

# Discounted Gym Membership



## Take an Active Role in Your Health with Living Fit

Being active can help improve your health and quality of life—that's why BlueCHiP for Medicare offers **Living Fit!** You can get an unlimited-use health club membership at any one network facility for only **\$5 per month**. You pay the \$5 membership fee month to month, and you may cancel at any time. You can only join one facility at a time. With your membership, you can take advantage of:

- Group fitness classes (additional cost may apply)
- State-of-the-art exercise equipment
- Knowledgeable, courteous staff
- Indoor swimming pool (available at some facilities)



*\*This facility has a swimming pool.*

### Participating Network Facilities

This facility list is current as of January 1, 2015. Some facilities may have been added or removed after this flyer was printed. To get the most up-to-date information, visit [BCBSRI.com/Medicare](http://BCBSRI.com/Medicare) or call the BlueCHiP for Medicare Concierge Team.

**426 Fitness LLC**  
426 Metacom Avenue  
Warren, RI 02885  
(401) 247-7440

**\*Absolute Fitness**  
2727 South County Trail  
East Greenwich, RI 02818  
(401) 884-0330

**\*American Health Fitness Center**  
555 Quaker Lane  
West Warwick, RI 02893  
(401) 828-3458

**Anytime Fitness – Barrington**  
180 County Road, Suite B  
Barrington, RI 02806  
(401) 289-0443

**Anytime Fitness – Coventry**  
55 Sandy Bottom Road  
Coventry, RI 02816  
(401) 822-0300

**Anytime Fitness – Johnston**  
1577 Atwood Avenue  
Johnston, RI 02919  
(401) 383-8889

**Anytime Fitness – Narragansett**  
91 Point Judith Road  
Narragansett, RI 02898  
(401) 284-0313

**Anytime Fitness – Putnam**  
62 Providence Pike  
Putnam, CT 06260  
(860) 315-9012

**Anytime Fitness – Smithfield**

446 Putnam Pike  
Smithfield, RI 02917  
(401) 349-3550

**Anytime Fitness – Warwick**

577 Greenwich Avenue  
Warwick, RI 02886  
(401) 343-0777

**Anytime Fitness – Wyoming**

22 Kingstown Road  
Wyoming, RI 02898  
(401) 491-9900

**Arcadia YMCA**

1190 Main Street  
Wyoming, RI 02898  
(401) 539-2306

**Atlantic Health & Fitness**

31 Shove Street  
Tiverton, RI 02878  
(401) 624-3440

**\*Bayside Family YMCA**

70 West Street  
Barrington, RI 02806  
(401) 245-2444

**Bristol Total Fitness**

685 Metacom Avenue  
Bristol, RI 02809  
(401) 254-3900

**\*Cranston YMCA**

1225 Park Avenue  
Cranston, RI 02910  
(401) 943-0444

**Curves – Cumberland**

1725 Mendon Road  
Cumberland, RI 02864  
(401) 334-9944

**Curves – Narragansett**

883 Boston Neck Road  
Narragansett, RI 02882  
(401) 783-3717

**Curves – North Kingstown**

6665 Post Road  
North Kingstown, RI 02852  
(401) 884-4599

**Curves – North Providence**

360 Sunset Avenue  
North Providence, RI 02904  
(401) 354-4545

**Curves – North Smithfield**

642 Great Road  
North Smithfield, RI 02896  
(401) 762-3388

**Curves – West Warwick**

289 Cowesett Avenue  
West Warwick, RI 02893  
(401) 826-1352

**\*East Side/Mt. Hope YMCA**

438 Hope Street  
Providence, RI 02906  
(401) 521-0155

**Femme Fitness**

2435 Nooseneck Hill Road  
Coventry, RI 02816  
(401) 385-3822

**Fore Court Racquet & Fitness Club**

44 Cray Street  
Cumberland, RI 02864  
(401) 333-4480

