

## Special Equip Academy Event

February 27, 2024,  
9:30-10:30 am PT

# Boys and men get eating disorders too

**40%** Studies suggest up to 40% of people with eating disorders are boys and men, yet the harmful stereotype that eating disorders only occur in girls and women persists. This Eating Disorder Awareness Week, we're bringing this treatment gap into focus.

**This presentation will** combine clinical expertise and lived experience to give attendees tools to:

1. Recognize warning signs for eating disorders in boys and men
2. Provide and explain eating disorder diagnoses to men and their loved ones
3. Advise boys and men with eating disorders on effective eating disorder treatment

### About Equip Academy

Equip is dedicated to educating the clinical community on eating disorders. Our proprietary series of virtual presentations are free to attend, and offer free CE and CME credits to those eligible.



**Discussion led by Equip co-founder and chief operating officer, Erin Parks, PhD.**

Dr. Erin Parks is a clinical psychologist, researcher, and co-founder of Equip with over 15 years of experience.

**Learn more and register**



[equip.health/EDAW-event](https://equip.health/EDAW-event)