



\$0 NATIONAL GYM MEMBERSHIP

In 2020, we've made our gym benefit even better with **Silver&Fit®**. You'll gain access to a nationwide network of fitness centers. With this much flexibility, you'll never miss another workout!

Select from over **14,000** fitness centers across the country and more than 45 local fitness centers. Visit **SilverandFit.com** to locate participating fitness centers, and learn about each of the centers.

Most of the YMCA and Anytime Fitness locations in RI are included, as well as the following participating local facilities*:

Barrington

Anytime Fitness-Club 4784
†YMCA of Greater Providence-Bayside Family

Bristol

Anytime Fitness-Club 2133
Bristol Total Fitness

Burrillville

Anytime Fitness-Club 3119

Cranston

†LA Fitness
†YMCA of Greater Providence-Cranston

Coventry

Anytime Fitness-Club 2554

Cumberland

†Boys and Girls Club Cumberland-Lincoln
Fore Court Racquet & Fitness Club

East Greenwich

†Absolute Fitness
†Healthtrax Fitness & Wellness

East Providence

Blast Fitness
†Healthtrax Fitness & Wellness

Johnston

Anytime Fitness-Club 1136

Lincoln

†MacColl YMCA

Middletown

Anytime Fitness-Club 5187

Narragansett

Anytime Fitness-Club 1875

Newport

†Newport YMCA

North Kingstown

Anytime Fitness-Club 3986
Ocean State Community Wellness

Pawtucket

Gold's Gym
†LA Fitness
†Pawtucket Family YMCA

Portsmouth

Peak Fitness

Providence

VP Fitness, LLC
†YMCA of Greater Providence-East Side
Mount Hope

Richmond

Anytime Fitness-Club 2710

Smithfield

Anytime Fitness-Club 3212
†Smithfield YMCA

Tiverton

Atlantic Health & Fitness

Wakefield

River Bend Athletic Club
†YMCA of Greater Providence-South County

Warren

426 Fitness, LLC

Memberships include:
Unlimited use of gyms, including fitness classes and indoor swimming pools.



Warwick

Anytime Fitness-Club 4286
Anytime Fitness-Club 5107
†Healthtrax Fitness & Wellness
†LA Fitness
Pro Fitness
†YMCA of Greater Providence-Kent County

West Warwick

Curves - 6608
Forever Fit, Inc.

Woonsocket

The Gym, LLC
†Woonsocket YMCA

Just over the border:

Seekonk, MA

†Newman YMCA

*This list is current as of October 15, 2019. For the most updated information, visit bcbsri.com/medicare/member/wellness.
†Facility has a swimming pool.



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