



ENHANCED \$0 NATIONAL GYM MEMBERSHIP

We've made our gym benefit even better with **Silver&Fit®**. You can now select from a variety of home fitness kits, as well as over **14,000** fitness centers across the country.

Choose from more than **45** local fitness centers—including most of the YMCA and Anytime Fitness locations in RI. Here are the participating facilities*:



Memberships include:
 Unlimited use of gyms and fitness classes, plus home fitness options.

Barrington

Anytime Fitness-Club 4784
 †YMCA of Greater Providence-Bayside Family

Bristol

Anytime Fitness-Club 2133
 Bristol Total Fitness

Burrillville

Anytime Fitness-Club 3119

Cranston

†LA Fitness
 Renegade Fitness
 †YMCA of Greater Providence-Cranston

Coventry

Anytime Fitness-Club 2554
 Planet Fitness

Cumberland

†Boys and Girls Club Cumberland-Lincoln
 Fore Court Racquet & Fitness Club
 Planet Fitness

East Greenwich

†Absolute Fitness
 †Healthtrax Fitness & Wellness

East Providence

Renegade Fitness
 †Healthtrax Fitness & Wellness

Johnston

Anytime Fitness-Club 1136

Lincoln

†MacColl YMCA

Middletown

Anytime Fitness-Club 5187
 Newport County YMCA

Narragansett

Anytime Fitness-Club 1875

Newport

Anytime Fitness
 †Newport YMCA

North Kingstown

Anytime Fitness-Club 3986
 Ocean State Community Wellness

Pawtucket

†LA Fitness
 †Pawtucket Family YMCA

Portsmouth

Common Fence Point YMCA

Providence

VP Fitness, LLC
 †YMCA of Greater Providence-East Side
 Mount Hope

Richmond

Anytime Fitness-Club 2710

Smithfield

†Smithfield YMCA

Tiverton

Atlantic Health & Fitness

Wakefield

River Bend Athletic Club
 Luxe Fitness Clubs
 The Wellness & Fitness Center at South County Hospital
 †YMCA of Greater Providence-South County

Warren

426 Fitness, LLC

Warwick

Anytime Fitness-Club 4286
 Anytime Fitness-Club 5107
 †Healthtrax Fitness & Wellness
 †LA Fitness
 Pro Fitness
 †YMCA of Greater Providence-Kent County

West Warwick

Curves - 6608
 Forever Fit, Inc.

Westerly

Luxe Fitness Clubs

Woonsocket

The Gym, LLC
 Landmark Heart Center
 Planet Fitness
 †Woonsocket YMCA

Just over the border:

Seekonk, MA

†Newman YMCA

*This list is current as of August 31, 2020. For the most updated information, visit bcbsri.com/medicare/member/wellness. †Facility has a swimming pool.



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