

# Subscriber Agreement

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## BlueSolutions for HSA Direct 2600/5200

### SILVER

You have the right to return this *agreement* within ten (10) days after receipt if you are not satisfied with it for any reason. Your premium will be returned to you if this *agreement* is returned to us within ten (10) days.

Pursuant to Section 223 of the Internal Revenue Code (IRC), this *plan* qualifies as a *High Deductible Health Plan (HDHP)* which is suitable for use with a *Health Savings Account (HSA)*. Any conflict between the terms of this policy and the provisions of Section 223 of the IRC will be resolved in favor of Section 223 of the IRC in order to preserve any potential tax benefits to the *subscriber*. This *plan* may be used in conjunction with an *HSA*, but it is not an *HSA* itself.



## **WELCOME**

Welcome to Blue Cross & Blue Cross Blue Shield of Rhode Island (BCBSRI). Below is a legal notice, some helpful tips, and phone numbers about your plan.

## **NOTICE**

This is a legal *agreement* between you and Blue Cross & Blue Shield of Rhode Island. Your identification (ID) card will identify you as a *member* when you receive the health care services covered under this *agreement*. By presenting your ID card to receive *covered health care services*, you are agreeing to abide by the rules and obligations of this *agreement*.

You hereby expressly acknowledge your understanding that this contract is solely between you and Blue Cross & Blue Shield of Rhode Island. Blue Cross & Blue Shield of Rhode Island is an independent corporation operating under a license from the Blue Cross and Blue Shield Association ("the Association"), an association of independent Blue Cross and Blue Shield *plans*, permitting us to use the Blue Cross and Blue Shield Service Marks. We are not contracting as the agent of the Association. You further acknowledge and agree that you have not entered into this contract based upon representations by anyone other than us and that no person, entity or organization other than us shall be held accountable or liable to you for any of our obligations to you under this contract. This paragraph shall not create any additional obligations on our part other than those obligations created under other provisions of this *agreement*.



Peter Andruszkiewicz  
President and Chief Executive Officer

**THIS CONTRACT IS NOT A MEDICARE SUPPLEMENT POLICY.** If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from us.

## HELPFUL TIPS

- Read all information provided, especially this Subscriber Agreement. Become familiar with services excluded from coverage (See Section 4.0– Health Services Not Covered Under This *Agreement*.)
- In Section 8.0 – Glossary, there is a list of definitions of words used throughout this *agreement*. It is very helpful to become familiar with these words and their definitions.
- Identification Cards (ID) are provided to all *members*. The ID card must be shown when obtaining health care services. Your ID card should be kept in a safe location, just like money, credit cards or other important documents. BCBSRI should be notified immediately if your ID card is lost or stolen.
- Our list of *network providers* changes from time to time. You may want to call our Customer Service Department in advance to make sure that a *provider* is a *network provider*.
- You are encouraged to choose a *personal physician*. Although no referral from a *personal physician* is needed to receive *covered health care services* from a specialist physician, *personal physicians* can help manage health care services.
- You are encouraged to become involved in your health care treatment by asking *providers* about all treatment plans available and their costs. You also are encouraged to take advantage of the preventive health services offered under this *agreement* to help you stay healthy and find problems before they become serious.

## IMPORTANT TELEPHONE NUMBERS AND WEBSITES

**Our Customer Service - (401) 459-5000 or 1-800-639-2227 or Voice TDD 1-888-252-5051.** Our normal business hours are Monday - Friday from 8:00 a.m. - 8:00 p.m. Please see Section 1.6 for more details. **Our Website - [www.BCBSRI.com](http://www.BCBSRI.com).**

**HealthSource RI – 1-855-683-6759**

**EyeMed Vision Care – 1-866-723-0513**

## Recommended Preauthorization

Services for which *preauthorization* is recommended are marked with an asterisk (\*) in the Summary of Medical Benefits. Rhode Island *network providers* are responsible to obtain recommended *preauthorization*. Please see Section 1.7 for more information.

- **Medical/Surgical** - call our Customer Service Department. Please see Section 1.7 for details.
- **Mental Health and Substance Abuse** - call **1-800-274-2958** before having care. Lines are open 24 hours a day, 7 days per week. Please see Section 1.7 for details.

## Required Preauthorization

Prescription drugs for which *preauthorization* is required are marked with the symbol (+) in the Summary of Pharmacy Benefits. Please see Section 1.7 and Section 3.27 for more information.

- **Prescription drugs** - ask your prescribing physician to call the number listed for the “Pharmacist” on the back of your ID card. To see if prescription drug requires *preauthorization*, call our Customer Service Department or visit our Web site.

**BlueCard Access- 1-800-810-BLUE (2583) or visit the *BlueCard* PPO Doctor and Hospital finder web page at [www.bcbs.com](http://www.bcbs.com).**

## SUMMARY OF MEDICAL BENEFITS

This is a summary of your medical benefit coverage levels under this *agreement*. It includes information about *copayments*, *deductibles*, and some benefit limits. This summary is intended to give you a general understanding of the medical coverage available under this *agreement*. For more detailed information, please read Section 3.0 for the description of coverage for each particular covered health care service along with the related exclusions, and Section 4.0 for a list of general exclusions. Words or phrases used throughout this *agreement* that are in italics are defined in Section 8.0 - Glossary.

IMPORTANT NOTE: All of our payments at the benefit levels noted below are based upon a fee schedule called our *allowance*. If you receive services from a *network provider*, the provider has agreed to accept our *allowance* as payment in full for covered health care services, excluding your *copayments*, *deductible*, and the difference between the *maximum benefit* and our *allowance*, if any. If you receive *covered health care services* from a *non-network provider*, you will be responsible for the *provider's charge*. You will then be reimbursed based on the lesser of the *provider's charge*, our *allowance*, or the maximum benefit; less any *copayments* and *deductibles*, if any. The *deductible* and *maximum out-of-pocket expense* are calculated based on the lower of our *allowance* or the *provider's charge*, unless otherwise specifically stated in this *agreement*.

\**Preauthorization* is recommended for the services marked with an asterisk (\*). If you do not obtain *preauthorization* and the services are not *medically necessary* or the setting where services were received is determined to be inappropriate, we will not cover these services. *Network providers* in Rhode Island are responsible for obtaining *preauthorization* for all applicable *covered health care services*. When the *provider* is *non-network*, you are responsible for obtaining *preauthorization*. If you receive services from a *provider* that participates with an out of state (non-Rhode Island) Blue Cross or Blue Shield plan, you are responsible for obtaining *preauthorization*. See Section 8.0 - definition of *preauthorization* for details.

## Deductible/Maximum Out-of-Pocket Expense

Benefit Description	Description	Benefit Limit/Notes	<i>Network Provider</i>	<i>Non-Network Provider</i>
<p>Deductible The <i>deductible</i> applies to both <i>network and non-network</i> services separately.</p> <p>Services that apply the <i>deductible</i> and services that do NOT apply the <i>deductible</i> are indicated in the Summary of Medical Benefits and the Summary of Pharmacy Benefits.</p>	<b>Individual Plan</b>	<i>Per benefit year</i>	\$2,600	\$5,200
	<b>Family Plan</b>	The <i>benefit year family deductible</i> is met by adding the amount of covered health care expenses applied to the <i>deductible</i> for all family members.	\$5,200	\$10,400
<p>Maximum Out-of-Pocket Expense The <i>maximum out-of-pocket expense</i> accumulates separately for <i>network and non-network</i> services.</p> <p>The <i>deductible</i> and <i>copayments</i> (including, but not limited to, office visits <i>copayments</i> and prescription drug <i>copayments</i>) apply to the <i>maximum out-of-pocket expense</i>.</p>	<b>Individual Plan</b>	<i>Per benefit year</i>	\$4,000	\$6,000
	<b>Family Plan</b>	The <i>benefit year family maximum out-of-pocket expense</i> is met by adding the amount of covered health care expenses applied to the <i>maximum out-of-pocket expense</i> for all family members.	\$8,000	\$12,000

## Medical Benefits

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
Ambulance	Ground		10%	YES	The level of coverage is the same as network provider.	
	Air/Water	Up to the maximum benefit of \$3,000 per occurrence.	10%	YES	The level of coverage is the same as network provider.	
Behavioral Health - Mental Health	Inpatient *	Unlimited days at a general hospital or a specialty hospital.	10%	YES	40%	YES
	Intermediate Care Services*	See Behavioral Health Section for details about partial hospital program, intensive outpatient program, adult intensive services, and child and family intensive treatment.	10%	YES	40%	YES
	In the office/in your home rendered by PCP	Prescription drug coverage benefit level is based on type of service and site of service. See Prescription Drug section for details. Includes individual and group sessions.	10%	YES	40%	YES
	In the office/in your home rendered by Specialist	Prescription drug coverage benefit level is based on type of service and site of	10%	YES	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
		service. See Prescription Drug section for details. Includes individual and group sessions.				
Behavioral Health – Chemical Dependency Treatment	<b>Inpatient, Substance Abuse Treatment Facility</b> *	Detoxification – unlimited days per <i>benefit year</i> .  Residential/ Rehabilitation – unlimited days per <i>benefit year</i> .	10%	YES	40%	YES
	<b>In a Substance Abuse Treatment facility (outpatient), Intermediate Care Services</b> *	Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.  See Behavioral Health Section for details about partial <i>hospital program</i> , intensive <i>outpatient program</i> , adult intensive services, and child and family intensive treatment.	10%	YES	40%	YES
	<b>In the office/in your home rendered by PCP</b>		10%	YES	40%	YES



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	In the office/in your home rendered by Specialist		10%	YES	40%	YES
Cardiac Rehabilitation	Outpatient	Benefit is limited to 18 weeks or 36 visits (whichever occurs first) per covered episode.	10%	YES	40%	YES
Chiropractic Medicine	In a Provider's office	12 visits per benefit year.	10%	YES	40%	YES
Dental Care	Hospital Emergency Room	When services are due to accidental injury to sound natural teeth.	10%	YES	The level of coverage is the same as network provider.	
	Services connected to dental care performed in Outpatient Facility *	See Section for benefit limitations.	10%	YES	40%	YES
	In an office (doctor or dentist)	When services are due to accidental injury to sound natural teeth.	10%	YES	40%	YES
Dental Care Rendered to enrolled children under the age of 19	Oral Evaluations	One (1) initial or periodic examination or emergency oral evaluation performed by a general dentist including diagnosis and charting every six (6) months.	0%	YES	0%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<b>X-rays</b>	Single x-rays as needed.	0%	YES	0%	YES
		Bitewing limited to one (1) set per <i>benefit year</i> .	0%	YES	0%	YES
		Limited to one full mouth series (FMX) or panorex per 60-month period.	0%	YES	0%	YES
		X-rays other than those listed above.	50%	YES	50%	YES
	<b>Cleanings (Prophylaxis)</b>	Two (2) cleanings per <i>benefit year</i> .	0%	YES	0%	YES
	<b>Fluoride Treatments</b>	Up to two (2) fluoride treatments for <i>members</i> under nineteen (19) years old per <i>benefit year</i> .	0%	YES	0%	YES
	<b>Sealants</b>	For permanent molars only.  Limited to one per tooth in a 24-month period for <i>members</i> under nineteen (19) years old.	0%	YES	0%	YES
	<b>Space Maintainers</b>		50%	YES	50%	YES
	<b>Palliative Treatment</b>	Minor treatment to relieve sudden, intense pain.	50%	YES	50%	YES
	<b>Fillings</b>	See Section for details.	50%	YES	50%	YES

Summary of Benefits

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<b>Simple Extractions</b>	Removal of erupted tooth (non-surgical).	50%	YES	50%	YES
	<b>Denture Repairs and Relines/Rebasing</b>	Full or partial dentures.  Relines/Rebasing limited to once in a 60-month period.	50%	YES	50%	YES
	<b>Crowns &amp; Onlays</b>	<i>Predetermination</i> is recommended.	50%	YES	50%	YES
	<b>Therapeutic Pulpotomies</b>	Limited to <i>members</i> under fourteen (14) years old.	50%	YES	50%	YES
	<b>Root Canal Therapy - Anterior (front) Teeth</b>		50%	YES	50%	YES
	<b>Root Canal Therapy -Posterior (back) Teeth</b>		50%	YES	50%	YES
	<b>Non-Surgical Periodontal Services</b>		50%	YES	50%	YES
	<b>Surgical Periodontal Services</b>	<i>Predetermination</i> is recommended.	50%	YES	50%	YES
	<b>Periodontal Maintenance</b>	Limited to two (2) services in a <i>benefit year</i> .	50%	YES	50%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<b>Fixed Bridges and Dentures</b>	Coverage for replacements limited to one (per tooth/unit) in a 60-month period  Crowns over implants are considered a prosthodontic service.  <i>Predetermination</i> is recommended.	50%	YES	50%	YES
	<b>Single Tooth Implant</b>	Coverage if placed as an alternative treatment to a conventional 3-unit bridge Replacing only one missing tooth.  Coverage for replacements limited to one (1) in a 60-month period.	50%	YES	50%	YES
	<b>Oral Surgery Services</b>		50%	YES	50%	YES
	<b>General Anesthesia or IV Sedation</b>	Covered as a separate benefit when performed in conjunction with a covered oral surgery procedure(s).	50%	YES	50%	YES

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	<b>Biopsies</b>	Limited to the biopsy and examination of oral tissue, soft or hard.	50%	YES	50%	YES
	<b>Occlusal (Night) guards</b>	Limited to one (1) every five (5) years.	50%	YES	50%	YES
	<b>Orthodontic Services (Braces)</b>	<i>Pre-determination</i> is recommended.  Only <i>medically necessary</i> braces are covered.	50%	YES	50%	YES
Dialysis Services	<b>Inpatient/ Outpatient/in your home</b>		10%	YES	40%	YES
Durable Medical Equipment, Medical Supplies, Diabetic Supplies,	<b>Outpatient Durable Medical Equipment*</b>	<i>Preauthorization</i> recommended for certain services. Must be provided by a licensed medical supply provider.	10%	YES	40%	YES
	<b>Outpatient Medical Supplies*</b>	Must be provided by a licensed medical supply provider.	10%	YES	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
Enteral Formula and Food, and Prosthetic Devices	<b>Outpatient Diabetic Supplies/ Equipment purchased at licensed medical supply provider (other than a pharmacy)</b>	See the Summary of Pharmacy Benefits for supplies purchased at a pharmacy.	10%	YES	40%	YES
	<b>Outpatient Prosthesis*</b>	Must be provided by a licensed medical supply provider.	10%	YES	40%	YES
	<b>Enteral formula delivered through a feeding tube</b>	Must be sole source of nutrition.	10%	YES	40%	YES
	<b>Enteral formula or food taken orally *</b>	See section for details.	10%	YES	The level of coverage is the same as network provider.	
	<b>Hair Prosthesis (Wigs)</b>	Benefit is limited to the maximum benefit of \$350 per hair prosthesis (wig) when worn for hair loss suffered as a result of cancer treatment.	10%	YES	The level of coverage is the same as network provider.	

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Early Intervention Services (EIS)	<b>Early Intervention Services (EIS)</b>	For children from birth to 36 months  The <i>provider</i> must be certified as an EIS <i>provider</i> by the Rhode Island Department of Human Services.	0%	YES	0% The <i>level of coverage</i> is the same as <i>network provider</i> .	YES The <i>level of coverage</i> is the same as <i>network provider</i> .
Education	<b>Asthma Management</b>		10%	YES	40%	YES
Experimental/ Investigational Services			Coverage varies based on type of service.			
Hearing	<b>Hearing Exam</b>		10%	YES	40%	YES
	<b>Diagnostic Testing</b>		10%	YES	40%	YES
	<b>Hearing Aids</b>	A <i>maximum benefit</i> of \$1,500 per ear per hearing aid for a <i>member</i> under 19; A <i>maximum benefit</i> of \$700 per ear per hearing aid for a <i>member</i> 19 and older.	10%	YES	The <i>level of coverage</i> is the same as <i>network provider</i> .	
Hemophilia Services	<b>Outpatient</b>	Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
		Coverage varies based on type of hemophilia service.				
Home Health Care	<b>In your home</b>	Intermittent skilled services when billed by a home health care agency.  Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES
Hospice Care	<b>Inpatient/in your home</b>	When provided by an approved hospice care program.  Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES
Hospital Emergency Room Services	<b>Hospital Emergency Room</b>	See Section 8.0 – definition of <i>Emergency</i> .	10%	YES	The <i>level of coverage</i> is the same as <i>network provider</i> .	



