

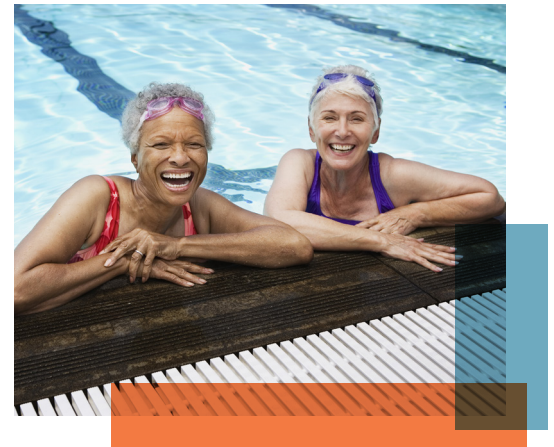
2016 Discounted Gym Membership



Stay Active: Explore Our Fitness Benefit

Being active and fit can help you stay healthy and improve your quality of life. That's why most of our BlueCHiP for Medicare plans** offer the Fitness Benefit, which gives you:

- An unlimited-use membership at any network facility.
- Access to group fitness classes, indoor swimming pools (available at many facilities), and more.
- The opportunity to choose from more than 50 local fitness centers, including YMCA locations.



Participating Network Facilities

This list is current as of May 1, 2016. For the most updated information, visit bcbsri.com/Medicare.

426 Fitness LLC

426 Metacom Avenue
Warren, RI 02885
(401) 247-7440

***Absolute Fitness**

2727 South County Trail
East Greenwich, RI 02818
(401) 884-0330

***American Health Fitness Center**

555 Quaker Lane
West Warwick, RI 02893
(401) 828-3458

Anytime Fitness – Barrington

180 County Road, Suite B
Barrington, RI 02806
(401) 289-0443

Anytime Fitness – Burrillville

1452 Broncos Highway
Burrillville, RI 02830
(401) 617-1297

Anytime Fitness – Coventry

55 Sandy Bottom Road
Coventry, RI 02816
(401) 822-0300

Anytime Fitness – Johnston

1577 Atwood Avenue
Johnston, RI 02919
(401) 383-8889

Anytime Fitness – Narragansett

91 Point Judith Road
Narragansett, RI 02898
(401) 284-0313

Anytime Fitness – Putnam

62 Providence Pike
Putnam, CT 06260
(860) 315-9012

Anytime Fitness – Smithfield

446 Putnam Pike
Smithfield, RI 02917
(401) 349-3550

Anytime Fitness – Warwick

577 Greenwich Avenue
Warwick, RI 02886
(401) 343-0777

Anytime Fitness – Wyoming

22 Kingstown Road
Wyoming, RI 02898
(401) 491-9900

Arcadia YMCA

1190 Main Street
Wyoming, RI 02898
(401) 539-2306

Atlantic Health & Fitness

31 Shove Street
Tiverton, RI 02878
(401) 624-3440

***Bayside Family YMCA**

70 West Street
Barrington, RI 02806
(401) 245-2444

*This facility has a swimming pool.

**If you choose BlueCHiP for Medicare Value, you can receive a \$150/year reimbursement for the facility of your choice.

***Boys and Girls Club
Cumberland-Lincoln**
1 James McKee Way
Cumberland, RI 02864
(401) 333-4850

Bristol Total Fitness
685 Metacom Avenue
Bristol, RI 02809
(401) 254-3900

***Cranston YMCA**
1225 Park Avenue
Cranston, RI 02910
(401) 943-0444

Curves – Narragansett
883 Boston Neck Road
Narragansett, RI 02882
(401) 783-3717

Curves – North Providence
360 Sunset Avenue
North Providence, RI 02904
(401) 354-4545

