

# SelectR

A NEW NETWORK OPTION TO LOWER YOUR HEALTHCARE COSTS

# Select RI

Lower costs. Enhanced primary care. Better value. SelectRI gives you and your employees more for your healthcare dollars.

SelectRI is an innovative network option that empowers your employees to get the care they need at the best price. They'll still have the flexibility to choose any provider in our national network, but when they use SelectRI providers, they'll have the lowest out-of-pocket costs and access to comprehensive primary care with many extra services.

### Choose a plan with SelectRI and see immediate premium savings!\*

\*Compared to a similar plan with our traditional network.

SelectRI is changing the way care is delivered in Rhode Island through a partnership with Coastal Medical, the state's largest private primary care group. Coastal Medical's proactive approach to care offers a team of physicians, nurse care managers, pharmacists, nutritionists, and behavioral health specialists available to support patients' individual needs and ensure coordinated care with specialists and hospitals.

James Schwartz, M.D., Coastal Medical

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# EXTENSIVE, EFFICIENT CARE...CLOSE TO HOME

What makes **SelectRI** unique is its focus on fully coordinated care that meets the individual needs of each patient, with primary care medical offices staffed with care managers, nutritionists, and more.

Your employees can get the care they need faster and easier, with these guaranteed services:

- Expanded hours and weekend appointments
- Guaranteed initial visit within three business days
- Team-based approach to patient care
- Targeted interventions for a wide spectrum of healthcare needs
- Use of electronic health records at every location to ensure safety and provide proactive care
- Online access to health information and test results
- Medication consultations
- Telemedicine services (coming soon)

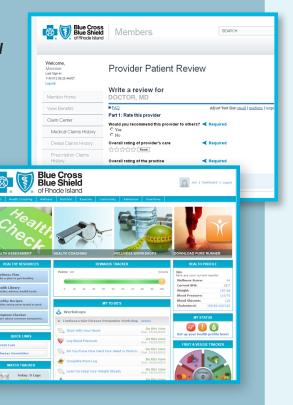
And these guaranteed services offer more than convenience-they also help to manage costs by reducing emergency room visits, avoiding harmful drug interactions, and providing better informed care.



## Smarter Healthcare Decisions, Better Health

Our online tools make it easier for your employees to make smarter, more informed decisions about their healthcare...AND their health. They can get objective information to choose doctors and compare costs, and they can use our **wellness portal and mobile app** to improve their own health.

- View cost estimates for common medical services Compare costs for the same service or procedure at various providers or hospitals.
- **Read and write reviews of network providers** Share experiences and see quality ratings to find the right doctor.
- Find Blue Physician Recognition-rated doctors Identify doctors who have been recognized by the national Blue Physician Recognition program because of their commitment to delivering quality, patient-centered care.
- Use wellness tracking tools in the wellness portal and mobile app – Use health, activity, and nutrition trackers, exercise plans, workshops, challenges, and much more, plus get a \$50 incentive for completing a health assessment.



# The SelectRI Network Difference

#### 1. Statewide advanced primary care

With **SelectRI**, your employees receive primary care from the state's most advanced and innovative primary care practices:

- Led by a primary care physician (PCP)—with support from a full care team that includes nurse practitioners, social workers, nutritionists, and behavioral health specialists—SelectRI practices ensure members receive the most convenient, coordinated routine and urgent primary care.
- More than 100 PCPs and care teams at multiple locations throughout Rhode Island meet the SelectRI primary care standards, and the network continues to grow.

#### 2. Fully coordinated hospital care

Select**RI includes 20 area hospitals**. Nearly all Rhode Island hospitals have partnerships with **SelectRI** PCPs to keep them informed and involved in the full spectrum of care, from admission to discharge:

- Upon discharge, the **SelectRI** primary care team, the patient, and hospital staff coordinate post-discharge instructions and follow-up care.
- This is part of an important BCBSRI program promoting quicker recoveries with less chance for hospital re-admission.

#### 3. High-quality specialty and outpatient care

Your employees are guaranteed access to a choice of high-quality local specialists and outpatient care facilities with **SelectRI**:

- Includes **all specialists in BCBSRI's local network**, including critical areas such as cardiology, gastroenterology, orthopedics, dermatology, behavioral health, and more.
- Includes **most free-standing facilities in BCBSRI's network**, including lab and imaging services, physical therapy, and more.

Ask your Broker or BCBSRI Account Representative how you can pair the SelectRI network with your VantageBlue benefit plan and save!



www.bcbsri.com

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