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Human Leukocyte Antigen Testing	<b>Human Leukocyte Antigen Testing</b>		10%	YES	40%	YES
Infertility	<b>Inpatient/ outpatient/in a doctor's office</b>	Three (3) in-vitro cycles will be covered per <i>benefit year</i> with a total of eight (8) in-vitro cycles covered in a <i>member's</i> lifetime.  Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES
Infusion Therapy	<b>Outpatient</b>	Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES
	<b>In the doctor's office/in your home</b>	Prescription drug coverage benefit level is based on type of service and site of service. See Summary of Pharmacy Benefits for details.	10%	YES	40%	YES

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Inpatient Hospital Services	<b>Inpatient*</b>	Unlimited days at <i>general hospital</i> or a <i>specialty hospital</i> .	10%	YES	40%	YES
Inpatient Physician Hospital Visits	<b>Inpatient</b>		10%	YES	40%	YES
Inpatient Rehabilitation Facility	<b>Inpatient*</b>	Maximum of 45 days per <i>benefit year</i> .	10%	YES	40%	YES
Office Visits (other than office visits for Behavioral Health and annual preventive care)	<b>Allergist &amp; Dermatologist</b>		10%	YES	40%	YES
	<b>Hospital based clinic visits for adults</b>		10%	YES	40%	YES
	<b>House Calls rendered by personal care physician</b>		10%	YES	40%	YES
	<b>House Calls rendered by Specialist</b>		10%	YES	40%	YES
	<b>Pediatric Clinic visit</b>		10%	YES	40%	YES
	<b>Personal Care Physician (PCP)</b>	Sick Visit. See Prevention and Early Detection Services for coverage of annual preventive office visit.	10%	YES	40%	YES
	<b>Podiatrist Services</b>	Routine foot care is not covered.	10%	YES	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<b>Specialist Visits</b>	Routine and non-routine visits.	10%	YES	40%	YES
Organ Transplants			10%	YES	40%	YES
Physical/ Occupational Therapy *	<b>Outpatient hospital/In a doctor's/ therapist's office</b>	<i>Preauthorization is recommended for the eleventh (11<sup>th</sup>) and subsequent visits.</i>  <i>Covered health care services include rehabilitative and habilitative services.</i>	10%	YES	40%	YES
Pregnancy Services and Nursery Care	<b>Pre-natal, delivery, and postpartum services.</b>		10%	YES	40%	YES
Prescription drugs, other than <i>Specialty Prescription drugs</i> , dispensed and administered by a licensed health care provider (other than a pharmacist)	<b>Medications other than injected and infused drugs.</b>		<b>Are included in the allowance for the medical service being rendered.</b>			
	<b>Injectable drugs</b>		10%	YES	40%	YES
	<b>Infused drugs</b>		10%	YES	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
Prescription Drugs Purchased at a Retail, Specialty, or Mail Order Pharmacy			See Summary of Pharmacy Benefits for details.			
Prevention and Early Detection Services	Adult annual preventive visit	One (1) routine adult physical examination per benefit year per member will be covered.	0%	NO	40%	YES
	Well woman annual preventive visit	One (1) routine gynecological examination per benefit year per female member will be covered.	0%	NO	40%	YES
	Pediatric preventive office visit	Well-Child Office Visits: Birth - 15 months: 8 visits; 16 - 35 months: 3 visits; 36 months - 19 years: 1 per benefit year.	0%	NO	40%	YES
	Pediatric preventive clinic		0%	NO	40%	YES
	Diabetes education	Individual and group sessions are covered.	0%	NO	40%	YES

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			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<b>Nutritional counseling</b>	Unlimited visits per <i>benefit year</i> when prescribed by a physician.	0%	NO	40%	YES
	<b>Smoking cessation counseling</b>	For nicotine replacement therapy (NRT) and smoking cessation prescription drugs, see the Summary of Pharmacy Benefits.	0%	NO	40%	YES
	<b>Adult Immunization</b>		0%	NO	40%	YES
	<b>Pediatric Immunization</b>		0%	NO	40%	YES
	<b>Travel Immunization</b>		0%	NO	40%	YES
	<b>Allergy injections</b>	Applies to injection only including administration.	10%	YES	40%	YES

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	<b>Preventive screenings</b>	Coverage includes, but is not limited to, the following: mammograms, pap smear, PSA test, flexible sigmoidoscopy, colonoscopy, double contrast barium enema, and fecal occult blood tests, screening for gestational diabetes, and human papillomavirus.	0%	NO	40%	YES
Prevention and Early Detection Services	<b>Genetic Counseling for BRCA</b>	Must be performed by a certified genetic counselor.	0%	NO	40%	YES
	<b>Contraceptive and Sterilization Services for women</b>	Prescription drugs, dispensed and administered by a licensed health care provider (other than a pharmacist). For prescription drugs purchased at a pharmacy, see the Summary of Pharmacy Benefits.	0%	NO	40%	YES

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		Barrier method (cervical cap or diaphragm) fitted and supplied during an office visit.	0%	NO	40%	YES
		Surgical services, including but not limited to, tubal ligation and insertion/removal of IUD.	0%	NO	40%	YES
	<b>Manual breast pumps</b>	In conjunction with birth.	0%	NO	40%	YES
Private Duty Nursing			10%	YES	40%	YES
Radiation Therapy/ Chemotherapy Services	<b>Outpatient</b>		10%	YES	40%	YES
	<b>In a doctor's office</b>		10%	YES	40%	YES
Respiratory Therapy			10%	YES	40%	YES
Skilled Nursing Facility Care*	<b>Skilled or Sub-acute</b>		10%	YES	40%	YES
Speech Therapy*	<b>Outpatient/in a doctor's/ therapist's office</b>	<i>Covered health care services include rehabilitative and habilitative services.</i>	10%	YES	40%	YES
Surgery Services	<b>Inpatient</b>		10%	YES	40%	YES
	<b>Outpatient</b>		10%	YES	40%	YES

**Subscriber Agreement**

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	In a doctor's office		10%	YES	40%	YES
Tests, Imaging*, and Labs (includes machine tests and x-rays)	Outpatient Hospital Facility/ Outpatient Non-Hospital facility including in a Doctor's office, urgent care center, or free-standing laboratory	Applies to the following diagnostic imaging services: <ul style="list-style-type: none"> <li>• MRI;</li> <li>• MRA;</li> <li>• CAT scans;</li> <li>• CTA scans;</li> <li>• PET scans; and</li> <li>• Nuclear Cardiac Imaging.</li> </ul> <i>Preauthorization</i> is recommended for these diagnostic imaging services.	10%	YES	40%	YES
		For tests, imaging and lab, other than the diagnostic imaging services listed above.	10%	YES	40%	YES
	Diagnostic colorectal services	Including, but not limited to, fecal occult blood testing, flexible sigmoidoscopy, colonoscopy, and barium enema. See <i>Prevention</i> and <i>Early Detection Services - Preventive Screening</i> for preventive colorectal services.	10%	YES	40%	YES



**Subscriber Agreement**

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	Lyme Disease-Diagnosis/Treatment		10%	YES	40%	YES
Urgent care facility	Urgent care facility/walk-in	See Section 8.0 - definition of <i>urgent care center</i> .	10%	YES	The <i>level of coverage</i> is the same as <i>network provider</i> .	
Vision care services						
Eye Exam	In a doctor's office	One routine eye exam per <i>benefit year</i> , including one pediatric vision exam for a <i>member</i> up to age 19.  <i>Medically necessary</i> eye exams are covered.	10%	YES	40%	YES
Vision Hardware for a member aged 19 and older			Not Covered	Not Covered	Not Covered	Not Covered
Vision Hardware for a member under the age of 19	Prescription glasses - Frames	One pair of collection prescription frames per <i>benefit year</i> .  Non-collection prescription frames are NOT covered.	0%	YES	Not Covered	Not Covered
		One pair of glass or plastic lenses per <i>benefit year</i> .	0%	YES	Not Covered	Not Covered

**Subscriber Agreement**

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
		<p>This includes single vision, bifocal, trifocal, lenticular, and standard progressive lens.</p> <p>The following lens treatments are covered:</p> <ul style="list-style-type: none"> <li>• UV treatment;</li> <li>• Tint (fashion, gradient, and glass-grey)</li> <li>• Standard plastic scratch coating;</li> <li>• Standard polycarbonate;</li> <li>• Photocromatic/transitions plastic</li> </ul>				
	<b>Contact Lens</b>	<p>One supply of collection contact lenses (Extended Wear OR Daily Wear OR Conventional) covered in lieu of Prescription glasses. Includes evaluation, fitting or follow-up care relating to contact lenses. Non-collection contact lenses are NOT covered.</p>	0%	YES	Not Covered	Not Covered

**Subscriber Agreement**

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
		The following contact lenses are covered: <ul style="list-style-type: none"> <li>Extended Wear Disposables are covered up to the benefit limit of a six (6) month supply of monthly or two (2) week disposables in a <i>benefit year</i>.</li> <li>Daily Wear Disposable are covered up to the benefit limit of a three (3) month supply of daily disposable lenses in a <i>benefit year</i>.</li> <li>Conventional contact lens limited to one per <i>benefit year</i>.</li> </ul>	0%	YES	Not Covered	Not Covered
		One additional supply (as indicated above) of contact lenses may be covered for certain conditions: <ul style="list-style-type: none"> <li>Anisometropia</li> <li>High Ametropia</li> <li>Keratoconus</li> <li>Vision improvement for members whose</li> </ul>	0%	YES	Not Covered	Not Covered

**Subscriber Agreement**

Service	Service Type, Provider, or Place of Service	Benefit Limit	Network provider For a covered health care service you pay:		Non-network provider For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
		vision can be corrected two lines of improvement.  <i>Preauthorization recommended.</i>				

## SUMMARY OF PHARMACY BENEFITS

## Only applies to the Summary of Pharmacy Benefits

**Required Preauthorization**

Prescription drugs for which *preauthorization* is required are marked with the symbol (+) in the Summary of Pharmacy Benefits.

- **Prescription drugs** - ask your prescribing physician to call the number listed for the “Pharmacist” on the back of your ID card. To see if prescription drug requires *preauthorization*, call our Customer Service Department or visit our Web site.

**(+)** *Preauthorization* is required for certain brand name prescription drugs and certain *specialty prescription drugs*. If *preauthorization* is not obtained, you will be required to pay for the prescription drug at the pharmacy. You can ask us to consider reimbursement after you receive the prescription drug by following the prescription drug *preauthorization* process. For details on how to obtain prescription drug *preauthorization* for a prescription drug, see the subsection “How to Obtain Prescription Drug Preauthorization” below. For a list of prescription drugs that require *preauthorization*, visit our Web site at BCBSRI.com or call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

Prescription drugs in our *formulary* are placed into the following tiers, or levels, for *copayment* purposes:

**Tier 1** – generally low cost preferred generic drugs which require the lowest *copayment*;

**Tier 2** – generally includes other certain *formulary* low cost preferred generic prescription drugs, which require a higher *copayment* than the First Tier.

**Tier 3** – generally includes *formulary* high cost non-preferred generic prescription drugs and preferred brand name prescription drugs, which require a higher *copayment*.

**Tier 4** – generally includes other *formulary* generic and non-preferred brand name drugs which require a higher *copayment* than the Third Tier.

**Tier 5** – generally includes *formulary specialty prescription drugs*, which require a *copayment*

Our *formulary* lists generic, preferred brand name, and non-preferred brand name prescription drugs and *specialty prescription drugs* covered under this *agreement*. To obtain a copy of the most current *formulary* listing, visit our Web site at BCBSRI.com. or you may call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

Below indicates the tier structure and the amount that you are responsible to pay. The tier placement of our *formulary* is subject to change.

**Note:** To find out what tier a prescription drug is, call our Customer Service Department at (401) 274-3500 or 1-800-564-0888.

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	Network pharmacy For a covered health care service you pay:		Non-network pharmacy For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
<b>Prescription Drugs, other than Specialty Prescription Drugs</b>  <ul style="list-style-type: none"> <li>when purchased at a Retail or Specialty Pharmacy</li> </ul>	<i>Copayment</i> applies per each 30-day supply or portion thereof of maintenance and non-maintenance prescription drugs.  You are responsible to pay the lower of your <i>copayment</i> or the retail price of the drug.	<b>Tier 1</b>	\$3	YES	Not Covered	Not Covered
		<b>Tier 2</b>	\$12	YES	Not Covered	Not Covered
		<b>Tier 3</b>	\$35	YES	Not Covered	Not Covered
		<b>Tier 4</b>	\$60	YES	Not Covered	Not Covered
		<b>Tier 5</b>	<i>See specialty prescription drug section below.</i>	<i>See specialty prescription drug section below.</i>	<i>See specialty prescription drug section below.</i>	<i>See specialty prescription drug section below.</i>
<ul style="list-style-type: none"> <li>when purchased at a Mail Order Pharmacy</li> </ul>	Up to a 90-day supply of maintenance and non-maintenance	<b>Tier 1</b>	\$7.50	YES	Not Covered	Not Covered

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	Network pharmacy For a covered health care service you pay:		Non-network pharmacy For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	prescription drugs.  You are responsible to pay the lower of your <i>copayment</i> or the retail price of the drug.	Tier 2	\$30	YES	Not Covered	Not Covered
		Tier 3	\$87.50	YES	Not Covered	Not Covered
		Tier 4	\$150	YES	Not Covered	Not Covered
	Nicotine replacement therapy (NRT) and smoking cessation prescription drugs are not covered when purchased at a mail order pharmacy.	Tier 5	See specialty prescription drug section below.	See specialty prescription drug section below.	See specialty prescription drug section below.	See specialty prescription drug section below.

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
<b>Infertility Prescription drugs, other than Infertility Specialty Prescription Drugs</b>  <ul style="list-style-type: none"> <li>When purchased at any Retail, Specialty, or Mail Order Pharmacy</li> </ul>	Three (3) in-vitro cycles will be covered per benefit year with a total of eight (8) in-vitro cycles covered in a member's lifetime.  Your copayment is based on the lower of the pharmacy allowance or the retail cost of the drug.	<b>Tier 1</b>	20%	YES	Not Covered	Not Covered
		<b>Tier 2</b>	20%	YES	Not Covered	Not Covered
		<b>Tier 3</b>	20%	YES	Not Covered	Not Covered
		<b>Tier 4</b>	20%	YES	Not Covered	Not Covered
		<b>Tier 5</b>	See specialty prescription drug section below.	See specialty prescription drug section below.	See specialty prescription drug section below.	See specialty prescription drug section below.
<b>Contraceptive methods</b>  <ul style="list-style-type: none"> <li>when purchased at a Retail or Specialty Pharmacy</li> </ul>	Coverage includes barrier method (diaphragm or cervical cap), hormonal method (birth control pill), and emergency contraception.  <i>Copayment</i>	<b>Tier 1</b>	0%	NO	Not Covered	Not Covered
		<b>Tier 2</b>	\$12	YES	Not Covered	Not Covered
		<b>Tier 3</b>	\$35	YES	Not Covered	Not Covered



**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your <i>copayment</i>	Does the <i>deductible</i> apply?	Your <i>copayment</i>	Does the <i>deductible</i> apply?
	applies per each 30-day supply or portion thereof of maintenance and non-maintenance prescription drugs.  You are responsible to pay the lower of your <i>copayment</i> or the retail price of the drug.	<b>Tier 4</b>	\$60	YES	Not Covered	Not Covered
		<b>Tier 5</b>	Contraceptives are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.			
Contraceptive methods  • when purchased at a Mail Order Pharmacy	Coverage includes barrier method (diaphragm or cervical cap), hormonal method (birth control pill), and emergency contraception.  Up to a 90-day supply of maintenance and non-maintenance	<b>Tier 1</b>	0%	NO	Not Covered	Not Covered
		<b>Tier 2</b>	\$30	YES	Not Covered	Not Covered
		<b>Tier 3</b>	\$87.50	YES	Not Covered	Not Covered

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	prescription drugs.  You are responsible to pay the lower of your copayment or the retail price of the drug.	<b>Tier 4</b>	\$150	YES	Not Covered	Not Covered
		<b>Tier 5</b>	Contraceptives are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.			
Over-the-counter (OTC) preventive drugs,  purchased at any pharmacy	Must be prescribed by a physician. See Pharmacy Benefits for details.		0%	NO	Not Covered	Not Covered
NRT and Smoking Cessation Prescription Drugs, purchased at a Retail or Specialty Pharmacy.	Must be prescribed by a physician. See Pharmacy Benefits for details.  Nicotine replacement therapy and smoking cessation prescription drugs are not	<b>Tier 1</b>	0%	NO	Not Covered	Not Covered
		<b>Tier 2</b>	\$12	YES	Not Covered	Not Covered
		<b>Tier 3</b>	\$35	YES	Not Covered	Not Covered

Summary of Benefits

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	covered when purchased at a mail order pharmacy.	<b>Tier 4</b>	\$60	YES	Not Covered	Not Covered
		<b>Tier 5</b>	NRT and Smoking Cessation drugs are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.			
Specialty Prescription Drugs						
when purchased at a Specialty Pharmacy(+)	Copayment applies per each 30-day supply or applies per recommended treatment interval.	<b>Tier 5</b>	\$100 You are responsible to pay the lower of your copayment or the retail price of the drug.	YES	50% Our reimbursement is based on the pharmacy allowance. You are responsible to pay up to the retail cost of the drug.	YES
when purchased at a Retail Pharmacy(+)	Specialty Prescription Drugs purchased at a Retail Pharmacy are reimbursed at the	<b>Tier 5</b>	50% Our reimbursement is based on the pharmacy allowance.	YES	50% Our reimbursement is based on the pharmacy allowance. You are responsible to pay up	YES

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?
	<i>non-network</i> level of coverage.		You are responsible to pay up to the retail cost of the drug.		to the retail cost of the drug.	
when purchased at a Mail Order Pharmacy(+)		<b>Tier 5</b>	Not Covered	Not Covered	Not Covered	Not Covered
Infertility <i>specialty prescription drugs</i> purchased at a Specialty Pharmacy (+)	Three (3) in-vitro cycles will be covered per <i>benefit year</i> with a total of eight (8) in-vitro cycles covered in a <i>member's</i> lifetime.	<b>Tier 5</b>	20%  Your <i>copayment</i> is based on the lower of the <i>pharmacy allowance</i> or the retail cost of the prescription drug.	YES	40%  Our reimbursement is based on the <i>pharmacy allowance</i> .  You are responsible to pay up to the retail cost of the drug.	YES
Infertility <i>specialty prescription drugs</i> purchased at a Retail Pharmacy (+)	<i>Specialty Prescription Drugs</i> purchased at a Retail Pharmacy are reimbursed at the <i>non-network</i> level of coverage.  Three (3) in-vitro cycles will be covered per <i>benefit year</i> with	<b>Tier 5</b>	40%  Our reimbursement is based on the <i>pharmacy allowance</i> .  You are responsible to pay up to the retail cost of the drug.	YES	40%  Our reimbursement is based on the <i>pharmacy allowance</i> .  You are responsible to pay up to the retail cost of the drug.	YES

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:		
			Your copayment	Does the deductible apply?	Your copayment	Does the deductible apply?	
	a total of eight (8) in-vitro cycles covered in a member's lifetime.						
<b>Diabetic equipment and supplies</b>							
when purchased at a Retail or Specialty Pharmacy	Glucometers, Test Strips, Lancet and Lancet Devices, and Miscellaneous Supplies (including calibration fluid).  You are responsible to pay the lower of your <i>copayment</i> or the retail price of the drug.	<b>Tier 1</b>	\$3	YES	Not Covered	Not Covered	
		<b>Tier 2</b>	\$12	YES	Not Covered	Not Covered	
		<b>Tier 3</b>	\$35	YES	Not Covered	Not Covered	
		<b>Tier 4</b>	Diabetic equipment and supplies are only placed in Tier 1, Tier 2 or Tier 3. See above.				
		<b>Tier 5</b>					

**Subscriber Agreement**

Type and Site of Service	Benefit Limit/Notes	Tier	<b>Network pharmacy</b> For a covered health care service you pay:		<b>Non-network pharmacy</b> For a covered health care service you pay the difference between the charge amount and the allowance plus:	
			Your <i>copayment</i>	Does the <i>deductible</i> apply?	Your <i>copayment</i>	Does the <i>deductible</i> apply?
when purchased at a Mail Order Pharmacy	Glucometers, Test Strips, Lancet and Lancet Devices, and Miscellaneous Supplies (including calibration fluid).  You are responsible to pay the lower of your <i>copayment</i> or the retail price of the drug.	<b>Tier 1</b>	\$7.50	YES	Not Covered	Not Covered
		<b>Tier 2</b>	\$30	YES	Not Covered	Not Covered
		<b>Tier 3</b>	\$87.50	YES	Not Covered	Not Covered
		<b>Tier 4</b>	Diabetic equipment and supplies are only placed in Tier 1, Tier 2, or Tier 3. See above.			
		<b>Tier 5</b>				
<b>Prescription drugs, other than <i>Specialty Prescription Drugs</i>, dispensed and administered by a licensed health care provider (other than a pharmacist).</b>	<b>See the Summary of Medical Benefits.</b>					

**Blue Cross & Blue Shield of Rhode Island  
SUBSCRIBER AGREEMENT**

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## 1.0 INTRODUCTION

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### 1.1 *Agreement and Its Interpretation*

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Our entire contract with you consists of this *agreement* and your application, which is made a part of this *agreement*. In the absence of fraud, all your statements in the application are representations and not warranties. A determination will be made regarding your eligibility for *benefits* and the provisions of this *agreement* will be construed subject to your right to appeal or to take legal action as described in Section 7.0.

