

Discounted Gym Membership



Take an Active Role in Your Health with Living Fit

Being active can help improve your health and quality of life—that's why BlueCHiP for Medicare offers **Living Fit!** You can get an unlimited-use health club membership at any one network facility for only **\$5 per month**. You pay the \$5 membership fee month to month, and you may cancel at any time. You can only join one facility at a time. With your membership, you can take advantage of:

- Group fitness classes (additional cost may apply)
- State-of-the-art exercise equipment
- Knowledgeable, courteous staff
- Indoor swimming pool (available at some facilities)



**This facility has a swimming pool.*

Participating Network Facilities

This facility list is current as of October 1, 2014. Some facilities may have been added or removed after this flyer was printed. To get the most up-to-date information, visit BCBSRI.com/Medicare or call the BlueCHiP for Medicare Concierge Team.

426 Fitness LLC
426 Metacom Avenue
Warren, RI 02885
(401) 247-7440

***Absolute Fitness**
2727 South County Trail
East Greenwich, RI 02818
(401) 884-0330

***American Health Fitness Center**
555 Quaker Lane
West Warwick, RI 02893
(401) 828-3458

Anytime Fitness – Coventry
55 Sandy Bottom Road
Coventry, RI 02816
(401) 822-0300

Anytime Fitness – Johnston
1577 Atwood Avenue
Johnston, RI 02919
(401) 383-8889

Anytime Fitness – Narragansett
91 Point Judith Road
Narragansett, RI 02898
(401) 284-0313

Anytime Fitness – Putnam
62 Providence Pike
Putnam, CT 06260
(860) 315-9012

Anytime Fitness – Smithfield
446 Putnam Pike
Smithfield, RI 02917
(401) 349-3550

Anytime Fitness – Warwick

577 Greenwich Avenue
Warwick, RI 02886
(401) 343-0777

Anytime Fitness – Wyoming

22 Kingstown Road
Wyoming, RI 02898
(401) 491-9900

Arcadia YMCA

1190 Main Street
Wyoming, RI 02898
(401) 539-2306

Atlantic Health & Fitness

31 Shove Street
Tiverton, RI 02878
(401) 624-3440

***Bayside Family YMCA**

70 West Street
Barrington, RI 02806
(401) 245-2444

Bristol Total Fitness

685 Metacom Avenue
Bristol, RI 02809
(401) 254-3900

***Cranston YMCA**

1225 Park Avenue
Cranston, RI 02910
(401) 943-0444

Curves – Cranston

669 Oaklawn Avenue
Cranston, RI 02920
(401) 943-1393

Curves – Cumberland

1725 Mendon Road
Cumberland, RI 02864
(401) 334-9944

Curves – Narragansett

883 Boston Neck Road
Narragansett, RI 02882
(401) 783-3717

Curves – North Kingstown

6665 Post Road
North Kingstown, RI 02852
(401) 884-4599

Curves – North Providence

360 Sunset Avenue
North Providence, RI 02904
(401) 354-4545

Curves – North Smithfield

642 Great Road
North Smithfield, RI 02896
(401) 762-3388

Curves – West Warwick

289 Cowesett Avenue
West Warwick, RI 02893
(401) 826-1352

***East Side/Mt. Hope YMCA**

438 Hope Street
Providence, RI 02906
(401) 521-0155

Fore Court Racquet & Fitness Club

44 Cray Street
Cumberland, RI 02864
(401) 333-4480

Forever Fit Inc.

1745 Main Street
West Warwick, RI 02893
(401) 826-5239

Gold's Gym

1000 Division Street
East Greenwich, RI 02818
(401) 223-4444

Gold's Gym

550 Pawtucket Avenue
Pawtucket, RI 02860
(401) 722-6600

***Healthtrax Fitness & Wellness**

15 Catamore Boulevard
East Providence, RI 02914
(401) 434-3600

***Healthtrax Fitness & Wellness**

2191 Post Road
Warwick, RI 02886
(401) 732-2413

***Kent County YMCA**

900 Centerville Road
Warwick, RI 02886
(401) 828-0130

Landmark Heart Center

186 Cass Avenue
Woonsocket, RI 02895
(401) 769-9355

Luxe Fitness

116 Granite Street
Westerly, RI 02891
(401) 596-9400

Luxe Fitness South County

55 Village Square Drive
Wakefield, RI 02879
(401) 792-9800

***MacColl YMCA**

26 Breakneck Hill Road
Lincoln, RI 02865
(401) 725-0773

***Mystic YMCA**

1 Harry Austin Drive
Mystic, CT 06355
(860) 536-3575

***Newman YMCA**

472 Taunton Avenue
Seekonk, MA 02771
(508) 336-7103

***Newport Athletic Club**

66 Valley Road
Middletown, RI 02842
(401) 846-7723

***Newport YMCA**

792 Valley Road
Middletown, RI 02842
(401) 847-9200

Next Level Fitness

12 Industrial Lane
Johnston, RI 02919
(401) 383-2300

Ocean State Health and Fitness

5600 Post Road
East Greenwich, RI 02818
(401) 886-4700

***Pawtucket Family YMCA**

20 Summer Street
Pawtucket, RI 02860
(401) 727-7901

**This facility has a swimming pool.*

Questions?

If you have questions or want to check whether a facility participates in our network, please call the BlueCHiP for Medicare Concierge Team at **1-800-267-0439**.

TTY/TDD: 711. Our hours are **October 1, 2014 – February 14, 2015**, seven days a week, 8:00 a.m. to 8:00 p.m. and **February 15, 2015 – September 30, 2015**, Monday to Friday, 8:00 a.m. to 8:00 p.m.

Peak Fitness

200 High Point Avenue
Portsmouth, RI 02871
(401) 683-6033

***Rhode Island Athletic Club**

600 Social Street
Woonsocket, RI 02895
(401) 766-6766

River Bend Athletic Club

316 Columbia Street
Peace Dale, RI 02883
(401) 789-9585

***Smithfield YMCA**

15 Deerfield Drive
Greenville, RI 02828
(401) 949-2480

South County Hospital

Wellness & Prevention Center
100 Kenyon Avenue
Wakefield, RI 02879
(401) 788-1697

***South County YMCA**

165 Broad Rock Road
Peace Dale, RI 02883
(401) 783-3900

The Gym, LLC

2168 Diamond Hill Road
Woonsocket, RI 02895
(401) 475-6000

The Gym for Women

2435 Nooseneck Hill Road
Coventry, RI 02816
(401) 385-3822

***West Bay Family YMCA**

7540 Post Road
North Kingstown, RI 02852
(401) 295-6501

Westerly – Pawcatuck YMCA

95 High Street
Westerly, RI 02891
(401) 596-2894

***Woonsocket YMCA**

18 Federal Street
Woonsocket, RI 02895
(401) 769-0791

The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments, and restrictions may apply. [Benefits, formulary, pharmacy network, provider network, premium and/or co-payments/co-insurance] may change on January 1 of each year. Blue Cross & Blue Shield of Rhode Island is an HMO plan with a Medicare contract. Enrollment in Blue Cross & Blue Shield of Rhode Island depends on contract renewal. An independent licensee of the Blue Cross and Blue Shield Association.



500 Exchange Street • Providence, RI 02903-2699

09/14 BMDP-15303