

#### Section 1 – Welcome to your Wellness / Caregiver reimbursement!

As a BlueCHiP for Medicare Value (HMO-POS), BlueCHiP for Medicare Extra (HMO-POS), or HealthMate for Medicare (PPO) member you can receive a yearly reimbursement for qualified wellness activities and caregiver services (see Section 4 for examples).

To receive your reimbursement, complete and submit this form. Or instead, you can submit the required information in your own format. Requests must include the following: Name, Date of Birth, Member Number, and information from Section 3 below. For Wellness reimbursements you must also include proof of payment. Submit your request by email or to one of the addresses listed in Section 6. Reimbursement requests must be received by Blue Cross & Blue Shield of Rhode Island no later than one year from the date of the activity or service. Please allow 30 days for processing.

#### Section 2 – Personal information (please complete all lines)

Member Number		Da	Date of Birth		
Last Name	First Name	2		Middle Initial	
Street Address (P.O. Box is not allowed)					
City			State	ZIP Code	
Phone Number	Please select one:				
( )	□ Home	□ Cell □ A		Iternate Phone	
Email Address Section 3 – Reimbursement information (please complete all lines)					
Please select one type of reimbursement:  Wellness reimbursement					
Caregiver reimbursement					
Amount of reimbursement request Date of a			activity or service		
Name of Activity or Service Provider					
Address					
City			State	ZIP Code	
		•			
Member Signature:			Today's Date:		

### Section 4 – Examples of qualified wellness activities and caregiver services

Please review your Evidence of Coverage (EOC) prior to submitting this form to verify your plan's reimbursement limits and a complete list of covered services. You can also contact us by calling the Medicare Concierge team or visiting one of our four Your Blue Store<sup>™</sup> locations (contact information listed below).

Wellness reimbursement (some examples of covered services):

- Participation in fitness equipment or classes, physical activities, gym membership fees
- Registration or participation fees for road races or walking challenges
- Participation in weight loss programs such as Weight Watchers<sup>®</sup> or Jenny Craig<sup>®</sup>
- Nutritional counseling with a dietitian

Caregiver reimbursement:

- Providing basic household assistance, such as light housekeeping and/or light meal preparation
- Providing bathing assistance
- Transporting and/or accompanying the member to medical appointments

### Section 5 – Submit your form

Please submit a separate request for your wellness and caregiver reimbursments to one of the following:

#### By email:

MedicareReimbursement@bcbsri.org

#### By mail:

Blue Cross & Blue Shield of Rhode Island 500 Exchange Street Providence, RI 02903-2699

**By fax:** (401) 459-5089

## In person at Your Blue Store\*:

- Cranston: Marshall's Plaza, 1325 Oaklawn Ave.
- East Providence: Highland Commons, 71 Highland Ave.
- Lincoln: Lincoln Mall Shopping Center, 622 George Washington Hwy.
- Warwick: Cowesett Corners, 300 Quaker Ln.

\*Our Your Blue Store locations follow state and federal guidelines during emergencies. Please check bcbsri.com/yourbluestore for information regarding special senior hours, store opening status (including capacity limits), and fitness programming information.

# Section 6 – Contact Information

Call the Medicare Concierge team at 1-800-267-0439 (TTY:711). Hours are October 1 - March 31, seven days a week, 8:00 a.m. to 8:00 p.m.; April 1 - September 30, Monday through Friday, 8:00 a.m. to 8:00 p.m., and Saturday 8:00 a.m. to noon. You can also use our automated answering system outside of these hours.



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