If this *agreement* changes, we will issue an amendment or new *agreement* signed by an officer of Blue Cross & Blue Shield of Rhode Island. We will mail or deliver written notice of any change to you.

**This *agreement* shall be construed under and shall be governed by the applicable laws and regulations of the State of Rhode Island and federal law as amended from time to time.**

### 1.2 *How to Find What You Need to Know in this Agreement*

---

The Summary of Benefits at the front of this *agreement* will show you:

- what health care services are covered under this *agreement*;
- any *benefit limits*, *copayments* and *deductibles* you must pay; and
- services for which *preauthorization* or *predetermination* is recommended or required.

The Table of Contents will help you find the order of the sections, as they appear in the *agreement*:

- Section 1.0 - important introductory information;
- Section 2.0 - information about eligibility;
- Section 3.0 - *covered health care services*;
- Section 4.0 - health care services which are not covered under this *agreement*;
- Section 5.0 - how we pay for your *covered health care services*;
- Section 6.0 - how we coordinate benefits when you are covered by more than one *plan*;
- Section 7.0 - how to file a *claim* and how to appeal a *claim*; and
- Section 8.0 - words with special meaning.

### 1.3 *Words With Special Meaning*

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Some words and phrases used in this *agreement* are in italics. This means that the words or phrases have a special meaning as they relate to your health care coverage. Section 8.0 – Glossary defines many of these words.

The sections below also define certain words and phrases:

- Section 3.0 - Covered Health Care Services;
- Section 6.0 - How We Coordinate Your Benefits When You Are Covered By More Than One Plan;
- Section 7.0 - How To File And Appeal A *Claim*; and
- Section 7.7 - Our Right of Subrogation and Reimbursement.

#### **1.4 You and Blue Cross & Blue Shield of Rhode Island**

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We, Blue Cross & Blue Shield of Rhode Island, agree to provide coverage for *medically necessary covered health care services* listed in this *agreement*. (The term *medically necessary* is defined in Section 8.0) If a service or category of service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and determined are eligible for coverage under this *agreement* are covered. All other services are not covered.

We only cover a service listed in this *agreement* if it is *medically necessary*. We review medical necessity in accordance with our medical policies and related guidelines.

This *agreement* provides coverage for health care services that we have reviewed and determined are eligible for coverage. Health care services which we have not reviewed or which we have reviewed and determined are not eligible for coverage are not covered under this *agreement*. If a service or category of service is not listed as covered, it is not covered under this *agreement*. Section 3.0 lists the health care services covered under this *agreement* along with their related exclusions. Section 4.0 lists general exclusions.

When possible, we review *new services* within six (6) months of the occurrence of one of the events described below to determine whether the *new service* is eligible for coverage under this *agreement*.

- the assignment of an American Medical Association (AMA) Current Procedural Terminology (CPT) code in the annual CPT publication;
- final FDA approval;
- the assignment of processing codes other than CPT codes or approval by governing or regulatory bodies other than the FDA;
- submission to us of a *claim* meeting the criteria above; and
- the first date generally available in pharmacies (for prescription drugs only).

During the review period described above, *new services* are not covered under this *agreement*.

A health care service remains non-covered (excluded) if any of the following occur:

- a service is not assigned a CPT or other code;
- a service is not approved by the FDA or other governing body;

- we do not review a service within six (6) months of the occurrence of one of the events described above; OR
- we make a determination, after review, not to cover the service under this *agreement*.

Entitlements for payment shall not be more than our *allowance*, as defined in Section 8.0. All our payments are subject to the terms and conditions outlined in this *agreement*.

### **Genetic Information**

This *agreement* does not limit your coverage based on genetic information.

We will not:

- adjust premiums based on genetic information;
- request or require an individual or family *members* of an individual to have a genetic test; or
- collect genetic information from an individual or family *members* of an individual before or in connection with enrollment under this *agreement* or at any time for underwriting purposes.

## **1.5 Premiums and Grace Period**

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### **Premiums**

We will send you a monthly bill. Premium due date is the first day of each month that this agreement is in effect. (Premium due date example: coverage effective July 1 through July 31, the premium due date is July 1.)

### **Grace Periods**

A grace period is a time past the premium due date that we will accept the monthly premium payment. Under this *agreement*, the grace period ends on the last day of the calendar month in which the premium is due. (Example: for one calendar month grace period; coverage is effective July 1 through July 31, the last date we will accept the premium payment is July 31).

If you purchased coverage:

- directly from BCBSRI the grace period is one calendar month.
- through *HealthSource RI*
  - o and you do NOT receive advance payments of tax credits, the grace period is one calendar month;
  - o and you do receive advance payment of tax credits; the grace period is three (3) calendar months after the premium due date. Please contact *HealthSource RI* for details.

If you do not make payment by the end of the grace period, this agreement will cancel as of the last day of the grace period. This is called termination for nonpayment of premiums. Any claims incurred after the end of the grace period will be your responsibility.

## Reinstatement after Termination for Nonpayment of Premium

If you purchase coverage directly from BCBSRI and your coverage was terminated for nonpayment of premium, you will not be eligible to enroll in another BCBSRI direct pay plan at any time unless you pay any required premiums, including any overdue premiums and any premiums currently billed.

### 1.6 Customer Service/General Information

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If you have questions about your *benefits* under this *agreement*, call the Blue Cross & Blue Shield of Rhode Island (BCBSRI) Customer Service Department at (401) 459-5000 or 1-800-639-2227 or Voice TDD 1-888-252-5051. Our normal business hours are Monday - Friday from 8:00 a.m. - 8:00 p.m. If you call after normal business hours, our answering service will take your call. A BCBSRI Customer Service Representative will return your call on the next business day. When you call, please have your *member* ID number ready.

Below are a few examples of when you should call our Customer Service Department:

- To learn if a *provider* participates with Blue Cross & Blue Shield of Rhode Island's designated *BlueCard* PPO *network*;
- To learn if a dental *provider* participates in our local dental *network*;
- To learn about EyeMed;
- To ask questions and get information about your coverage;
- To file a *complaint* or *administrative appeal* (See Section 7.2);
- To file an appeal about a medical necessity determination or learn about the status of your appeal (See Section 7.3); or
- To ask for a HIPAA (Health Insurance Portability and Accountability Act) certificate of creditable coverage (See Section 2.4- When Your Coverage Ends).

To find out Blue Cross & Blue Shield of Rhode Island news and *plan* information, visit our Web site at [BCBSRI.com](http://BCBSRI.com).

Our medical policies can be found on our website, BCBSRI.com. The medical policies are written to help administer *benefits* for the purpose of *claims* payment. They are made available to you for informational purposes and are subject to change. Medical policies are not meant to be used as a guide for your medical treatment. Your medical treatment remains a decision made by you with your *doctor*.

If you have any questions about the medical information in our medical policies, we suggest you give a copy of the medical policy to your *doctor* and talk with your *doctor* about the policy. Please call our Customer Service Department with any questions you have.

## **1.7 Preauthorization**

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Services for which *preauthorization* is recommended are marked with an asterisk (\*) in the Summary of Medical Benefits.

*Preauthorization* is defined in Section 8.0. *Network providers* in Rhode Island are responsible for obtaining *preauthorization* for all applicable *covered health care services*. In some circumstances, you are responsible to obtain *preauthorization*. In order for you to obtain *preauthorization* for a *covered health care service*, please do the following:

- For all *covered health care services* (except mental health and *substance abuse*) provided by *non-network providers* or by another Blue Cross plan's designated *BlueCard PPO providers* call our Customer Service Department.
- For mental health and *substance abuse* services provided by *non-network providers* or by another Blue Cross plan's designated *BlueCard PPO providers* call 1-800-274-2958 prior to receiving care. Lines are open 24 hours a day, 7 days per week.

If you are responsible for obtaining *preauthorization*, we will send to you notification of the *preauthorization* determination within fourteen (14) calendar days from receipt of the request or prior to the date of service. Please see Section 8.0 for the definition of *preauthorization*.

### **Expedited Preauthorization Review**

You may request an expedited *preauthorization* review if the circumstances are an emergency. If an expedited *preauthorization* review is received by us, we will respond to you with a determination within seventy two (72) hours or in less than seventy two (72) hours (taking into consideration medical exigencies) following receipt of the request.

### **Prescription Drug Preauthorization**

Services for which *prescription drug preauthorization* is required are marked with the symbol (+) in the Summary of Pharmacy Benefits. To obtain the required *preauthorization* for certain covered prescription drugs please request your prescribing physician to call the number listed for the "Pharmacist" on the back of your ID card. You can call our Customer Service Department at (401) 459-5000 or 1-800-639-2227 or visit our Web site at BCBSRI.com to see if a prescription drug requires *prescription drug preauthorization*. *Prescription drug preauthorization* is defined in Section 3.27.

## **1.8 Our Right to Receive and Release Information About You**

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We are committed to maintaining the confidentiality of your health care information. However, in order for us to make available quality, cost-effective health care coverage to you, we may release and receive information about your health, treatment, and condition to or from authorized *providers* and insurance companies, among others. We may give or get this information, as permitted by law, for certain purposes, including, but not limited to:

- adjudicating health insurance *claims*;
- administration of *claim* payments;
- health care operations;



- case management and *utilization review*; and
- coordination of health care *benefits*.

Our release of information about you is regulated by law. Please see the Rhode Island Confidentiality of Health Care Communications and Information Act, §§ 5-37.3-1 et seq. of the Rhode Island General Laws, the Health Insurance Portability and Accountability Act Final Privacy Regulations, 45 C.F.R. §§ 160.101 et seq., the Gramm-Leach-Bliley Financial Modernization Act, 15 U.S.C. §§ 6801-6908, and Regulation 100 adopted by the Rhode Island Office of the Health Insurance Commissioner (OHIC).

### **1.9 Participation in Our Wellness Incentive Programs**

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We may provide incentives for participating in our designated Wellness Programs in accordance with Rhode Island General Laws § 27-18.5-3(f). Our Wellness Programs are designed to promote good health and prevent disease.

Participation in our Wellness Programs is voluntary. If you choose to participate, you may receive rewards, such as a reduction or waiver of *copayments* for certain *covered health care services*. We may require you to sign a pledge or letter of agreement to acknowledge participation in the Wellness Programs. Your signature will document your willingness to voluntarily participate and your acknowledgement of the Wellness Program requirements that must be met in order to receive the reward. We may not make Wellness Programs available to all *members* or to any *member* a second time. We reserve the right to terminate Wellness Programs at any time.

We will contact you directly if you are eligible for one of our Wellness Programs. You may obtain a current list of our Wellness Programs by visiting our Web site at BCBSRI.com or contacting our Customer Service Department.

### **1.10 Our Right to Conduct Utilization Review**

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To be sure a *member* receives appropriate *benefits*; we reserve the right to do *utilization review*. We also reserve the right to contract with an organization to conduct *utilization review* on our behalf. If another company does *utilization review* on our behalf, the company will act as an independent contractor. The company is not a partner, agent, or employee of Blue Cross & Blue Shield of Rhode Island.

This *agreement* provides coverage only for *medically necessary* care. The determination, by an entity conducting *utilization review*, whether a service is *medically necessary* is solely for the purpose of *claims* payment and the administration of your health benefit *plan*. It is not a professional medical judgment.

Although we may conduct *utilization review*, Blue Cross & Blue Shield of Rhode Island does not act as a health care *provider*. We do not furnish medical care. We do not make medical judgments. You are not prohibited from having a treatment or

hospitalization for which reimbursement has been denied. Nothing here will change or affect your relationship with your *provider(s)*.

### **1.11 Your Right to Choose Your Own Provider**

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Your relationship with your *provider* is very important. This *agreement* is intended to encourage the relationship between you and your *provider*. However, we are not obligated to provide you with a *provider*. Also, we are not liable for anything your *provider* does or does not do. We are not a health care *provider*. We do not practice medicine, dentistry, furnish health care, or make medical judgments.

We review *claims* for payment to determine if the *claims*:

- were properly authorized;
- constitute *medically necessary* services for the purpose of benefit payment; and
- are *covered health care services* under this *agreement*.

The determination by us of whether a service is *medically necessary* is solely for the purpose of *claims* payment and the administration of health *benefits* under this *agreement*. It is not an exercise of professional medical judgment.

### **1.12 How to Select a Health Care Provider**

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When you select a health care *provider*, refer to the HealthMate™ Coast to Coast Provider Network Directory to find out if your health care *provider* is a member of Preferred Blue. Preferred Blue is Blue Cross & Blue Shield of Rhode Island's designated *BlueCard PPO network*. You may visit our Web site at [BCBSRI.com](http://BCBSRI.com) to find out this information as well.

If you travel outside the Blue Cross & Blue Shield of Rhode Island service area and need information or medical care, call *BlueCard Access* at 1-800-810-BLUE (2583). *BlueCard Access* provides the names and location of participating *BlueCard PPO doctors* and *hospitals*. You can also visit the *BlueCard PPO Doctor and Hospital finder* web page at [www.bcbs.com](http://www.bcbs.com).

### **1.13 Your Responsibility To Pay Your Providers**

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*Covered health care services* may be subject to *benefit limits*, *deductibles*, and *copayments* as shown in the Summary of Benefits. It is your responsibility and obligation under this *agreement* to pay *network providers* the *deductible*, *copayment*, and the difference between the *maximum benefit* and our *allowance* (if any) that may apply to *covered health care services*.

Your *provider* may require payment at the time of service or may bill you after the service. If you do not pay your *provider*, he or she may decline to provide current or future services or may pursue payment from you. Your *provider* may, for example, begin collection proceedings against you. For more information, see Section 5.0 - How Your Covered Health Care Services Are Paid.

## **2.0 ELIGIBILITY**

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You may purchase this *agreement* directly from us or from *HealthSource RI*.

If you purchased this *agreement* from us, this section of the *agreement* describes:

- who is eligible for coverage;
- when coverage begins;
- how to add or remove family *members*;
- when coverage ends; and
- continuation of coverage.

If purchased from *HealthSource RI*, eligibility determinations will be made by *HealthSource RI*. Please contact *HealthSource RI* at 1-855-683-6759] for questions about your eligibility.

### **2.1 Who is an Eligible Person**

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**You:** You are eligible to apply for coverage under this *agreement* if:

- you are not eligible for coverage under Medicare or Medicaid;
- you are not eligible for employer-sponsored group coverage or similar coverage, as long as the employer-sponsored coverage is of minimum value; ; AND
- you reside in Rhode Island.

**Your Spouse:** Your spouse is eligible to enroll for coverage under this *agreement* if you have selected family coverage. Only one of the following individuals may be enrolled at a given time:

- Your opposite sex spouse, according to the statutes of the state in which you were married, when your marriage was formed by obtaining a marriage license, having a marriage ceremony, and registering the marriage with the appropriate state or local official.
- Your common law spouse, according to the law of the state in which your marriage was formed (generally, common law spouses are of the opposite-sex). Your spouse by common law of the opposite gender is eligible to enroll for coverage under this *agreement*. To be eligible, you and your common law spouse must complete and sign our Affidavit of Common Law Marriage and send us the necessary proof. Please call us to obtain the Affidavit of Common Law Marriage.
- Your same-sex spouse, according to the laws of the state in which you were married, when your marriage was formed by obtaining a marriage license, having a marriage ceremony, and registering the marriage with the appropriate state or local official. Your same-sex spouse may be enrolled only if your marriage is recognized by the state in which you reside.

- Your civil union partner, according to the law of the state in which you entered into a civil union. Civil Union partners may be enrolled only if civil unions are recognized by the state in which you reside.
- Domestic Partner:
  - your lawful registered domestic partner, according to the laws of the state in which you entered into a registered domestic partnership; or
  - your domestic partner, who is of the same sex, (regardless of whether you have obtained registration).  
To be eligible, you and your domestic partner must complete and sign our Declaration of Domestic Partnership and we must receive the necessary documentation. Please call our Customer Service Department to obtain the Declaration of Domestic Partnership form.
- Former Spouse: In the event of a divorce, your former spouse will continue to be eligible for coverage provided that your divorce decree requires you to maintain continuing coverage under a family policy in accordance with state law. In that case, your former spouse will remain eligible on your policy until the earlier of:
  - i. the date either you or your former spouse are remarried;
  - ii. the date provided by the judgment for divorce; or
  - iii. the date your former spouse has comparable coverage available through his or her own employment.

**Your Children:** Each of your and your spouse’s children is eligible for coverage as ordered by a Qualified Medical Child Support Order (“QMCSO”) or until the first day of the month following their 26<sup>th</sup> birthday. For purposes of determining eligibility under this *agreement*, the term child means:

- Natural Children;
- Step-children;
- Legally Adopted Children: In accordance with Rhode Island General Law § 27-20-14, an adopted child will be considered eligible for coverage as of the date of placement for adoption with you by a licensed child placement agency;
- Foster Children: Your foster children who permanently live in your home are eligible to enroll for coverage under this *agreement*.

We may request more information from you to confirm your child’s eligibility.