**Forever Fit Inc.**

1745 Main Street  
West Warwick, RI 02893  
(401) 826-5239

**Gold's Gym**

1000 Division Street  
East Greenwich, RI 02818  
(401) 223-4444

**Gold's Gym**

550 Pawtucket Avenue  
Pawtucket, RI 02860  
(401) 722-6600

**\*Healthtrax Fitness & Wellness**

15 Catamore Boulevard  
East Providence, RI 02914  
(401) 434-3600

**\*Healthtrax Fitness & Wellness**

2191 Post Road  
Warwick, RI 02886  
(401) 732-2413

**\*Kent County YMCA**

900 Centerville Road  
Warwick, RI 02886  
(401) 828-0130

**Landmark Heart Center**

186 Cass Avenue  
Woonsocket, RI 02895  
(401) 769-9355

**Luxe Fitness**

116 Granite Street  
Westerly, RI 02891  
(401) 596-9400

**Luxe Fitness South County**

55 Village Square Drive  
Wakefield, RI 02879  
(401) 792-9800

**\*MacColl YMCA**

26 Breakneck Hill Road  
Lincoln, RI 02865  
(401) 725-0773

**\*Mystic YMCA**

1 Harry Austin Drive  
Mystic, CT 06355  
(860) 536-3575

**\*Newman YMCA**

472 Taunton Avenue  
Seekonk, MA 02771  
(508) 336-7103

**\*Newport Athletic Club**

66 Valley Road  
Middletown, RI 02842  
(401) 846-7723

**\*Newport YMCA**

792 Valley Road  
Middletown, RI 02842  
(401) 847-9200

**Next Level Fitness**

12 Industrial Lane  
Johnston, RI 02919  
(401) 383-2300

**Ocean State Health and Fitness**

5600 Post Road  
East Greenwich, RI 02818  
(401) 886-4700

*\*This facility has a swimming pool.*

**\*Pawtucket Family YMCA**

20 Summer Street  
Pawtucket, RI 02860  
(401) 727-7901

**Peak Fitness**

200 High Point Avenue  
Portsmouth, RI 02871  
(401) 683-6033

**\*Rhode Island Athletic Club**

600 Social Street  
Woonsocket, RI 02895  
(401) 766-6766

**River Bend Athletic Club**

316 Columbia Street  
Peace Dale, RI 02883  
(401) 789-9585

**\*Smithfield YMCA**

15 Deerfield Drive  
Greenville, RI 02828  
(401) 949-2480

**South County Hospital**

Wellness & Prevention Center  
100 Kenyon Avenue  
Wakefield, RI 02879  
(401) 788-1697

**\*South County YMCA**

165 Broad Rock Road  
Peace Dale, RI 02883  
(401) 783-3900

**The Gym, LLC**

2168 Diamond Hill Road  
Woonsocket, RI 02895  
(401) 475-6000

**\*West Bay Family YMCA**

7540 Post Road  
North Kingstown, RI 02852  
(401) 295-6501

**Westerly – Pawcatuck YMCA**

95 High Street  
Westerly, RI 02891  
(401) 596-2894

**\*Woonsocket YMCA**

18 Federal Street  
Woonsocket, RI 02895  
(401) 769-0791

## Questions?

If you have questions or want to check whether a facility participates in our network, please call the BlueCHiP for Medicare Concierge Team at **1-800-267-0439**.

**TTY/TDD: 711**. Our hours are **October 1, 2014 – February 14, 2015**, seven days a week, 8:00 a.m. to 8:00 p.m. and **February 15, 2015 – September 30, 2015**, Monday to Friday, 8:00 a.m. to 8:00 p.m.

The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments, and restrictions may apply. [Benefits, formulary, pharmacy network, provider network, premium and/or co-payments/co-insurance] may change on January 1 of each year. Blue Cross & Blue Shield of Rhode Island is an HMO plan with a Medicare contract. Enrollment in Blue Cross & Blue Shield of Rhode Island depends on contract renewal. An independent licensee of the Blue Cross and Blue Shield Association.



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