Curves – West Warwick
289 Cowesett Avenue
West Warwick, RI 02893
(401) 826-1352

***East Side/Mt. Hope YMCA**
438 Hope Street
Providence, RI 02906
(401) 521-0155

**Fore Court Racquet &
Fitness Club**
44 Cray Street
Cumberland, RI 02864
(401) 333-4480

Forever Fit Inc.
1745 Main Street
West Warwick, RI 02893
(401) 826-5239

Gold's Gym
550 Pawtucket Avenue
Pawtucket, RI 02860
(401) 722-6600

Healthtrax Fitness & Wellness
1000 Division Street
East Greenwich, RI 02818
(401) 223-4444

***Healthtrax Fitness & Wellness**
15 Catamore Boulevard
East Providence, RI 02914
(401) 434-3600

***Healthtrax Fitness & Wellness**
2191 Post Road
Warwick, RI 02886
(401) 732-2413

***Kent County YMCA**
900 Centerville Road
Warwick, RI 02886
(401) 828-0130

Landmark Heart Center
186 Cass Avenue
Woonsocket, RI 02895
(401) 769-9355

Luxe Fitness
116 Granite Street
Westerly, RI 02891
(401) 596-9400

Luxe Fitness South County
55 Village Square Drive
Wakefield, RI 02879
(401) 792-9800

***MacColl YMCA**
26 Breakneck Hill Road
Lincoln, RI 02865
(401) 725-0773

***Mystic YMCA**
1 Harry Austin Drive
Mystic, CT 06355
(860) 536-3575

***Newman YMCA**
472 Taunton Avenue
Seekonk, MA 02771
(508) 336-7103

***Newport Athletic Club**
66 Valley Road
Middletown, RI 02842
(401) 846-7723

***Newport YMCA**
792 Valley Road
Middletown, RI 02842
(401) 847-9200

Next Level Fitness
12 Industrial Lane
Johnston, RI 02919
(401) 383-2300

Ocean State Health and Fitness
5600 Post Road
East Greenwich, RI 02818
(401) 886-4700

***Pawtucket Family YMCA**
20 Summer Street
Pawtucket, RI 02860
(401) 727-7901

Peak Fitness
200 High Point Avenue
Portsmouth, RI 02871
(401) 683-6033

***Rhode Island Athletic Club**
600 Social Street
Woonsocket, RI 02895
(401) 766-6766

River Bend Athletic Club
316 Columbia Street
Wakefield, RI 02883
(401) 789-9585

***Smithfield YMCA**
15 Deerfield Drive
Greenville, RI 02828
(401) 949-2480

**South County Hospital
Wellness & Prevention Center**
100 Kenyon Avenue
Wakefield, RI 02879
(401) 788-1697

*This facility has a swimming pool.

***South County YMCA**

165 Broad Rock Road
Peace Dale, RI 02883
(401) 783-3900

The Gym, LLC

2168 Diamond Hill Road
Woonsocket, RI 02895
(401) 475-6000

VP Fitness LLC

10 Dorrance Street
Providence, RI 02903
(401) 479-7099

***West Bay Family YMCA**

7540 Post Road
North Kingstown, RI 02852
(401) 295-6501

Westerly – Pawcatuck YMCA

95 High Street
Westerly, RI 02891
(401) 596-2894

***Woonsocket YMCA**

18 Federal Street
Woonsocket, RI 02895
(401) 769-0791

Questions?

If you have questions or want to check whether a facility participates in our network, please call the BlueCHIP for Medicare Concierge Team at **(401) 277-2958** or **1-800-267-0439 (TTY: 711)**. Hours are seven days a week from **October 1 – February 14, 8:00 a.m. to 8:00 p.m.** From **February 15 – September 30**, you can call Monday through Friday, from 8:00 a.m. to 8:00 p.m. On Saturday and Sunday, call from 8:00 a.m. to noon. You can use our automated answering system outside of these hours.

*This facility has a swimming pool.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits may change on January 1 of each year. Blue Cross & Blue Shield of Rhode Island is an HMO plan with a Medicare contract. Enrollment in Blue Cross & Blue Shield of Rhode Island depends on contract renewal. An independent licensee of the Blue Cross and Blue Shield Association.



500 Exchange Street • Providence, RI 02903-2699

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