### **Disabled Dependents**

In accordance with Rhode Island General Law § 27-20-45, when your unmarried child who is enrolled for coverage under this *agreement* reaches the maximum dependent age limit age of twenty-six (26) and is no longer considered eligible for coverage, he or she continues to be an *eligible person* under this *agreement* if the *eligible person* under this *agreement* is a disabled dependent.

If you have an unmarried child of any age who is medically certified as disabled and is chiefly dependent on you for support and care because of mental impairment or physical disability, which can be expected to result in death or can be expected to last for

a continuous period of not less than twelve months, that child is an eligible dependent under this *agreement*. If you have a child whom you believe satisfies these conditions, you must call us to obtain the form necessary to verify the child's disabled status and show proof of the disability. This form must be filled out and submitted to us. Periodically thereafter, you may be asked to show proof that this disabling condition still exists to maintain coverage as a dependent for this child.

## **2.2 When Your Coverage Begins**

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### **When You Can Enroll or Make Changes**

We accept new *subscribers* in accordance with federal law and Rhode Island General Law §27-18.5-3. You may enroll your eligible dependents during an Open Enrollment period. If your dependents do not enroll at this time, your dependents may only enroll if they enroll through a Special Enrollment Period.

This *agreement* goes into effect on the first day of the month for which we receive your completed application and you have paid the membership fees.

Under this *agreement*, the *benefit year* renewal date is January 1. This *agreement* will automatically renew on the renewal date as long as your membership fees are paid. The only exception would be if one of the events from Section 2.4 - When Your Coverage Ends applies.

### **Open Enrollment Period**

An Open Enrollment Period will be held each year. You and/or your eligible dependents may enroll at this time by completing an application. An Initial Open Enrollment Period (IOEP) will be held between October 1, 2013 and March 31, 2014. Your enrollment date will be effective based on the receipt date of your application. An Annual Open Enrollment Period (AOEP) will be held between October 15 and December 7 with an effective date of January 1 for subsequent years.

### **Special Enrollment Period**

After your initial effective date, you may enroll your eligible dependents for coverage through a Special Enrollment Period by completing an application within sixty (60) days following the Special Enrollment event. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- If you get married, coverage begins the first day of the month following your marriage;
- If you have a child born to the family, coverage begins on the date of the child's birth;
- If you have a child placed for adoption with your family, coverage begins on the date the child is placed for adoption with your family.

If you lose your health insurance coverage, you may enroll or add your eligible dependents for coverage through a Special Enrollment Period by completing an application within sixty (60) days following the Special Enrollment event. Coverage will begin on the first day of the month following the event. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- The *eligible person* seeking coverage had other coverage at the time that he or she was first eligible for coverage under this *agreement* and the coverage on the other plan is terminated as a result of loss of eligibility for coverage because of the following:
  - legal separation or divorce,
  - death of the covered individual,
  - termination of employment or reduction in the number of hours of employment,
  - the covered individual's becoming entitled to Medicare,
  - loss of dependent child status under the plan,
  - employer contributions to such coverage is being terminated,
  - *COBRA* benefits are exhausted,
  - your employer is undergoing Chapter 11 proceedings.

With a change in eligibility for Medicaid or a CHIP, you must make written application within sixty (60) days following your change in eligibility. Coverage will begin on the first day of the month following the event. Or, if the event occurs on the first day of a month, coverage will begin under this *agreement* as of the first day of that month. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- you and/or your eligible dependent are terminated from Medicaid or CHIP coverage due to a loss of eligibility; or
- you and/or your eligible dependent become eligible for premium assistance, under your *employer/agent's* coverage, through Medicaid or CHIP.

In addition, you may also be eligible for the following Special Enrollment periods if you apply within sixty (60) days following the Special Enrollment event:

- If you or your dependent lose minimum essential coverage, coverage begins the first day of the following month;
- you adequately demonstrate to us that we substantially violated a material provision of our *agreement* with you coverage begins:
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month
- you make a permanent move into the service area coverage begins:
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month.
- your enrollment or non-enrollment in a qualified health plan (QHP) is unintentional, inadvertent, or erroneous and is the result of error, misrepresentation, or inaction of us, *HealthSource RI*, or the U.S. Department of Health and Human Services (HHS)
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month.

If purchased from *HealthSource RI*, you may also be eligible for the following additional special enrollment periods. Please contact *HealthSource RI* at 1-855-683-6759 for questions about these special enrollment periods and your eligibility within sixty (60) days following the Special Enrollment event.

- If you gain status as a citizen, a national, or a lawfully present individual, coverage begins:
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16<sup>th</sup> and last day of the month.
- If your income situation has changed and you are determined to be newly eligible for the premium tax credit or the cost sharing reductions subsidy
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month.
- If you are an Indian, as defined by Section 4 of the Indian Health Care Improvement Act, you may enroll or change from one coverage to another one time per month, coverage begins
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month.
- If you demonstrate to *HealthSource RI*, in accordance with guidelines issued by Health and Human Services, that you meet other exceptional circumstances, coverage begins:
  - the first of the following month, if your application is received between 1st and 15th day of the month;
  - the first of the second following month, if your application is received between the 16th and last day of the month.

### **Coverage for Members who are Hospitalized on their Effective Date**

If you are in the *hospital* on your effective date of coverage, health care services related to such hospitalization are covered as long as: (a) you notify us of your hospitalization within forty-eight (48) hours of the effective date, or as soon as is reasonably possible; and (b) *covered health care services* are received in accordance with the terms, conditions, exclusions and limitations of this *agreement*. As always, *benefits* paid in such situations are subject to the Coordination of benefits provisions described in Section 6.0.

### **2.3 How to Add or Remove Coverage for Family Members**

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You must tell us if you want to add family *members*. See Section 2.2 above.

You must send notification to us if you want to take family *members* off of your coverage. We will remove family *members* effective the first day of the month following the month in which we get notification from you.

We must get the notice to remove your family *members* at least fourteen (14) working days before the requested date of removal. If we do not receive your notice within this fourteen (14) working day period, you must pay us for another month's membership fees. Requests for retroactive removal of family *members* will NOT be allowed.

## **2.4 When Your Coverage Ends**

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### **When We End This Agreement**

Coverage under this *agreement* is guaranteed renewable. It can be canceled for the following reasons.

This *agreement* will end automatically:

- on the date membership fees due are not paid (see Section 1.5 -Premium and Grace Period);
- the first day of the month following that month in which you cease to be an *eligible person*;
- the first day of the month your dependent no longer qualifies as an eligible dependent;
- the first day of the month following that month in which you are no longer a Rhode Island resident;
- if we cease to offer this type of coverage, per the rights and limitations of Rhode Island General Law §27-18.5-4.
- the date fraud is identified. Fraud includes, but is not limited to, intentional misuse of your identification card (ID card) and intentional misrepresentation of a material fact made by you, or on your behalf, that affects your coverage. Fraud may result in retroactive termination. You will be responsible for all costs incurred by Blue Cross & Blue Shield of Rhode Island due to the fraud. Blue Cross & Blue Shield of Rhode Island may decline reinstatement under your Plans for Individuals & Families coverage. We may decline enrollment in any other coverages we offer that may become available in the future, as well;
- the date abuse or disregard for *provider* protocols and policies is identified by us. If after making a reasonable effort the *provider* is unable to establish or keep a satisfactory relationship with a *member*, coverage may end after thirty-one (31) days' written notice. Examples of unsatisfactory *provider* and patient relationships include:
  - abusive or disruptive behavior in a *provider*'s office;
  - repeated refusals by a *member* to accept procedures or treatment recommended by a *provider*; and
  - impairing the ability of the *provider* to provide care.

If you purchase coverage from *HealthSource RI* and the Qualified Health Plan is terminated or decertified, coverage under this *agreement* will end.

If we, for one of the reasons listed above, terminate this *agreement*, we must send to you a termination notice thirty (30) days before the termination date. The notice will indicate the reason why the *agreement* ended.

### **Retroactive Cancellations**

Rescind/Rescission means a cancellation or discontinuance of coverage that has a retroactive effect. A cancellation is not a rescission if it:

- only has a prospective effect (as described above); or



- applies retroactively to the extent that such cancellation is due to the failure to timely pay premiums.

We may rescind your coverage if you or your dependents commit fraud. Fraud includes, but is not limited to, intentional misuse of your identification card (ID card) or intentional misrepresentation of material fact. Any *benefit* paid in the past will be voided. You will be responsible to reimburse us for all costs and *claims* paid by us. We must provide you a written notice of a rescission at least 30 days in advance. This notice will provide you the opportunity to appeal this decision. Please see Section 7.0 – How to File and Appeal a *Claim*.

Except for fraud and non-payment, we will not contest this policy after it has been in force for a period of two years from the later of the *agreement* effective date or latest reinstatement date.

### **When You End This Agreement**

You may end this *agreement* by telling us in writing that you want to end coverage. We must get your notice to end this *agreement* at least fourteen (14) days before the requested date of cancellation. If we do not receive your notice within this fourteen (14) day period, you must pay another month's membership fees. Requests for retroactive cancellations will NOT be allowed.

If you change from one coverage to coverage during an Open Enrollment or a Special Enrollment Period, your coverage under the original *agreement* will end.

If you purchase coverage from *HealthSource RI*, you may end this *agreement* by telling *HealthSource RI*, in writing that you want to end coverage. (See section 2.0)

### **HIPAA certificate of creditable coverage**

When your coverage ends, we will send to you a Health Insurance Portability and Accountability Act (HIPAA) certificate of creditable coverage to provide evidence of your prior health coverage. The information in the certificate lets your new health plan know how long you have had coverage, so you can receive credit for it. This information may help you obtain a special enrollment under a new plan.

We will also send to you a HIPAA certificate of creditable coverage upon request.

## **2.5 Continuation of Coverage**

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### **Extended Benefits**

In the event that we cancel or refuse to renew this *agreement*, *benefits* shall be extended for a pregnancy that began while the *agreement* was in force and for which *benefits* would have been payable had the *agreement* remained in force.

If you are disabled on the termination date of this *agreement*, your *benefits* will be temporarily extended for any continuous loss which commenced while the *agreement* was in force. The services provided under this benefit are subject to all terms, conditions, limitations and exclusions listed in this *agreement*, and the care you receive must relate to or arise out of the disability you had on the day this *agreement* ended.

The extension of benefits will cease upon the earliest of the following events:

- the continuous disability ends; or
- twelve (12) months from the termination date; or
- payment of the *maximum benefits* under this *agreement* has been met.

Extended *benefits* apply ONLY to the *subscriber* who is disabled. If you want to receive coverage for continued care when this *agreement* ends, you must provide us with proof that you are disabled. We will make a determination whether your condition constitutes a disability and you will have the right to appeal our determination or to take legal action as described in Section 7.0.

### 3.0 COVERED HEALTH CARE SERVICES

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We agree to provide coverage for *medically necessary covered health care services* listed in this *agreement*. If a service or category of service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and determined are eligible for coverage under this *agreement* are covered. All other services are not covered. See Section 1.4 for how we identify *new services* and our guidelines for reviewing and making coverage determinations.

We only cover a service listed in this *agreement* if it is *medically necessary*. We review medical necessity in accordance with our medical policies and related guidelines. The term *medically necessary* is defined in Section 8.0 - Glossary. It does not include all medically appropriate services.

The amount of coverage we provide for each health care service differs according to whether or not the service is received:

- as an *hospital*;
- as an *outpatient*;
- in your home;
- in a *doctor's* office; or
- from a pharmacy.

Also coverage differs depending on whether:

- the health care *provider* is a *network provider* or *non-network provider*;
- *deductibles*, *copayments*, or *maximum benefit* apply;
- you have reached your *benefit year maximum out-of-pocket expense*;
- there are any exclusions from coverage that apply; or
- our allowance for a *covered health care service* is less than the amount of your *copayment* and *deductible* (if any). In this case, you will be responsible to pay up to our *allowance* when services are rendered by a *network provider*.

**Please see the Summary of Medical Benefits to determine the *benefit limits* and amount that you pay for the *covered health care services* listed below.**

**Please see the Summary of Pharmacy Benefits to determine the *benefit limits* and amount that you pay for prescription drug and diabetic equipment and supplies purchased at a pharmacy.**

### 3.1 Ambulance Services

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#### Ground Ambulance

In accordance with Rhode Island General Law § 27-20-55, ground ambulance services are covered up to the *benefit limits* listed in the Summary of Medical Benefits.

Local professional or municipal ground ambulance services are covered when it is *medically necessary* to use these services, rather than any other form of transportation, to these places:

- to the closest available *hospital* for an *hospital* admission;
- from a *hospital* to home or to a skilled nursing facility or to a rehabilitation facility after being discharged as an *hospital*;
- to the closest available *hospital* emergency room immediately in an *emergency*;
- to and from a *hospital* for *medically necessary* services not available in the facility where you are an *hospital*; or
- from a physician's office to a skilled nursing facility.

Our *allowance* for the ground ambulance includes the services rendered by an emergency medical technician or paramedic, drugs, supplies and cardiac monitoring.

#### **Related Exclusion**

This *agreement* does NOT cover ground ambulance transportation to a physician's office.

#### **Air and Water Ambulance**

*Medically necessary* air and water ambulance services are covered as listed in the Summary of Medical Benefits.

*Medically necessary* air and water ambulance services are covered up to the *maximum benefit limit* as shown in the Summary of Medical Benefits. When you receive services from a *network provider* you are responsible to pay the *copayment*, and the difference between our *allowance* and the *maximum benefit limit*. You are responsible to pay up to the total *charge* when a *non-network provider* renders air or water ambulance services.

Air ambulance service means transportation by a helicopter or fixed wing plane. The aircraft must be a certified ambulance. The crew, maintenance support crew and aircraft must meet the certification requirements and hold a certificate for air ambulance operators under Part 135 of the Federal Aviation Administration (FAA) regulations.

Water ambulance means transportation by a boat. The boat must be specially designed and equipped for transporting the sick or injured. It must also have such other safety and lifesaving equipment per state or local regulation.

Use of an air or water ambulance is *medically necessary* when the time needed to move a patient by land, or the instability of transportation by land, may threaten a patient's condition or survival. It is also *medically necessary* if the proper equipment needed to treat the patient is not available on a ground ambulance.

The patient must be transported for treatment to the nearest facility that can provide a level of care for the patient's illness. It must have available the type of physician or physician specialist needed to treat the patient's condition.

We will only cover air and water ambulance services originating and ending in the United States and its territories. Our *allowance* for the air or water ambulance includes the services rendered by an emergency medical technician or paramedic, drugs, supplies and cardiac monitoring.

### **Related Exclusions**

This *agreement* does NOT provide coverage for:

- air or water ambulance transportation unless the destination is an acute care *hospital*. (Some examples of non-covered air or water ambulance services include transport to a physician's office, nursing facility, or a patient's home); and
- transport from cruise ships when not in United States waters.

## **3.2 Behavioral Health Services**

Behavioral health services are the evaluation, management, and treatment of a patient with a mental health or *substance abuse* disorder.

For the purposes of this *agreement* mental health disorder shall be defined as mental illness. Mental illness means:

- Any mental disorder and *substance abuse* disorder that is listed in the most recent revised publication or the most updated volume of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICD) published by the World Health Organization and that substantially limits the life activities of the person with the illness;
- *Substance abuse* does not include addiction to or abuse of tobacco and/or caffeine;
- Mental disorders do not include mental retardation, learning disorders, motor skills disorders, communication disorders, and "V" codes as defined in DSM/IV Diagnostic Criteria published by the American Psychiatric Association.

This *agreement* provides parity in the *benefits* for behavioral health services. This means that coverage of *benefits* for mental health and *substance abuse* disorders is generally comparable to, and not more restrictive than, the *benefits* for physical health.

Financial requirements (such as *deductibles* or *copayments*) or quantitative treatment limits (such as visit *benefit limits*) that apply to behavioral health services within a category (such as *inpatient* services received from an *network provider*) are not more restrictive than the *benefit limit* that applies to most of the medical *benefits* within that same category.

This *agreement* applies different levels of financial requirements to different tiers of prescription drug without regard to whether a prescription drug is generally prescribed for physical or mental health and/or *substance abuse* disorders. These factors include cost, efficacy, generic versus brand name, and mail order versus retail pharmacy pick-up. See Section 3.27- Prescription Drugs

The *agreement* may impose a variety of limits affecting the scope or duration of *benefits* that are not expressed numerically. An example of these types of treatments limit is *preauthorization*. *Preauthorization* is applied to behavioral health services in the same way as medical *benefits*. The only exception is except where clinically appropriate standards of care may permit a difference.

Mental disorders are covered under **Section A. Mental Health Services**. *Substance abuse* disorders are covered under **Section B. Substance Abuse Treatment**.

### **A. Mental Health Services**

This *agreement* covers *medically necessary* services for the treatment of mental health disorders in a *general* or *specialty hospital* or *outpatient* facilities that are:

- reviewed and approved by us; and
- licensed under the laws of the State of Rhode Island or by the state in which the facility is located as a *general* or *specialty hospital* or *outpatient* facility.

We review *network* and *non-network* programs, *hospitals* and *inpatient* facilities, and the specific services provided to decide whether a *preauthorization*, *hospital* or *inpatient* facility, or specific services rendered meets our *program* requirements, content and criteria. If our *program* content and criteria are not met, the services are not covered under this *agreement*. Our *program* content and criteria are defined below.

### **Inpatient**

If you are an *inpatient* in a *general* or *specialty hospital* for mental health services, this *agreement* covers *medically necessary hospital services* and the services of an attending physician for the number of *hospital* days shown in the Summary of Benefits. See Section 3.20 – *Inpatient Hospital Services* for additional information. *Preauthorization* is recommended for *inpatient* mental health services.

### **Intermediate Care Services**

Intermediate Care Services are facility based *programs* used as a step down from a higher level of care or a step-up from standard care. See the Summary of Benefits for level of coverage. *Preauthorization* is recommended for intermediate care services.

