

LifeStyleBlue

LIFESTYLE REWARDS



Qualifying Healthy Activities for Your Lifestyle Reward

Now that you're enrolled in LifeStyleBlue, you can earn a Lifestyle Reward of a **\$200 reimbursement (\$400 for a family plan)** for participating in any of the healthy activities below. (Receipts are required for reimbursement.)

- Yoga/Pilates/aerobics/kickboxing/boxing /karate classes
- Sports league fees
- Gym and fitness center memberships
- Personal training classes
- Golfing (Greens fees)
- Tennis (Court fees)
- Dance/gymnastics/swim lessons
- School sports fees (Includes fees for uniforms, transportation, and equipment)
- Summer sports camps (e.g., field hockey camp)
- Recreational and team/competitive sports fees (e.g., soccer, lacrosse, etc.)
- Registration fees for races (e.g., running, walking, biking, etc.)
- Registration fees for fitness competitions (e.g., Shape Up RI)
- Membership fees and meeting costs for weight loss programs (e.g., Weight Watchers®)
- Healthy cooking classes (e.g., classes offered through a hospital rehabilitation program)
The program description needs to include the word "healthy."
- Other
(BCBSRI will evaluate other activities on a case-by-case basis.)

The following requests for reimbursement are excluded:

- Exercise equipment, sneakers, and workout clothes
- Fundraising fees
- Golf cart/golf club rentals
- Summer day-care camps (e.g., YMCA non-sports camps)
- Restaurant receipts (Regardless of the type of restaurant)
- All food/shake products
- Store receipts (Regardless of store type)
- Spa treatments, tanning, massages, etc.
- Other
(BCBSRI will evaluate other requests on a case-by-case basis.)

Get Your Reward

To get your Lifestyle Reward, just log in to your Member page on **BCBSRI.com** and then:

1. Print and complete your personalized Reimbursement Request form from your wellness steps tracking page.
2. Fax the form and applicable receipts.