Program: Lyrica (pregabalin)

DESCRIPTION

The purpose of this document is to provide approval criteria and guidelines for prior authorization of benefits (PAB) for Lyrica (pregabalin). Claims submitted without obtaining prior authorization of benefits will reject on the pharmacy claim system.

Impacted Formulary Medications

Lyrica (pregabalin) 25mg, 50mg, 75mg, 100mg, 150mg, 200mg, 225mg, 300mg capsules

APPROVAL DURATION AND QUANTITY LIMITS

Approval Duration: Lifetime

APPROVAL CRITERIA:

- I. Member has a diagnosis of epilepsy or seizures OR
- II. Member has diagnosis of neuropathic pain associated with diabetic peripheral neuropathy **AND** member had a trial of one of the following medications or any other agent that is FDA approved or medically accepted for neuropathic pain associated with diabetic peripheral neuropathy within the past 180 days or :
- Cymbalta
- Carbamazepine
- Tricyclic antidepressants
- Fluphenazine
- Gabapentin
- Trazadone

OR

- III. Member has a diagnosis of post herpetic neuralgia AND member had a trial of one of the following medications or any other agent that is FDA approved or medically accepted for post herpetic neuralgia within the past 180 days:
- Carbamazepine
- Gabapentin
- Lidocaine patch (Lidoderm)
- Tricyclic antidepressants

OR

- IV. Member has a diagnosis of Fibromyalgia and meets all of the following criteria:
- A. Patient has widespread pain (on the left and right side of the body and above and below the waist) AND axial skeletal pain (cervical spine or anterior chest or thoracic spine or low back) present for at least 3 months

AND

- B. Pain in at least 11 of 18 specific tender point sites after digital palpation with an approximate force of 4 kg. Tender point sites are bilateral and include the following:
- 1. Occiput
- 2. Low Cervical
- 3. Trapezius
- 4. Supraspinatus
- 5. Second rib
- 6. Lateral epicondyle
- 7. Gluteal
- 8. Greater trochanter
- 9. Knee

AND

- 1. Cyclobenzaprine; **OR**
- 2. Trycyclic antidepressants; OR
- 3. fluoxetine; OR
- 4. Cymbalta (duloxetine Hcl)OR
- 5. Savella (milnacipran)

Note: For a tender point to be considered "positive" the patient must state that the palpation was painful. "Tender" is not considered painful.

Look Back Criteria in Claims System

Not applicable