This *agreement* covers the following mental health Intermediate Care Services:

- **Partial Hospital Program (PHP)** – This *agreement* covers partial *hospital programs* that are approved by us and meet our criteria for participation. This *program* must be available for a minimum of five (5) hours per day five (5) days per week and must consist of, but not limited to, group, individual, and family therapy, medication evaluation and management services. PHP must be supervised by a licensed independent clinician who is responsible for the *program* and staff. Licensed independent clinicians include MD's, DO's, RN's with an advanced training and prescriptive privileges (for example, a Clinical Nurse Specialist), PhD's, LICSW's, LMHC's, LMFT's, or individuals with equivalent independent practicing licenses in the state the *program* operates. PHP must be available 24 hours a day 7 days per week for support of the patient. This *program* must provide substantial clinical support to patients who are either in transition from the *hospital* to an *outpatient* setting or at risk for admission to *inpatient* care or other higher levels of care.
- **Intensive Outpatient Program (IOP)** – This *agreement* covers intensive *outpatient programs* that are approved by us and meet our criteria for participation. This *program* must be available for a minimum of three (3) hours per day, three (3) days per week and must consist of, but not limited to, individual, group, and family therapy, medication evaluation and management services. IOP must be supervised by a licensed independent clinician who is responsible for the *program* and staff. Licensed independent clinicians include MD's, DO's, RN's with an advanced training and prescriptive privileges (for example, a Clinical Nurse Specialist), PhD's, LICSW's, LMHC's, LMFT's, or individuals with equivalent independent practicing licenses in the state the *program* operates. IOP must be available 24 hours a day 7 days per week for support of the patient. This *program* must provide substantial clinical support for patients who are either in transition from the *hospital* to an *outpatient* setting or at risk for admission to *inpatient* care or other higher levels of care.
- **Adult Intensive Service (AIS)** – This *agreement* covers adult intensive services that are approved by us and meet our criteria for participation. AIS is a facility based mental health care *program*. Adult intensive services are primarily based in the home for qualifying adults with moderate to severe psychiatric conditions. This *program* must consist of, but is not limited to, ongoing *emergency/crisis* evaluations that are available 24 hours a day 7 days per week, psychiatric assessment, medication evaluation and management, case management, psychiatric nursing services, and individual, group, and family therapy. The *program* requires the health care *provider* to render a minimum of six (6) contact hours per week.
- **Child and Family Intensive Treatment (CFIT)** – This *agreement* covers child and family intensive treatment services that are approved by us and meet our criteria for participation. CFIT is a facility based mental health care *program*. The *program* is primarily based in the home for qualifying children with moderate to severe psychiatric conditions. CFIT services must consist of, but are not limited to individual, family, and group counseling; medication consultation and management; and case management coordination with a school, state agency, *outpatient providers*, and/or physicians. The *program* requires the health care *provider* to render a minimum of six (6) contact hours per week. CFIT *benefits* are available only for covered dependent children until their nineteenth (19th) birthday.

### **In a Provider's Office/In your Home**

This *agreement* covers the following mental health specialists:

- Board certified psychiatrists;
- Licensed clinical psychologists;
- Clinical social workers (licensed or certified at the independent practice level);
- Licensed nurse clinicians (with a masters degree in nursing and certification by the ANA as a clinical specialist in psychiatric and mental health nursing);
- Licensed mental health counselor; AND
- Licensed marriage and family therapists.

The above *providers* must be licensed and certified in the state where you receive the service and must meet our credentialing criteria.

Covered mental health services include *medically necessary* individual psychotherapy, group psychotherapy, and family therapy when rendered by a mental health specialist, as listed above. See the Summary of Benefits for the level of coverage.

This *agreement* covers medication visits when rendered by a psychiatrist or a clinical nurse specialist in behavioral health. See the Summary of Benefits for *benefit limits* and level of coverage. See Section 3.23 - Office Visits.

### **Electroconvulsive Therapy**

This *agreement* will cover electroconvulsive therapy (ECT) services when performed and billed by a psychiatrist. This *agreement* covers anesthesia services when rendered by an anesthesiologist. See Section 3.34 Surgery Services - Anesthesia Services.

### **Related Exclusions**

This *agreement* does NOT cover the following mental health services:

- Recreation therapy, non-medical self-care, or self-help training (e.g., Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings/services);
- mental health residential treatment *programs* (including eating disorder residential treatment *programs*);
- mental health services performed in a residential treatment facility
- mental health services performed in a *hospital*, or any *inpatient* facility, when the *hospital* or *inpatient* facility is used for residential treatment purposes;
- Telephone consultations (See Section 4.16);
- Therapeutic recreation *programs* or wilderness *programs*;



- Services provided in any covered *program* that are reviewed by us and we decide are recreation therapy *programs*, wilderness *programs*, or non-clinical services;
- Behavioral training assessment, education or exercises, including applied behavioral analysis; and
- Computer based, internet, and social media services and/or *programs*.

This *agreement* does NOT cover mental health services when:

- the *provider* does NOT meet the eligibility and/or credentialing requirements; or
- the *program* is not approved by us.

This *agreement* does NOT cover treatment at facilities that are not approved and/or licensed by the state in which the facility is located. See Section 4.6 for Facilities We Have Not Approved and Section 4.8 for People/Facilities Who Are Not Legally Qualified or Licensed.

For benefit information regarding coverage of *substance abuse* in a *hospital*, *substance abuse treatment facility*, or an acute *substance abuse* rehabilitation/residential facility see Section B. **Substance Abuse Treatment**, below.

## **B. Substance Abuse Treatment**

This *agreement* covers *medically necessary* services for the treatment of *substance abuse* in a *hospital*, *substance abuse treatment facility*, or an acute *substance abuse* rehabilitation/residential facility that is:

- reviewed and approved by us; and
- licensed under the laws of the State of Rhode Island or by the state in which the facility is located as a *hospital*, a *substance abuse treatment facility*, or an acute *substance abuse* residential/rehabilitative facility.

We review *network* and *non-network programs*, *hospital* or *inpatient* facilities, acute *substance abuse* rehabilitation/residential facilities and the specific services provided. We decide whether a *program*, *hospital* or *inpatient* facility, acute *substance abuse* rehabilitation/residential facility, or specific services rendered meets our *program* requirements, content and criteria. If our *program* requirements, content and criteria are not met, the services are *not covered* under this *agreement*. Our *program* content and criteria are defined below.

### **Inpatient Hospital**

If you are an *acute inpatient* in a *general* or *specialty hospital* for behavioral health services, we cover *medically necessary* acute *hospital services* for detoxification. See Section 3.20 - *Inpatient Hospital Services* for additional information. *Preauthorization* is recommended.

### **Substance Abuse Treatment Facility**

This *agreement* covers *medically necessary* services at an Acute Rehabilitation or Acute Substance Abuse Residential facility when reviewed by us and we decide that, at a minimum, the following *program* criterion has been met:

- Certified clinical staff available twenty-four (24) hours per day, seven (7) days a week to meet the member's medical and psychological needs.
  - includes a registered nurse (RN) available on site a minimum of eight (8) hours day and on call twenty-four (24) hours a day;
  - when on call, the RN must be able to be on site within one (1) hour of a call.
- *Program* must be supervised by a licensed independent clinician that is in charge of the *program* and the staff;
  - Licensed independent clinicians are defined as the following:
    - M.D. , D.O., or R.N. with advanced training and prescriptive privileges (i.e. Clinical Nurse Specialist),
    - Ph.D. LICSW, LMHC, LMFT, or an individual with an equivalent independent practicing license in the state in which the *program* operates.
- *Program* must have a licensed physicians on staff who is available twenty-four (24) hours per day, seven (7) days per week to evaluate patients and adjust medication as needed and provide medical oversight of all patients in the *program*.
- *Program* structure must include evidenced-based treatment at a minimum of six (6) hours of clinical programming per day Monday through Friday, and four (4) hours per day on weekends.

Recreational, educational and other complementary activities, including, but not limited to, Tai Chi, yoga, personal training, meditation time, exercise, etc., do not count towards the above noted clinical hourly *program* requirements as they are non-covered, non-clinical services.

Recreation therapy, non-medical self-care, or self-help training (e.g., Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings/services, etc.) are non-covered services and do not count toward the above noted clinical hourly *program* requirements. (Please see the Related Exclusion section below for more information.)

### **Substance Abuse Treatment Facility/Intermediate Care Services**

This *agreement* covers services for the treatment of *substance abuse* for individuals and family *members* covered under this *agreement* when rendered at a *substance abuse treatment facility* or a state-licensed *provider/program* that we have approved.

Intermediate Care Services are facility based *programs* used as a step down from a higher level of care or a step-up from standard *outpatient* care. See the Summary of Benefits for the level of coverage. *Preauthorization* is recommended for intermediate care services.

This *agreement* covers the following *substance abuse* Intermediate Care Services:

- **Partial Hospital Program (PHP)** – This *agreement* covers partial *hospital programs* that are approved by us and meet our criteria for participation. This *program* must be available for a minimum of five (5) hours per day five (5) days per week and must consist of, but not limited to, group, individual, and family therapy, medication evaluation and management services, and must be available 24-hours a day 7 days per week for support of the patient. This *program* must provide substantial clinical support to patients who are either in transition from the *hospital* to an *outpatient* setting or at risk for admission to *inpatient* care or other higher levels of care.
- **Intensive Outpatient Program (IOP)** – This *agreement* covers intensive *outpatient programs* that are approved by us and meet our criteria for participation. This *program* must be available for a minimum of three (3) hours per day, three (3) days per week and must consist of, but not limited to, individual, group, and family therapy, medication evaluation and management services, and must be available 24-hours a day 7 days per week for support of the patient. This *program* must provide substantial clinical support for patients who are either in transition from the *hospital* to an *outpatient* setting or at risk for admission to *inpatient* care or other higher levels of care.
- **Adult Intensive Service (AIS)** – This *agreement* covers adult intensive services that are approved by us and meet our criteria for participation. AIS is a facility based substance abuse health care *program*. Adult intensive services are primarily based in the home for qualifying adults with moderate to severe *substance abuse* conditions. This *program* must consist of, but is not limited to, ongoing *emergency/crisis* evaluations that are available 24 hours a day 7 days per week, psychiatric and addiction assessment, medication evaluation and management, case management, addiction nursing services, and individual, group, and family therapy. The *program* requires the health care *provider* to render a minimum of six (6) contact hours per week.
- **Child and Family Intensive Treatment (CFIT)** – This *agreement* covers child and family intensive treatment services that are approved by us and meet our criteria for participation. CFIT is a facility based *substance abuse* health care *program*. The *program* is primarily based in the home for qualifying children with moderate to severe substance abuse conditions. CFIT services must consist of, but are not limited to individual, family, and group counseling; medication consultation and management; and case management coordination with a school, state agency, *outpatient providers*, and/or physicians. The *program* requires the health care *provider* to render a minimum of six (6) contact hours per week. CFIT *benefits* are available only for covered dependent children until their nineteenth (19th) birthday.

### **In a Provider's Office/In your Home**

This *agreement* covers services for the treatment of *substance abuse* for individuals and family *members* covered under this *agreement*. The services may be rendered in a *provider's* office or in your home.

This *agreement* covers the following behavioral health specialists:

- Psychiatrists;
- Licensed independent clinical psychologists;
- Clinical social workers (licensed or certified at the independent practice level);
- Licensed nurse clinicians (with a masters degree in nursing and certification by the ANA as a clinical specialist in psychiatric and mental health nursing);
- Licensed mental health counselor; AND
- Licensed marriage and family therapists.

The above *providers* must be licensed and certified in the state where you receive the service. The above *providers* must meet our credentialing criteria to be considered for benefit coverage.

Covered substance abuse services include *medically necessary* individual evaluation and psychotherapy, group psychotherapy, and family therapy when rendered by a behavioral health specialist, as listed above.

### **Related Exclusions**

This *agreement* does NOT cover the following *substance abuse* treatment services:

- Recreation therapy, non-medical self-care, or self-help training (e.g., Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings/services) ;
- Telephone consultations (See Section 4.16);
- Therapeutic recreation *programs*, extended stay/long term residential or wilderness *programs*;
- Services provided in any covered *program* that are reviewed by us and we decide are recreation therapy *programs*, wilderness *programs*, educational *programs*, complimentary *programs*, or non-clinical services (examples of services that are not covered include, but is not limited to, Tai Chi, yoga, personal training, meditation, and internet based support/education);
- Computer based/internet /social media services and/or *programs*.

This *agreement* does NOT cover *substance abuse* treatment when:

- the *provider* does NOT meet our eligibility and/or credentialing requirements;
- the *program* is not approved by us for benefit coverage; or
- treatment is rendered at facilities that are not approved and/or licensed by the state in which the facility is located. See Section 4.6 for Facilities We Have Not Approved and Section 4.8 for People/Facilities Who Are Not Legally Qualified or Licensed.

This *agreement* does NOT cover methadone clinics and treatments. See Section 4.6 - Facilities We Have Not Approved and Section 4.8 - People/Facilities Who Are Not Legally Qualified or Licensed.

### **3.3 Cardiac Rehabilitation**

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#### **Outpatient**

We cover *medically necessary* visits in a cardiac rehabilitation *program*. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay, if any.

### **3.4 Chiropractic Medicine**

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We cover *medically necessary* chiropractic visits up to the *benefit limit* as shown in the Summary of Medical Benefits. The *benefit limit* applies to any visit for the purposes of chiropractic treatment or diagnosis. We cover those selected lab tests and x-rays that may be ordered by a chiropractic physician according to relevant sections of Rhode Island General Law.

For information about medical equipment and supplies, see Section 3.8 – Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices.

#### **Related Exclusions**

This *agreement* does NOT cover:

- massage therapy, aqua therapy, maintenance therapy, and aromatherapy;
- therapies, procedures, and services for the purpose of relieving stress;
- pillows;
- x-rays read by a chiropractic physician; and
- chiropractic services received in your home.

### **3.5 Dental Care**

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This *agreement* provides coverage for *covered dental care services* listed in this section. If a dental service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and determined are eligible for coverage under this *agreement* are covered; all other services are not covered. See the Summary of Benefits for *benefit limits* and level of coverage.

#### **Definitions**

The following definitions apply to this section 3.5:

**COVERED DENTAL CARE SERVICES** means any dental service, treatment, or procedure which we have determined is eligible for reimbursement under this *agreement*. Reimbursement for *covered dental services* is always subject to *our allowance* and must be deemed *dentally necessary*. *Covered Dental Care Services* does not include the services of an anesthesiologist.

**DENTIST** means any person duly licensed and registered to practice dentistry as defined in 5-31-1 of the Rhode Island General Laws of Rhode Island, as amended. This includes persons duly licensed under comparable laws of other states and countries if *covered dental services* are rendered at the time and place that comparable laws are effective. The services must be performed within the scope of the individual's license.

**DENTAL NECESSITY (DENTALLY NECESSARY)** means that the dental services provided by a *dentist* to identify or treat your dental or oral health condition, upon review by Blue Cross & Blue Shield of Rhode Island, are:

- consistent with the symptoms and appropriate and effective for the diagnosis, treatment, or care of the oral condition, disease, or injury for which it is prescribed or performed;
- appropriate with regard to generally accepted standards of dental practice within the dental community or scientific evidence;
- not primarily for the convenience of the *member*, the *member's* family or *dentist* of such *member*; AND
- the most appropriate in terms of type, amount, frequency, setting, duration, and level of service which can safely be provided to the *member*.

We will make a determination whether a dental service is *dentally necessary* based on our dental policies and related guidelines. You have the right to appeal our determination or to take legal action as described in Section 7.0.

We may review *dental necessity* on a case-by-case basis. WE DETERMINE *DENTAL NECESSITY* SOLELY FOR PURPOSES OF *CLAIMS* PAYMENT IN ACCORDANCE WITH OUR DENTAL POLICIES AND RELATED GUIDELINES UNDER THIS *AGREEMENT*.

**PREDETERMINATION** is an administrative procedure whereby your *dentist* sends to us your treatment plan before treatment is rendered. *Pre-determinations* are an estimate, not a guarantee of payment. The *pre-determination* estimates are based on your eligibility status and *benefits* at the time the request is processed. It is subject to change.

Obtaining *predetermination* is NOT a requirement in order for planned *covered dental service* to be covered.

However, if you decide to have the dental service when the *predetermination* is that the service is not covered, you will be responsible for the cost of the dental service. This is true whether you have the service rendered by a *network* or *non-network dentist*. You have the right to appeal or to take legal action as described in Section 7.0.

*Network dentists* may get *pre-determination* for all *covered dental services*. This includes, but is not limited to, multiple restorations, periodontics (treatment of gums), prosthodontics (bridges and dentures) and orthodontics.

When your *dentist* is *non-network*, you or the *non-network dentist* may obtain a *predetermination*. You may inquire about *pre-determinations* by calling us at (401) 453-4700 or 1-800-831-2400.

### **Emergency Dental Services In a Hospital Emergency Room**

Accident includes an accidental injury to your *sound natural teeth*. Accidental injuries are those caused by unexpected and unintentional means. We cover the *hospital* or emergency room services and the *doctor's* or *dentist's* services. We cover the treatment in an emergency room for an accidental injury to your *sound natural teeth* or any facial fractures (or both) if the injury itself is the direct cause (independent of disease or bodily injury).

### **In an Office**

If you receive the *dentally necessary* services due to an accidental injury to your *sound natural teeth* in a *doctor/dentist's* office, you are responsible for any applicable office visit *copayment*. See the Summary of Medical Benefits for details.

*Dentally necessary* services are covered when received within seventy-two (72) hours of an accidental injury to your *sound natural teeth*. The following services are covered:

- Extraction of teeth needed to avoid infection of teeth damaged in the injury;
- Suturing;
- Reimplanting and stabilization of dislodged teeth;
- Repositioning and stabilization of partly dislodged teeth; and
- Dental x-rays.

Suture removal, performed where the original *emergency* dental services were received, is covered as part of our *allowance* for the original *emergency* treatment. We will ONLY cover a separate charge for suture removal if the suturing and suture removal are performed at different locations (i.e. sutures at emergency room and suture removal at *doctor's* or *dentist's* office).

### **Related Exclusions**

This *agreement* does NOT cover:

- *hospital* or other facility's services for treatment received in an emergency room for a non-*emergency* condition;
- follow-up visits to the emergency room;
- dental injuries incurred as a result of biting or chewing; or
- any dental services other than those specifically listed above for injury to your teeth.

### **Hospital and Anesthesia Services Provided in Connection with a Dental Service**

*Hospital services and free-standing ambulatory surgi-center services* provided in connection with a dental service are covered when:

- the use of the *hospital or free-standing ambulatory surgi-center* is *medically necessary*; and
- the setting in which the service received is determined to be appropriate.

*Preauthorization* is recommended for this service.

Anesthesia services when rendered at a *hospital or free-standing ambulatory surgi-center* in connection with a dental service are covered when:

- the use of the *hospital or free-standing ambulatory surgi-center* is *medically necessary*; and
- the setting in which the service received is determined to be appropriate.

