pdf

#### ----- CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's subscriber agreement or member certificate and/or the employer agreement, and those documents will supersede the provisions of this medical policy. For information on member-specific benefits, call the provider call center. If you provide services to a member which are determined to not be medically necessary (or in some cases medically necessary services which are non-covered benefits), you may not charge the member for the services unless you have informed the member and they have agreed in writing in advance to continue with the treatment at their own expense. Please refer to your participation agreement(s) for the applicable provisions. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. BCBSRI reserves the right to review and revise this policy for any reason and at any time, with or without notice. Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.