

GLP-1 Medications: Provider Quick Reference

Key Facts

- GLP-1 receptor agonists (GLP-1s) mimic the hormone GLP-1 to help regulate blood sugar and reduce appetite.
 - **Common examples:** Ozempic, Rybelsus, Trulicity, Mounjaro, Saxenda, Wegovy, Zepbound, and Victoza.
- GLP-1s for **diabetes** = **covered with PA**
- GLP-1s for **weight loss** = **excluded**, except for custom group exceptions.
- Always verify coverage via formulary and group-specific guidelines before prescribing.

Indication and Coverage Overview

Condition	Indication	Coverage/Prior Authorization Status	Examples
Diabetes	GLP-1s are FDA-approved for type 2 diabetes management. They improve glycemic control, reduce ASCVD risk, and aid in weight reduction.	✓ Covered with PA Criteria include confirmed type 2 diabetes diagnosis (e.g., A1c ≥ 6.5) and prior use of metformin or insulin.	<ul style="list-style-type: none"> • Ozempic • Mounjaro • Trulicity • Victoza • Rybelsus
Weight Loss	Certain GLP-1s have separate FDA approval for obesity treatment. These versions differ in brand name, dosage, and administration schedule , even if they share the same active ingredient.	× Excluded (most BCBSRI plans) Exceptions may apply for certain employer groups—check group-specific notes.	<ul style="list-style-type: none"> • Wegovy • Zepbound • Saxenda

Why Different Indications?

- Separate FDA approvals for each condition.
- Different dosing and formulations.
- Marketing and branding for distinct patient populations.

For questions: Refer to formulary resources or contact Pharmacy Operations at Pharmacyinquiries@bcbsri.org