*Preauthorization* is recommended for this service.

### **Pediatric Dental Care Services**

In accordance with PPACA, this *agreement* provides coverage for the *dentally necessary* services listed in the Summary of Medical Benefits for an enrolled child under the age of 19, when rendered by a *Network Dentist or Non-Network Dentist*. The coverage for dental care services rendered to an enrolled child will end for the child on the first day of the month following their 19<sup>th</sup> birthday, unless otherwise specified in the Summary of Medical Benefits. If a *covered dental care service* is rendered more than our contractually specified treatment time or age limitations, which are based on our dental policies and related guidelines, it is not covered.

**NETWORK DENTIST (NETWORK)** is a *dentist* that has entered into an agreement with BCBSRI.

**NON-NETWORK DENTIST (NON-NETWORK)** is a *dentist* that has not entered into an agreement with BCBSRI.

**IMPORTANT NOTE:** All of our payments at the benefit levels noted in the Summary of Medical Benefits are based upon a fee schedule called our *allowance*. If you receive services from a *network dentist*, the *dentist* has agreed to accept our *allowance* as payment in full for covered services, excluding your *copayments, deductible*, and the difference between the *maximum benefit* and our *allowance*, if any. If you receive *covered services* from a *non-network dentist*, you will be responsible for the *dentist's charge*. You will then be reimbursed based on the lesser of the *dentist's charge*, our *allowance*, or the maximum benefit; less any *copayments and deductibles*, if any. The *deductible* and *maximum out-of-pocket expense* are calculated based on the lower of our *allowance* or the *dentist's charge*, unless otherwise specifically stated in this *agreement*.



## Related Exclusions

- **Services not *Dentally Necessary*** - This *agreement* does NOT cover services to identify or treat your dental or oral health conditions that are NOT *dentally necessary* in accordance with our dental policies and related guidelines. We will use any reasonable means to make a determination about the *dental necessity* of your care. We may examine dental records. We review *dental necessity* in accordance with our dental policies and related guidelines. You have the right to appeal our determination or to take legal action as described in Section 7.0. We may deny payments if a *dentist* does not supply dental records needed to determine *dental necessity*. We also may deny or reduce payment if the records sent to us do not provide adequate justification for performing the service.
- **Services not *Medically Necessary*** – This *agreement* does NOT cover orthodontic services that are NOT *medically necessary* in accordance with our policies and guidelines.
- **Services Not Performed Within Indicated Time Limitations** - Dental services performed that do not comply with the timeframes and limitations as set forth in this *agreement* and in our dental policies and related guidelines are NOT covered.
- **Anesthesia** - General anesthesia and intravenous sedation are NOT covered unless rendered in conjunction with covered oral surgical procedures. *Covered dental care services* excludes the services of an anesthesiologist.
- **Cosmetic Services** - This *agreement* does NOT cover cosmetic procedures. Cosmetic procedures are performed to refine or reshape dental structures that are not functionally impaired, to change or improve appearance or improve self-esteem, or for other psychological, psychiatric or emotional reasons.
- **Implants** - This *agreement* does NOT cover dental implants, implant support prosthesis, or other implant related services, except for a single tooth implants which are covered as a prosthodontic service.
- **Experimental/Investigational Services** - This *agreement* does NOT cover experimental or investigational procedures or services. Experimental or investigational procedures or services are not included in our dental policies and related guidelines. Experimental or investigational means any dental procedure that has progressed to limited human application, but has not been recognized as clinically proven and effective.
- **Replacement Services** - This *agreement* does NOT cover orthodontic or prosthetic appliances and space maintainers that are misplaced, lost, or stolen.
- **New Dental Services** - This *agreement* does NOT cover any new dental procedures or services that are not included in our dental policies and related guidelines.
- **Services Performed By Hospital Staff Employees** - This *agreement* does NOT cover pediatric dental services rendered at a *hospital* by interns, residents, or staff *dentists*.
- **Specialty Oral Examinations** - We will NOT cover oral examinations (limited in scope) when performed by a *dentist* who limits his or her practice to a specialty branch of dentistry. This includes, but is not limited to, oral examinations relating to periodontics, orthodontics, endodontics, oral surgery, and prosthodontics.

- **Temporomandibular Joint Syndrome (TMJ)** - Services for or related to the treatment of TMJ are NOT covered. This *agreement* does NOT cover appliances or restorations necessary to increase vertical dimensions or to restore the occlusion.

See Section 4.18 for other Dental Services not covered under this *agreement*.

### **3.6 Diabetic Equipment and Supplies**

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In accordance with Rhode Island General Law §27-20-30, this *agreement* provides coverage for the following *medically necessary* diabetic equipment and supplies, subject to medical necessity review:

- therapeutic/molded shoes for the prevention of amputation are covered for the treatment of diabetes; our *allowance* for molded shoes includes the initial inserts. Additional *medically necessary* inserts for custom-molded shoes are covered; and
- blood glucose monitors, blood glucose monitors for the legally blind, external insulin infusion pumps and appurtenances thereto, insulin infusion devices and injection aids for the treatment of insulin treated diabetes, non-insulin treated diabetes and gestational diabetes; and
- test strips for glucose monitors and/or visual reading, cartridges for the legally blind, and infusion sets for external insulin pumps for the treatment of insulin treated diabetes, non-insulin treated diabetes, and gestational diabetes.

See the Summary of Benefits for *benefit limits* and *level of coverage*.

Covered diabetic equipment and supplies bought at a licensed medical supply *provider* are subject to the *benefit limits* and *level of coverage* shown in the Summary of Medical Benefits.

Some diabetic equipment and supplies can be bought at a *network* pharmacy. When bought at a *network* pharmacy, the covered diabetic equipment and supplies are subject to the *benefit limits* and *level of coverage* shown in the Summary of Pharmacy Benefits. See Section 3.27 - Prescription Drugs.

### **3.7 Dialysis Services**

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#### **Inpatient**

*Inpatient* dialysis services are covered as a *hospital service*. See Section 8.0- definition of *hospital services*.

#### **Outpatient**

If you receive dialysis services in a *hospital's outpatient* unit or in a dialysis facility, we cover the use of the treatment room, related supplies, solutions, drugs, and the use of the dialysis machine.

## **In Your Home**

If you receive dialysis services in your home and the services are under the supervision of a *hospital* or *outpatient* facility dialysis *program*, we cover the purchase or rental (whichever is less, but never to exceed our *allowance* for purchase) of the dialysis machine, related supplies, solutions, drugs, and necessary installation costs.

### **Related Exclusions**

If you receive dialysis services in your home, this *agreement* does NOT cover:

- installing or modifying of electric power, water and sanitary disposal or *charges* for these services;
- moving expenses for relocating the machine;
- installation expenses not necessary to operate the machine; or
- training you or *members* of your family in the operation of the machine.

This *agreement* does NOT cover dialysis services when received in a *doctor's* office.

## **3.8 Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, & Prosthetic Devices**

We cover *medically necessary durable medical equipment, medical supplies, and prosthetic devices* that meet the minimum specifications.

The *provider* must meet eligibility and credentialing requirements as defined by the plan to be eligible for reimbursement.

**DURABLE MEDICAL EQUIPMENT** is equipment (and supplies necessary for the effective use of equipment) which:

- can withstand repeated use;
- is primarily and customarily used to serve a medical purpose;
- is not useful to a person in the absence of an illness or injury; and
- is for use in the home.

**MEDICAL SUPPLIES** means those consumable supplies which are disposable and not intended for re-use. *Medical supplies* require an order by a physician and are essential for the care or treatment of an illness, injury, or congenital defect.

**PROSTHETIC DEVICES** means devices (other than dental) which replace or substitute all or a part of an internal body part (including contiguous tissue), or replace all or part of the function of a permanently inoperative or malfunctioning body part necessary to alleviate functional loss or impairment due to an illness, injury or congenital defect.

## **Inpatient**

*Inpatient medically necessary durable medical equipment, medical supplies, enteral formula or food, and prosthetic devices* you receive as an *inpatient*, when provided and billed for by the *hospital* where you are an *inpatient*, are covered as a *hospital service*. See Section 8.0 for the definition of *hospital services*.

When you are prescribed a *medically necessary prosthetic device* as an *inpatient* and it is billed by a *provider* other than the *hospital* where you are an *inpatient*, the *benefit limits* for Medical Equipment, Medical Supplies, and Prosthetic Devices - Outpatient will apply, as shown in the Summary of Medical Benefits.

## **Outpatient/In Your Home**

We will cover the following *durable medical equipment, medical supplies, enteral formula or food, and prosthetic devices* subject to our guidelines.

## **Durable Medical Equipment**

A *durable medical equipment* (DME) item may be classified as a rental item or a purchased item. A DME rental item is billed on a monthly basis for a specific period of months, after which time the item is considered paid up to our *allowance*. Our *allowance* for a rental DME item will never exceed our *allowance* for a DME purchased item.

*Preauthorization* is recommended for certain rental and purchased items. Repairs and supplies to rental equipment are included in our rental *allowance*. *Preauthorization* is recommended for replacement and repairs of purchased *durable medical equipment*.

We will cover the following *durable medical equipment* subject to our guidelines:

- Wheelchairs, hospital beds, and other *durable medical equipment* used only for medical treatment;
- Replacement of purchased equipment which is needed due to a change in your medical condition (replacement of covered *durable medical equipment* will be allowed only if there is a change in your medical condition or if the device is not functional, no longer under warranty, and cannot be repaired).

## **Medical Supplies**

We will cover the following *medical supplies* subject to our guidelines:

- Essential accessories such as hoses, tubes and mouthpieces for use with *medically necessary durable medical equipment* (these accessories are included as part of the rental allowance for rented equipment);
- Catheters, colostomy and ileostomy supplies, irrigation trays and surgical dressings; and
- Respiratory therapy equipment solutions.

*Medical supplies* provided during an office visit are included in our office visit *allowance*.

## **Prosthetic Devices**

This *agreement* provides coverage per Rhode Island General Law. We will cover the following *prosthetic devices* subject to our guidelines:

- Prosthetic appliances such as artificial limbs, breasts, larynxes and eyes, including the replacement or adjustment of these appliances (replacement of a covered device will be allowed only if there is a change in your medical condition or if the device is not functional, no longer under warranty and cannot be repaired);
- Devices, accessories, batteries and supplies necessary for attachment to and operation of *prosthetic devices*;
- Orthopedic braces (except corrective shoes and orthotic devices used in connection with footwear); and
- Initial and subsequent *prosthetic devices* following a mastectomy and following an order of a physician or surgeon.

This *agreement* provides *benefits* for mastectomy-related prosthetics in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Laws 27-20-29 et seq. See Section 3.34 - Surgery Services - Mastectomy.

### **Related Exclusions**

Items typically found in the home that do not need a prescription and are easily obtainable such as, but not limited to, adhesive bandages, elastic bandages, gauze pads, and alcohol swabs are NOT covered under this *agreement*.

This *agreement* does not cover *durable medical equipment* and *medical supplies* prescribed primarily for the convenience of the *member* or the *member's* family, including but not limited to, duplicate *durable medical equipment* or *medical supplies* for use in multiple locations or any *durable medical equipment* or *medical supplies* used primarily to assist a caregiver.

This *agreement* does not cover replacement of *durable medical equipment* and *prosthetic devices* prescribed because of a desire for new equipment or new technology. This *agreement* covers the basic item necessary to meet the typical functional need of the average person. "Deluxe" or "enhanced" equipment is not covered.

This *agreement* does NOT cover *durable medical equipment* that does not directly improve the function of the *member*.

*Medical supplies* provided during an office visit are included in our *allowance* for an office visit.

This *agreement* does NOT cover pillows or batteries, except when used for the operation of a covered prosthetic device, or items whose sole function is to improve the quality of life or mental well being. See Section 4.29 for a list of personal appearance and service items NOT covered by this *agreement*.

This *agreement* does NOT cover repair or replacement of *durable medical equipment* when the equipment is under warranty, covered by the manufacturer, or during the rental period. This *agreement* does NOT cover repair *charges* to repair rental items.

### **Enteral formulas or food (enteral nutrition)**

Enteral formula or food is nutrition that is absorbed through the intestinal tract, whether delivered through a tube for feeding or taken orally. The amount that you pay differs depending on whether the enteral formula or food is the sole source of nutrition delivered through a feeding tube or taken orally.

This *agreement* provides coverage for enteral formula and supplies to administer enteral formula when it is delivered through a feeding tube and is the sole source of nutrition. See the Summary of Medical Benefits for the amount that you pay.

In accordance with Rhode Island General Law §27-20-56, this *agreement* covers *medically necessary* enteral formula taken orally for the treatment of malabsorption caused by Crohn's disease, ulcerative colitis, gastroesophageal reflux, chronic intestinal pseudo obstruction, and inherited diseases of amino acids and organic acids. Enteral formula is covered when a *doctor* has issued a written order and must be for home use. Also, food products modified to be low protein are covered for the treatment of inherited diseases of amino acids and organic acids. *Preauthorization* is recommended.

We will provide coverage for enteral formula up to the *maximum benefit*. You are responsible for paying the full amount due to the *provider*. If the full amount due to the *provider* is more than the *maximum benefit*, you are responsible for paying any difference. See Section 7.1 - How to File a *Claim*. We will reimburse the lesser of the *provider's charges* or the *maximum benefit* amount shown in the Summary of Medical Benefits. The *benefit limit* and the amount that you pay will apply as shown in the Summary of Medical Benefits.

### **Related Exclusions**

This *agreement* does not provide coverage for enteral formula taken orally without a written order from the *doctor* and unless for the treatment of the conditions listed above. This *agreement* does not cover enteral formula taken orally unless for home use. Modified low protein food products are not covered unless for the treatment of the conditions listed above.

### **Hair Prosthetics (Wigs)**

In accordance with Rhode Island General Law § 27-20-54, hair prosthetics (wigs) worn for hair loss suffered as a result of cancer treatment are covered up to the *maximum benefit limit* listed in the Summary of Medical Benefits.

We will provide coverage up to the *maximum benefit*. You are responsible for paying the full amount due to the *provider*. If the full amount due to the *provider* is more than the *maximum benefit*, you are responsible for paying any difference. See Section

7.1- How to File a *Claim*. We will reimburse the lesser of the *provider's charges* or the *maximum benefit* amount shown in the Summary of Medical Benefits.

### **Related Exclusions**

This *agreement* does NOT cover hair prosthetics (wigs) when worn for any condition other than hair loss suffered as a result of cancer treatment.

## **3.9 Education**

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### **Asthma Education**

*Medically necessary* asthma education sessions are covered when the service is prescribed by a physician and performed by a certified asthma educator. The asthma education session can be rendered in a *doctor's* office, *outpatient* department of a *hospital*, or in a *hospital* based clinic.

Other asthma related *covered health care services* including, but not limited to, office visits rendered by a *provider* (other than a certified asthma educator), medical equipment and supplies, and prescription drugs are subject to the benefit rules that apply to the specific services. For information about office visits, see Section 3.23 - Office Visits. For medical equipment and supplies, see Section 3.8 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay. For prescription drugs, see the Pharmacy Benefits Section 3.27 and the Summary of Pharmacy Benefits.

## **3.10 Early Intervention Services (EIS)**

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In accordance with Rhode Island General Law §27-20-50, this *agreement* provides coverage for Early Intervention Service. Early Intervention Services are educational, developmental, health, and social services provided to children from birth to thirty-six (36) months. The children must have been certified by the Rhode Island Department of Human Services to enroll in an approved Early Intervention Services *program*. Services must be provided by a licensed Early Intervention *provider* and rendered to a Rhode Island resident. We cover Early Intervention Services as defined by the Rhode Island Department of Human Services including, but not limited to, the following:

- speech and language therapy;
- physical and occupational therapy;
- evaluation;
- case management;
- nutrition;
- service plan development and review;
- nursing services; and
- assistive technology services and devices.

See the Summary of Medical Benefits for the *maximum benefit limit* and the amount that you pay.

### **Related Exclusions**

This *agreement* does NOT cover early intervention services when the services:

- are provided by a non-licensed early intervention *provider*; or
- the services are rendered to a non-Rhode Island resident.

### **3.11 Experimental/Investigational Services**

This *agreement* only provides coverage for certain *experimental/investigational* services as required by:

- Rhode Island General Laws Sections § 27-20-60 entitled “Coverage for individuals participating in approved clinical trials”, and
- Rhode Island General Laws Title 27, Chapter 55, entitled “Off Label Use of Prescription Drugs”.

In accordance with Rhode Island General Law §27-20-60, this *agreement* provides coverage for *members* participating in approved clinical trials.

You are qualified to participate in a clinical trial if:

- you are eligible , according to the trial protocol, and
- a *network provider* has concluded that your participation would be appropriate; or
- you provide medical and scientific information establishing that your participation in such trial would be appropriate.

RIGL § 27-20-60 describes what an approved clinical trial is. In summary, it means a phase I, phase II, phase III, or phase IV clinical trial that is being done to prevent, detect or treat cancer or a life-threatening disease or condition (a disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted).

To qualify to be a clinical trial it must:

- be federally funded, or
- be conducted under an investigational new drug application reviewed by the Food and Drug Administration, or
- be a drug trial that is exempt from having such an investigational new drug application.

If a *network provider* is participating in a clinical trial, and the trial is being conducted in the State in which you reside, then you may be required to participate in the trial through the *network provider*.



Coverage under this *agreement* includes routine patient costs for *covered health care services* furnished in connection with participation in the trial. These include *covered health care services* that are typically covered for a patient who is not enrolled in a clinical trial.

The amount you pay for is based on the type of service. For information about office visits, see Section 3.23 - Office Visits. For surgical procedures see Section 3.34 - Surgery Services. For lab, radiology, and machine tests see Section 3.35 - Tests, Imaging, and Labs. See the Summary of Medical Benefits for *benefit limits*. For prescription drugs, see Section 3.27.

In a clinical trial, this *agreement* does not cover:

- the investigational item, device, or service itself; or
- items or services provided solely to satisfy data collection and that are not used in the direct clinical management; or
- a service that is clearly inconsistent with widely accepted standards of care.

RIGL § 27-55 explains how coverage under this *agreement* is available for off label prescription drugs for cancer if the prescription drug is recognized as a treatment for cancer in accepted medical literature.

### **Related Exclusions**

This *agreement* does NOT cover any treatments, procedures, facilities, equipment, drugs, devices, supplies, or services that are *experimental* or *investigative* except as described above.

