

More Choice. More Help.



Get ready to rethink your health plan. When you think about Blue Cross & Blue Shield of Rhode Island (BCBSRI), you think about trusted medical and dental insurance.

We're making it easier than ever for you to stay healthy—and get help when you need it with:

- 100% coverage for routine in-network preventive care, screenings, and tests
- Lower prices for medical and dental services with Blue Cross' negotiated discounts
- Our network of more than 1,500 primary care providers, 5,700 specialists, and every hospital in Rhode Island
- Access to 9 out of 10 dentists in Rhode Island and 110,000 dentists coast-to-coast
- Counseling, education, and rehabilitation programs, including smoking cessation, nutritional counseling, and diabetes education
- Wellness tools and discounts that motivate you to improve your health



Healthcare When You Need it



24/7 Nurse Care Line

This is a great option when you just need advice, not an emergency room. Our registered nurses can answer questions about your family's health, including: cold and flu, sprains and cuts, medications, and much more. **1-844-50-NURSE**

Retail Health Clinics

For care that's needed quickly and can't wait for a doctor, retail clinics—such as the MinuteClinic™ at CVS Pharmacy®—are a convenient alternative to get care for minor illnesses and injuries, with extended hours, including nights and weekends. No appointment is needed.

Answers When You Need Them

Customer Service 7 Days a Week

We know that questions can pop up anytime, even on the weekends. So we offer many ways to get answers.

- Customer service on the phone seven days a week
- Online at bcbsri.com whenever it's convenient for you
- In person—even on Saturdays—at Your Blue StoreSM where you also can consult with a nurse (some locations) and receive free screenings.



View remaining deductible and out-of-pocket amounts, search for doctors, and much more. Available for iOS and Android devices.

Teaming Up for Your Health



Healthy Incentives with CVS Pharmacy*

We want you to be healthy, and we've teamed up with CVS Pharmacy to offer up to \$200 in healthy rewards. (a CVS Pharmacy gift card)** Here's how to earn:

- Earn up to \$45 each quarter for completing healthy activities and tracking them in your new wellness portal.
- Earn a \$20 bonus for seeing your doctor for your annual wellness visit and taking an online health assessment. (You'll receive one \$20 bonus for completing both activities.)

Healthy Discounts from CVS Pharmacy***

As part of your BCBSRI health plan, you receive an ExtraCare® Health Card that will save you 20% on thousands of CVS Pharmacy brand health-related items like first-aid supplies and pain relievers.

GeoBlueSM Travel Health Insurance

Planning travel outside the U.S.? GeoBlue is for you!

Don't leave home without GeoBlue Travel Health Insurance. Pack some peace of mind and enjoy your adventure knowing your health coverage traveled with you. To learn more, call 1-855-690-2583.

†GeoBlue is the trade name for the international health insurance programs of Worldwide Insurance Services, an independent licensee of the Blue Cross and Blue Shield Association.

We're here — right in Rhode Island — to help



Online

- bcbstri.com



On the phone

7 days a week

- (401) 459-5550
- 1-800-639-2227 (TTY:711)



In person at Your Blue StoreSM

- Bristol – 576 Metacom Avenue, Bristol (Bell Tower Plaza)
- Lincoln – 622 George Washington Highway (Lincoln Mall Shopping Center)
- Warwick – 300 Quaker Lane, Warwick (Cowesett Corners)

* Not available on all plans.

** Not currently available on CVS.com purchases or in CVS Pharmacy locations within Target stores.

*** The 20 percent discount is restricted to items purchased for the health care of cardholder and applies to regularly priced CVS Pharmacy brand health-related items valued at \$1 or more. Excludes prescriptions and any items reimbursed by federal health care programs.

Blue Cross & Blue Shield of Rhode Island complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-639-2227.

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-639-2227.



www.bcbstri.com

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Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

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