

A dental plan your employees can count on.

When you choose Blue Cross Dental coverage for your employees, you're choosing comprehensive benefits that will help them take great care of their teeth and gums. That's important, because studies have shown a strong connection between good oral health and good overall health.

Healthy Teeth, Healthy Body

Oral health issues affect more than just your employees' appearance. Proper dental care is a key part of maintaining your employees' overall health. Studies have shown a true mouth-body connection. Good oral health can help:

- Better manage chronic diseases such as diabetes and coronary heart disease
- Lower the risk of delivering low-birth weight babies

Comprehensive Coverage

Our dental plans provide comprehensive benefits and cover cleanings, dental examinations, X-rays, and more. The plans include:

- 100% coverage for sealants
- Two cleanings per year, at any time
- Reimbursements for out-of-network services, up to the dental network allowance
- Panoramic X-rays every five years

Easy Plan Administration

With Blue Cross & Blue Shield of Rhode Island (BCBSRI) as your dental administrator, you'll get an account service professional who will provide consultation, information, and strategic guidance.

To learn more about our plans, please talk to your BCBSRI account representative today!

Did You Know?

- 164 million work hours are lost every year to dental health issues.¹
- Nearly 75 percent of American adults suffer from various forms of gum disease—from simple inflammation to severe cases—and don't even know it.²
- More than 90 percent of all systemic diseases have oral health symptoms.³

Information 24/7 at BCBSRI.com

Your employees can sign in to **BCBSRI.com** to:

- See a summary of their benefits
- View recent claims
- Search for participating dentists
- Take advantage of discount programs such as the Fitness Discount Program and Blue365[®]
- Find valuable information in the Health Center and My Blue Community^{SM*}



One Network, 127,000 Dentists

The Blue Cross Dental network features more than 127,000 dentists across the country, including nearly 90 percent of dentists in Rhode Island.

¹ 2010 report from Pew Center

² American Dental Hygienist Association

³ Academy of General Dentistry

*My Blue Community is a website that enables discussions among individual users. This website is intended solely as a forum for general information and users' opinions; it does not contain any advice that is intended for medical diagnosis or treatment, and does not substitute for professional medical advice and services. Always seek the advice of your physician or other qualified healthcare provider on any medical condition and before following any information that may appear on My Blue Community.