Treatments, procedures, facilities, equipment, drugs, devices, supplies, or services will be recognized as having been proven effective in clinical medicine only if one of the following apply:

- Final approval for the use of a specific service for a specific condition from the appropriate governmental regulatory body; OR
- Demonstrated, reliable evidence based upon an entry in at least one of the three standard reference compendia (shown in this Section 3.11); OR
- Sound scientific studies published in authoritative, peer reviewed medical journals that:
  - show statistically significant outcomes about the effectiveness of the service, and
  - permit a consensus of opinion that the service improves the *member's* net health outcome, and
  - show it is as beneficial as any established alternatives, and
  - show that the improvement is attainable outside the *investigational* setting; OR
- The determination by an expert medical consultant retained by us, for the purpose of reviewing a particular service, that the service is not *experimental/investigational* for that particular *member's* case.

A service is considered *experimental/investigational*, and therefore excluded, if one or more of the following circumstances are true:

- The service is the subject of ongoing Phase I or Phase II clinical trial or is the *experimental* arm of Phase III clinical trial ,except as described above;
- Is under study to determine the maximum tolerated dose, its toxicity, its safety, its efficacy, or its efficacy as compared with a standard means of treatment or diagnosis; or-
- The prevailing opinion among experts about the service is that further studies or clinical trials are necessary to determine its maximum tolerated dose, its toxicity, its safety, its efficacy, or its efficacy as compared with the standard means of treatment or diagnosis; or
- The current belief in the pertinent specialty of the medical profession in the United States is that the service or supply should not be used for the diagnosis or indications being requested outside of clinical trials or other research settings because it requires further evaluation for that diagnosis or indications. We will determine the applicability of this criterion based on:
  - Published reports in authoritative, peer-reviewed medical literature; AND
  - Reports, publications, evaluations, and other sources published by government agencies, such as the National Institutes of Health, the FDA, and the Agency for Healthcare Research and Quality; or
- If the benefit in question is a drug, a device, or other supply that is subject to approval by the FDA, and at least one of the following criteria apply:
  - it has not received FDA approval; or
  - it has limited FDA approval under regulations such as Treatment Investigational New Drugs; or
  - it has FDA approval but the indication for the drug or device, or the dosage, is not an accepted off-label use. We will judge this criterion through review of reports published in authoritative peer-reviewed United States medical literature OR entries in one or more of the following drug compendia:
    - i. The AMA Drug Evaluations;
    - ii. The American Hospital Formulary Service Drug Information;
    - iii. The U.S. Pharmacopoeia Dispensing Information; or
- The Institutional Review Board (IRB) of the *provider* of the service or supply acknowledges that use of it is *experimental/investigational* and is subject to the approval of the IRB; or
- The *provider* IRB requires the patient (or parent or guardian) to give an informed consent for the service or supply that states the service or supply is *experimental/investigational*, or federal law requires such a consent; or
- The research protocols related to the requested service or supply state or show the service or supply is *experimental/investigational*.

We will make a determination whether a service is *experimental/investigational*. If you disagree with our determination, you have the right to appeal or to take legal action as described in Section 7.0.

### **3.12 Hearing Services**

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#### **Hearing exams**

*Medically necessary* hearing exams are covered. Audiologists may perform a hearing test.

#### **Hearing tests (diagnostic)**

Diagnostic hearing tests (such as audiometric hearing tests) are covered under this *agreement*.

#### **Hearing Aid**

This *agreement* provides hearing aid coverage, in accordance with Rhode Island General Law § 27-20-46, for covered *members* up to the *maximum benefit limit* listed in the Summary of Medical Benefits.

We will provide coverage up to the *maximum benefit*. You are responsible for paying the full amount due to the *provider*. If the full amount due to the *provider* is more than the *maximum benefit*, you are responsible for paying any difference. See Section 7.1- How to File a *Claim*. We will reimburse the lesser of the *provider's charges* or the *maximum benefit* amount shown in the Summary of Medical Benefits.

#### **Related Exclusions**

Hearing aid coverage does NOT include batteries, repairs, modifications, cords, and other assistive listening devices.

### **3.13 Hemophilia Services**

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#### **Outpatient/In a Doctor's Office**

We cover the following *medically necessary* services for treatment of hemophilia:

- yearly evaluation;
- office visits;
- hemophilia *outpatient* physical therapy; and
- supplies.

For information about coverage for prescription drugs, including but not limited to clotting factor drugs, see the Section 3.27, the Pharmacy Benefit section and the Summary of Pharmacy Benefits.

### **3.14 Home Health Care**

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#### **In Your Home**

If you qualify to receive health care at home, we cover home health care services provided by a *hospital's* home health care agency or community home health care agency.

We cover the following *medically necessary* services:

- nurse services;
- services of a home health aide;
- visits from a social worker; and
- physical and occupational therapy.

For information about *doctor* home and office visits see Section 3.23 - Office Visits. For home care equipment and supplies, see Section 3.8 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. For radiation therapy or chemotherapy services, see Section 3.30 - Radiation Therapy/Chemotherapy Services. For prescription drugs, see the Pharmacy Benefits Section 3.27 and the Summary of Pharmacy Benefits.

### **Related Exclusions**

This *agreement* does NOT cover:

- any homemaking, companion, or chronic (custodial) care services;
- the services of a personal care attendant;
- *charges* for private duty nursing when primary duties are limited to bathing, feeding, exercising, homemaking, giving oral prescription drugs or acting as a companion; OR
- services of a private nurse who is a *member* of your home or the cost of any care provided by one of your relatives (by blood, marriage, or adoption).

## **3.15 Hospice Care**

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### **Inpatient**

If you have a terminal illness and you agree with your *doctor* not to continue with a curative treatment *program*, we cover *inpatient* hospice care admissions to an approved hospice care *provider*.

### **Related Exclusions**

This *agreement* does NOT cover custodial care, respite care, day care, or care in a facility that is not approved by us. See Section 4.6. Facilities We Have Not Approved.

### **In Your Home**

If you have a terminal illness and you agree with your *doctor* not to continue with a curative treatment *program*, we cover some hospice care services provided by a hospice care *program*, such as:

- services of a hospice coordinator billed by the hospice care *program*;
- services of grief counselors and pastoral care;

- services of a social worker;
- services of a nurse; and
- services of a home health aide.

For information about *doctor* home and office visits, see Section 3.23 - Office Visits. For hospice care equipment and supplies, see Section 3.8 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices.

For prescription drugs, see the Pharmacy Benefits Section 3.27 and the Summary of Pharmacy Benefits.

### **3.16 Hospital Emergency Room Services**

We cover *hospital* emergency room services only for an *emergency*. See Section 8.0 for the definition of an *emergency*. If your condition needs immediate or urgent, but non-*emergency* care, contact your *doctor* or use an *urgent care center*.

If you have an accident or medical *emergency* that needs emergency room services and your first visit to the emergency room occurs within twenty-four (24) hours of the accident or onset of symptoms, we cover the *hospital* emergency room services and the *doctor's* services.

Bandages, crutches, canes, collars, and other supplies incidental to your treatment in the emergency room are covered as part of our *allowance* for the emergency room services.

When physician services are rendered in the emergency room, other than the emergency room physician examination, the amount that you pay is based on the type of service being rendered. For surgery services (including but not limited to sutures, fracture care, and other surgical procedures), see Section 3.34 - Surgery Services. For a specialist exam, see Section 3.23 - Office Visits. For diagnostic imaging, lab and machine tests see Section 3.35. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay for each type of service.

If you are admitted to a *non-network hospital* from the emergency room to receive *inpatient* services call our Customer Service Department at (401) 459-5000 or 1-800-639-2227 with any questions you have about your coverage.

Suture removal, performed where the original *emergency* services were received, is covered as part of our *allowance* for the original *emergency* treatment. We will ONLY cover a separate charge for suture removal if the suturing and suture removal are performed at different locations (i.e. sutures at emergency room and suture removal at *doctor's* office).

#### **Related Exclusions**

This *agreement* does NOT cover:

- *hospital* or other facility's services for treatment received in an emergency room for a non-*emergency* condition;
- follow-up visits to the emergency room;
- dental injuries incurred as a result of biting or chewing; or

### **3.17 Human Leukocyte Antigen Testing**

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In accordance with Rhode Island General Law §27-20-36, we cover human leukocyte antigen testing for A, B, and DR antigens once per *member* per lifetime for utilization in bone marrow transplantation. The testing must be performed in a facility which is:

- accredited by the American Association of Blood Banks or its successors; and
- licensed under the Clinical Laboratory Improvement Act as it may be amended from time to time.

At the time of testing, the person being tested must complete and sign an informed consent form which also authorizes the results of the test to be used for participation in the National Marrow Donor *program*.

### **3.18 Infertility Services**

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#### **Inpatient/Outpatient/In a Doctor's Office**

In accordance with Rhode Island General Law §27-20-20, this *agreement* provides coverage for *medically necessary* services for the diagnosis and treatment of infertility. We cover donor gametes if provided through a *program*. We only cover these services if you are:

- married; (according to the statutes of the state in which you were married);
- unable to conceive or sustain a pregnancy during a one (1) year period; AND
- a presumably healthy individual.

Infertility services are covered up to the *benefit limit* as shown in the Summary of Medical Benefits. Infertility prescription drug coverage is based on the route of administration and site of service. For information about prescription drugs, see Section 3.27 Pharmacy Benefits and the Summary of Pharmacy Benefits.

#### **Related Exclusions**

This *agreement* does NOT cover infertility treatment for a person that previously had a voluntary sterilization procedure.

### **3.19 Infusion Therapy**

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#### **Inpatient**

*Inpatient* infusion therapy services are covered as a *hospital service*. See Section 8.0- - definition of *hospital services*.

## **Outpatient**

If you receive infusion therapy services in a *hospital's outpatient* unit, we cover the use of the treatment room, related supplies, and solutions. For prescription drug coverage, see Section 3.27 Pharmacy Benefits and the Summary of Pharmacy Benefits.

## **In a Doctor's Office**

If you receive infusion therapy services in a *doctor's* office, we cover the related supplies and solutions. For prescription drug coverage, see Section 3.27 - Pharmacy Benefits and the Summary of Pharmacy Benefits.

## **In Your Home**

We cover the following infusion therapy services as part of our *allowance* for home infusion therapy services when provided by an agency approved by us:

- nursing visits;
- administration of infusions for therapeutic delivery of drugs, biologicals, and hydration;
- infusions for total parenteral nutrition (including the infused TPN);
- related equipment; and
- supplies.

For information about *doctor* home and office visits see Section 3.23 - Office Visits. For home care equipment and supplies, see Section 3.8 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. For radiation therapy or chemotherapy services, see Section 3.30 - Radiation Therapy/Chemotherapy Services. For prescription drugs, see the Summary of Pharmacy Benefits.

### **Related Exclusions**

This *agreement* does NOT cover any homemaking, companion, or chronic (custodial) care services.

## **3.20 Inpatient Hospital Services**

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### **Inpatient**

#### **Semi-Private Room Charges/Days of Hospital Coverage**

We cover *hospital services* in a ward or *semi-private room* in a *general hospital* for medical or surgical services.

If you are readmitted to the same or any other *hospital*, within ninety (90) days after the date of a previous discharge, we will consider these admissions to fall within the same period of hospitalization.

If you are readmitted after ninety (90) days, we consider this to be a new period of hospitalization for the purpose of determining the *hospital days* available to you.

### **Related Exclusions**

This *agreement* does NOT cover:

- extra *charges* for a private room;
- the dental services that are performed with covered *hospital services* or with covered *free-standing ambulatory surgi-center services* (see Section 4.16 for a list of excluded dental services).

### **3.21 Inpatient Doctors' Hospital Visits**

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For coverage of surgeons, see Section 3.34 - Surgery Services.

If you are admitted to a *general hospital* as an *inpatient* for a medical condition, we cover the services of a *doctor* in charge of your medical care, up to one (1) visit per day.

If you are admitted for surgical, obstetrical, or radiation services, our *allowance* to the *doctors* who performed your surgery, delivered your child, or supervised your radiation includes payment for all your related *hospital visits* by these *doctors* during your admission.

If, while you are in the *hospital*, the attending *doctor* in charge of your care asks for the assistance of a *doctor* who has special skills and knowledge to diagnose your condition, we cover a consultation performed by a specialist. The transferring of a patient from one *doctor* to another is not considered to be a consultation. A specialized *doctor* who then treats you as his or her patient is not considered to be a consultant

If you need *inpatient* specialty care for a condition that requires skills the *doctor* in charge of your care does not have, we will cover specialist visits as *medically necessary*.

### **3.22 Inpatient Rehabilitation Facility**

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Coverage for physical rehabilitation services received in a *specialty hospital* or in a *general hospital* is limited to the number of days shown in the Summary of Medical Benefits. *Preauthorization* is recommended for this service.

If you are readmitted to the same or any other *hospital*, within ninety (90) days after the date of a previous discharge, we will consider these admissions to fall within the same period of hospitalization.

If you are readmitted after ninety (90) days, we consider this to be a new period of hospitalization for the purpose of determining the *hospital days* available to you.



### **Related Exclusions**

This *agreement* does NOT cover:

- extra *charges* for a private room.

### **3.23 Office Visits**

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We cover medically *necessary* office visits provided they are reasonable in number and in the scope of the services rendered for the following:

- office visits to *personal care physicians*;
- office visits to specialists;
- routine examinations;
- consultations;
- medication visits for *outpatient* mental illness; or
- office visits to oral and maxillofacial surgeons (OMS) for medical conditions.

See the Summary of Medical Benefits for *benefit limits* and the amount that you pay. For prescription drug coverage, see Section 3.27 and Pharmacy Benefits.

Your office visit *copayment* to your *personal care physician* differs depending on whether your *personal care physician* practices with a *patient centered medical home* (PCMH) care model that is recognized by us.

### **Hospital Based Clinic Visits**

Other *covered health care services* provided by a clinic, such as physical therapy or occupational therapy, are subject to the benefit rules that apply to the specific service.

### **House Calls**

We cover *doctor* visits in your home if you have a condition due to an injury or illness which:

- confines you to your home;
- requires special transportation; or
- requires the help of another person.

### **In a Doctor's Office**

Our *allowance* for an office visit includes *medical supplies* provided as part of the office visit. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay for each service.

When physician services are rendered in a *doctor's* office, other than an office visit examination, the amount that you pay is based on the type of service being rendered. For surgical services (including but not limited to sutures, fracture care, and other surgical procedures) see Section 3.43 - Surgery Services. For diagnostic imaging, lab and machine tests see Section 3.35.

### **Obstetrical or Gynecological Care**

You do not need *preauthorization* from us or from any other person (including a *personal care physician*) in order to obtain access to obstetrical or gynecological care from a *network doctor* who specializes in obstetrics or gynecology. Your *doctor*, however, may be required to comply with certain procedures, including obtaining *preauthorization* for certain services. For a list of *network* physicians who specialize in obstetrics or gynecology, contact our Customer Service Department.

When physician services are rendered in a *doctor's* office, other than an office visit examination, the amount that you pay is based on the type of service being rendered. For surgical services (including but not limited to sutures, fracture care, and other surgical procedures) see Section 3.34 Surgery Services. For diagnostic imaging, lab, and machine tests see Section 3.35.

### **Related Exclusions**

Physical examinations and any services performed in conjunction with the exams (including, but not limited to, lab tests, machine tests, or immunizations) are NOT covered when the services are needed for or related to employment, education, marriage, adoption, insurance purposes or when required by similar third parties.

This *agreement* does NOT cover routine foot care including the treatment of corns, bunions (except capsular or bone surgery) calluses, the trimming of nails, the treatment of simple ingrown nails and other preventive hygienic procedures, except when performed to treat diabetic related nerve and circulation disorders of the feet.

This *agreement* does NOT cover the treatment of flat feet unless the treatment is surgical. Corrective or orthopedic shoes and orthotic devices used in connection with footwear are NOT covered unless for the treatment of diabetes.

### **3.24 Organ Transplants**

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We cover transplants for heart, heart-lung, lung, liver, small intestine-pancreas, kidney, cornea, small bowel, and bone marrow transplants.

Allogenic bone marrow transplant *covered health care services* include medical and surgical services for the matching participant donor and the recipient. However, Human Leukocyte Antigen testing is covered as indicated in the Summary of Medical Benefits, subject to certain conditions. For details see Section 3.17 - Human Leukocyte Antigen Testing.

*Medically necessary* high dose chemotherapy and radiation services related to autologous bone marrow transplantation is limited. See definition of *Experimental/Investigational* – Section 3.11. .

To the extent that coverage for bone marrow or stem cell transplantation is more limited than the coverage required by "New Cancer Therapies", the applicable provisions of the Rhode Island Laws shall govern. See Section 3.11 for the definition of *experimental/investigational* services.

The national transplant network *program* is called the Blue Distinction Centers for Transplants<sup>SM</sup>. For more information about the Blue Distinction Centers for Transplants<sup>SM</sup> call our Case Management Department at 1-401-459-2273 or 1-888-727-2300 ext. 2273.

When the recipient is a covered *member* under this *agreement*, we also cover:

- obtaining donated organs (including removal from a cadaver);
- donor medical and surgical expenses related to obtaining the organ that are integral to the harvesting or directly related to the donation and limited to treatment occurring during the same stay as the harvesting and treatment received during standard post-operative care; and
- transportation of the organ from donor to the recipient.

The amount you pay for transplant services for the recipient and eligible donor is based on the type of service. For information about office visits see Section 3.23 - Office Visits. For surgical procedures see Section 3.34 - Surgery Services. For lab, radiology, and machine tests see Section 3.35 - Tests, Imaging, and Labs. See the Summary of Medical Benefits for *benefit limits*. For prescription drugs, see Section 3.27 and Pharmacy Benefits.

### **Related Exclusions**

This *agreement* does NOT cover:

- services or supplies related to an excluded transplant procedure;
- medical services of the donor that are not directly related to the organ transplant;
- drives and related expenses to find a donor;
- services related to obtaining, storing, or other services performed for the potential future use of umbilical cord blood;
- noncadaveric small bowel transplants;
- services related to donor searches for allogenic bone marrow transplants; and
- the donation-related medical and surgical expenses of a donor when the recipient is NOT covered as a *member*.

### **3.25 Physical/Occupational Therapy**

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Physical and occupational therapy is covered only when:

- a *program* is implemented to restore or attain a higher level of independent functioning or new skills in the most timely manner possible;;
- physical or occupational therapy is received from a licensed physical or occupational therapist;
- physical or occupational therapy is ordered by a *doctor*;
- the therapy will result in significant, sustained measurable functional or skill status given your condition; and
- such improvement will not diminish with the removal of the therapeutic agent or environment.

*Preauthorization* is recommended for the eleventh and subsequent visit.

#### **Inpatient**

*Medically necessary inpatient* physical or occupational therapy is covered as a *hospital service*. See Section 8.0.

#### **Outpatient/In a Doctor's or Therapist's Office**

We cover *medically necessary* physical and occupational therapy services.

#### **In Your Home**

This *agreement* does NOT cover physical or occupational therapy services received in your home unless received through a home care *program*. See Section 3.14 - Home Health Care.

#### **In a Doctor's/Therapist's Office**

Physical or occupational therapy services received in a *doctor's/therapist's* office are covered. See the Summary of Medical Benefits for *benefit limits* and level of coverage.

#### **Related Exclusions**

This *agreement* does NOT cover:

- services rendered by a massage therapist,
- hippotherapy,
- *maintenance services* unless it is a habilitative service that helps a person keep, learn or improve skills and functioning for daily living.
- educational classes.

This *agreement* does NOT cover these services if another entity or agency which provides services for the health of school children or children with disabilities is responsible for such services under state or federal laws. (See generally, Title 16, Chapters 21, 24, 25 and 26 of the Rhode Island General Laws. See also applicable regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law.)

### **3.26 Pregnancy Services and Nursery Care**

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If you are covered as an individual under this *agreement* you must notify us and pay the appropriate family membership fee within thirty-one (31) days of delivery so that the newborn child will be covered beyond such thirty-one (31) day period. This *agreement* does not cover services for a newborn child who remains hospitalized after thirty-one (31) days and has not been added to a family membership. See Section 2.2 - When You Can Enroll and Make Changes - Special Enrollment.

#### **Statement of Rights Under the Newborns' and Mothers' Health Protection Act**

Under federal law, group health plans and health insurance issuers offering group health insurance coverage generally may not restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a delivery by cesarean section. However, the plan or issuer may pay for a shorter stay if the attending *provider* (e.g., your physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or newborn earlier.

Also, under federal law, plans and issuers may not set the level of benefits or out-of-pocket costs so that any later portion of the 48-hour (or 96-hour) stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay.

In addition, a plan or issuer may not, under federal law, require that a physician or other health care *provider* obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours).

#### **Inpatient**

In accordance with Rhode Island General Law §27-20-17.1, this *agreement* covers a minimum *inpatient hospital* stay of forty-eight (48) hours from the time of a vaginal delivery and ninety-six (96) hours from the time of a cesarean delivery.

- If the delivery occurs in a *hospital*, the hospital length of stay for the mother or newborn child begins at the time of delivery (or in the case of multiple births, at the time of the last delivery).
- If the delivery occurs outside a *hospital*, the *hospital* length of stay begins at the time the mother or newborn is admitted as a *hospital* in connection with childbirth.

Any decision to shorten these stays shall be made by the attending physician in consultation with and upon *agreement* with you. In those instances where you and your infant participate in an early discharge, you will be eligible for:

- Up to two (2) home care visits by a skilled, specially trained registered nurse for you and/or your infant, (any additional visits must be reviewed for medical necessity); and
- A pediatric office visit within twenty-four (24) hours after discharge.

See Section 3.23 - Office Visits for coverage of home and office visits.

We cover *hospital services* provided to you and your newborn child. Your newborn child is covered for services required to treat injury or sickness. This includes the necessary care and treatment of medically diagnosed congenital defects and birth abnormalities as well as routine well-baby care.

### **Related Exclusions**

This *agreement* does NOT cover preimplantation genetic diagnosis (embryo screening) or parentage testing. This *agreement* does NOT cover amniocentesis or any other service used to determine the sex of an infant before it is born.

### **Doctor Services**

We cover *doctor services* (including the services of a licensed midwife) for prenatal, delivery, and postpartum services. If a *doctor* and midwife provide pregnancy services, the *charges* will be combined and covered up to our *allowance*. We will not cover more than our *allowance*.

The first office visit to diagnose pregnancy is not included in prenatal services. Office visits to an obstetrician or midwife that are not related to pregnancy are not included in prenatal services. Both are covered as an office visit. See Section 3.23 - Office Visits.

## **3.27 Prescription Drugs and Diabetic Equipment/Supplies**

### **Definitions**

The following definitions apply to this section. Definitions that are not specific to these sections (such as *copayment* and *deductible*) are found in Section 8.0 – Glossary.

***DISPENSING GUIDELINES*** means:

- the prescription order or refill must be limited to the quantities authorized by your *doctor* not to exceed the quantity listed in the Summary of Pharmacy Benefits;
- the prescription must be *medically necessary*, consistent with the *doctor's* diagnosis, ordered by a *doctor* whose license allows him or her to order it, filled at a pharmacy whose license allows such a prescription to be filled, and filled according to state and federal laws;

- the prescription must consist of *legend drugs* that require a *doctor's* prescription under law or compound medications made up of at least one *legend drug* requiring a *doctor's* prescription under law; and
- the prescription must be dispensed at the proper place of service as determined by our Pharmacy and Therapeutics Committee. For example, certain prescription drugs may only be covered when obtained from a pharmacy.

Quantity limits may apply to certain prescription drugs:

- certain prescription drugs are subject to additional quantity limits based on criteria that we have developed, subject to our periodic review and modification.
- quantity limits may restrict the amount of pills dispensed per 30 day period, the number of prescriptions orders or refills in a specified time period, or the number of prescriptions orders or refills ordered by a *provider* or multiple *providers*;
- You may obtain a current list of prescription drugs that have been assigned maximum quantity levels for dispensing by visiting our Web site at BCBSRI.com or calling our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

**FORMULARY** means the prescription drugs and dosage forms covered under this *agreement*. Some prescription drugs are not in the *formulary*. If a prescription drug is not in our *formulary*, then it is not covered under this *agreement*. A committee of local physicians and pharmacists, set up by us, develop the prescription drug *formulary* listing which is subject to periodic review and is subject to change. The committee decides the tier placement of drugs in the *formulary*, which determines the amount you will pay. To obtain coverage information for a specific prescription drug or to get a copy of the most current *formulary* listing, visit our Web site at BCBSRI.com. or you may call our Customer Service Department at (401) 459-5000 or 1-800-639-2227 for information.

**LEGEND DRUG** is a drug that federal law does not allow the dispensing of without a prescription.

**NETWORK PHARMACY** means any pharmacy that has an agreement to accept our *pharmacy allowance* for prescription drugs and diabetic equipment/supplies covered under this *agreement*. All other pharmacies are **NON-NETWORK PHARMACIES**. The one exception and for the purpose of *specialty prescription drugs*, only specialty pharmacies that have an agreement to accept our *pharmacy allowance* are *network pharmacies* and all others pharmacies are *non-network pharmacies*.

**PHARMACY ALLOWANCE** means the lower of:

- the amount the pharmacy *charges* for the prescription drug;
- the amount we or our PBM have negotiated with a *network pharmacy*; or
- the maximum amount we pay any pharmacy for that prescription drug.

**PRESCRIPTION DRUG PREAUTHORIZATION** is the advance approval that must be obtained before we provide coverage for certain prescription drugs. *Prescription drug preauthorization* is not a guarantee of payment, as the process does not take *benefit limits* into account. The process for obtaining *prescription drug preauthorization* is described below.

You must ask the prescribing physician to request *prescription drug preauthorization* for certain preferred brand name and non-preferred brand name prescription drugs and certain specialty prescription drugs, if the specialty prescription drug is bought at a *network pharmacy*. If the specialty prescription drug is bought at a *non-network pharmacy*, *prescription drug preauthorization* is not required. For details see **Pharmacy Program for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy** listed below. Services for which *prescription drug preauthorization* is required are marked with a (+) symbol in the Summary of Pharmacy Benefits.

**SITE OF SERVICE** means, for the purposes of this *agreement*, the three types of pharmacies which include:

- retail pharmacies,
- specialty pharmacies, and
- mail order pharmacy.

**SPECIALTY PRESCRIPTION DRUG** is a type of prescription drug in our *formulary* that generally is identified by, but not limited to, features such as:

- being produced by DNA technology,
- treats chronic or long term disease,
- requires customized clinical monitoring and patient support, and
- needs special handling.

Generally, specialty pharmacies dispense *specialty prescription drugs*. Contact Customer Service for further details and information about *specialty prescription drugs* and specialty pharmacies. For the purposes of this *agreement*, we have designated certain prescribed prescription drugs to be *specialty prescription drugs* in our *formulary*. To obtain coverage information for any specific *specialty prescription drug* or to obtain a copy of the most current *formulary* listing, visit our Web site at BCBSRI.com. or you may call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

**TYPE OF SERVICE** means, for the purposes of this *agreement*, the two kinds of prescription drugs which are defined as:

- generic, preferred brand name, and non-preferred brand name prescription drugs; and
- *specialty prescription drugs*.



## Overview

Prescription drugs and diabetic equipment and supplies bought at a pharmacy are administered by our Pharmacy Benefit Manager (PBM). Prescription drugs bought at a pharmacy are subject to the *benefit limits* and level of coverage shown in the Summary of Pharmacy Benefits. For details, see section **A. Pharmacy Program for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy** listed below.

Generic, preferred brand name, and non-preferred brand name prescription drugs dispensed and administered by a licensed health care *provider* (other than a pharmacy) are subject to the *benefit limit* and level of coverage shown in the Summary of Medical Benefits. *Specialty prescription drugs* are not separately reimbursed when dispensed by a professional *provider* unless bought from a Specialty Pharmacy. For details, see section **B. Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs Dispensed and Administered by a Licensed Health Care Provider (other than a Pharmacy)** listed below.

### **A. Pharmacy Program for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy** **Introduction**

This section provides coverage information for prescription drugs in our *formulary* generic, preferred brand name, and non-preferred brand name prescription drugs, *specialty prescription drugs* and diabetic equipment and supplies that are bought at a pharmacy. Prescription drugs must be identified as covered under this *agreement* in our *formulary* and dispensed per our *dispensing guidelines* in order to be covered.

Generic, preferred brand name, and non-preferred brand name prescription drugs may be dispensed at a retail pharmacy, a specialty pharmacy, a mail order pharmacy, or by a *provider* other than a pharmacy. *Specialty prescription drugs* must be dispensed at a specialty pharmacy or a *non-network pharmacy*. If a professional *provider* dispenses a *specialty prescription drug*, it is not separately reimbursed unless obtained from a specialty pharmacy. The administration of the *specialty prescription drug* is covered.

For information about the administration of *specialty prescription drugs*, see Section 3.2 -Behavioral Health, Section 3.13 - Hemophilia Services, Section 3.14- Home Health Care, Section 3.18 -Infertility Services, Section 3.19- Infusion Therapy, Section 3.23- Office Visits, and Section 3.30 – Radiation Therapy/Chemotherapy Services.

If you are dispensed a *specialty prescription drug* from a Rhode Island *network provider*, the charge for the *specialty prescription drug* is not reimbursed and the Rhode Island *network provider* may not seek reimbursement from you. If you are dispensed a *specialty prescription drug* from a *non-network provider* or by a *provider* that participates with an out of state Blue Cross or Blue Shield plan, the charge for the *specialty prescription drug* is not reimbursed. You are liable to pay the charge for the *specialty prescription drug*.

Prescription drugs are reimbursed based on the *type of service* and the *site of service*. See the Summary of Pharmacy Benefits for *benefit limits* and the amount that you pay.

Coverage for prescription drugs is subject to the pharmacy program. The pharmacy program's *formulary* includes a five-tier *copayment* structure and requires *prescription drug preauthorization* for certain prescription drugs. It also includes dose optimization conditions. Each of these items is described in more detail below. Coverage is provided for prescription drugs bought at a pharmacy, per the terms, conditions, exclusions, and limitations of this *agreement*.

### **Five-Tier Copayment Structure**

This prescription drug plan *formulary* has a five-tiered *copayment* structure.

**First Tier:** generally includes *formulary* low cost preferred generic prescription drugs, which require the lowest *copayment*.

**Second Tier:** generally includes other certain *formulary* low cost preferred generic prescription drugs, which require a higher copayment than the First Tier.

**Third Tier:** generally includes *formulary* high cost non-preferred generic prescription drugs and preferred brand name prescription drugs, which require a higher *copayment*.

**Fourth Tier:** generally includes other *formulary* generic and non-preferred brand name drugs which require a higher *copayment* than the Third Tier.

**Fifth Tier:** generally includes *formulary specialty prescription drugs*, which require a *copayment*.

Our *formulary* lists generic, preferred brand name, and non-preferred brand name prescription drugs and *specialty prescription drugs* covered under this *agreement*. To obtain a copy of the most current *formulary* listing, visit our Web site at BCBSRI.com. or you may call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

See the Summary of Pharmacy Benefits for *benefit limits* and *level of coverage*.

### **Mail Order Pharmacy**

Maintenance and non-maintenance generic, preferred brand name, or non-preferred brand name prescription drugs and diabetic equipment and supplies may be bought from a *network* mail order pharmacy. The prescription is limited to the *benefit limit* and the amount that you pay shown in the Summary of Pharmacy Benefits. For mail order instructions, please call our Customer Service Department.

### **Covered Diabetic Equipment/Supplies**

The following diabetic equipment and supplies can be bought at a *network pharmacy*:

- Glucometers;
- Test Strips;

- Lancet and Lancet Devices; and
- Miscellaneous Supplies (including calibration fluid).

See the Summary of Pharmacy Benefits for *benefit limits* and the amount that you pay.

### **How Covered Prescription Drugs and Diabetic Supplies/Equipment Are Paid**

When you buy covered prescription drugs and diabetic equipment and supplies from a *network* pharmacy, you will be responsible for the *copayment* and *prescription drug deductible* (if any) shown in the Summary of Pharmacy Benefits at the time you buy the prescription drugs and diabetic equipment and supplies. Coverage is based on our *pharmacy allowance*.

This *agreement* does NOT cover generic, preferred brand name, and non-preferred brand name prescription drugs or diabetic equipment and supplies when bought at *non-network pharmacies*. If you buy generic, preferred brand name, and non-preferred brand name prescription drugs or diabetic equipment and supplies from *non-network pharmacies*, you will be responsible to pay the charge for the prescription drug or diabetic equipment and supplies at the time the prescription is filled.

If you buy *specialty prescription drugs* from a retail *network pharmacy* or a *non-network pharmacy*, you will be responsible to pay the charge for the *specialty prescription drug* at the time the prescription is filled. You may submit a *claim* to us and we will reimburse you directly. You will be responsible for the *copayment* shown in the Summary of Pharmacy Benefits and the difference between the *charge* and the *pharmacy allowance*. See Section 7.1 - How to File a *Claim*.

### **How to Obtain Prescription Drug Preauthorization**

*Prescription drug preauthorization* is required for certain brand name prescription drugs and *specialty prescription drugs*. To obtain *prescription drug preauthorization*, the prescribing *provider* must submit a completed *prescription drug preauthorization* request form.

The prescribing *provider* may obtain a *prescription drug preauthorization* form by visiting our Web site at BCBSRI.com or calling the Physician and Provider Service Center. *Preauthorization* requests may be submitted in one of the following ways:

- By fax, submit the form to Catamaran at 1-866-391-7222;
- By phone, contact Catamaran at 1-866-391-1164;
- By mail, send the completed form to:

Catamaran  
Prior Authorization  
P. O. Box 5252  
Lisle, IL 60532-5252

Prescription drugs that require *prescription drug preauthorization* will only be approved when our clinical guidelines are met. The guidelines are based upon clinically appropriate criteria that ensure that the prescription drug is appropriate and cost-effective for the illness, injury or condition for which it has been prescribed.

We will send to you written notification of the *prescription drug preauthorization* determination within two (2) business days of receipt of all medical documentation required to conduct the review, but not to exceed fourteen (14) calendar days from the receipt of the request.

**Note:** You may request an expedited review if the circumstances are an emergency. Due to the urgent nature of an expedited review, your prescribing *provider* must call 1-866-391-1164 or fax the completed form to 1-866-391-7222 and indicate the urgent nature of the request. If an expedited *preauthorization* review is received by us, we will respond to you with a determination within seventy two (72) hours or in less than seventy two (72) hours (taking into consideration medical exigencies) following receipt of the request.

If you have not obtained *prescription drug preauthorization* before you pick up the prescription drug from the pharmacy for the first time, you can ask us to consider reimbursement later. To do this, you must follow the *prescription drug preauthorization* process described above and submit your request for review, along with a copy of your receipt, within fifteen (15) days of picking up the prescription. If our clinical guidelines are met for the prescription drug, we will approve your *claim* to be reimbursed retroactively less the applicable *copayment* or *deductible*. If our clinical guidelines are not met for the prescription drug, you will be responsible for the cost of the prescription drug. If you are not satisfied with the *prescription drug preauthorization* determination, you can submit a Medical Appeal. See Section 7.3 for information on how to file a Medical Appeal.

To obtain a list of the *specialty prescription drugs* that require *prescription drug preauthorization*, visit our Web site at BCBSRI.com or call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

### **How to Obtain Dose Optimization**

Dose optimization is the most effective dose and measured quantity of a generic, preferred brand name, and non-preferred brand name prescription drug to be taken at one time. Under this *agreement*, certain generic, preferred brand name, and non-preferred brand name prescription drugs may NOT be covered if you are taking multiple daily doses of a prescription drug that is available to be taken once per day at a higher dose. To obtain a list of the prescription drugs subject to dose optimization, visit our Web Site at BCBSRI.com. Or, you may call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

When dose optimization applies, the *network pharmacy* will consult with your prescribing *provider* and with the prescribing *provider's* approval, the single daily dose of the prescription drug will be dispensed. If you choose to buy the multiple daily dose of the lower strength prescription drug, it will NOT be covered under this *agreement*.

If your prescribing *provider* deems it *medically necessary* that you continue to take multiple daily doses of a lower strength generic, preferred brand name, or non-preferred brand name prescription drug, *prescription drug preauthorization* is required and must be obtained before we provide coverage. To request *prescription drug preauthorization*, the prescribing *provider* must complete and submit a dose optimization authorization form. Coverage for multiple daily doses of a lower strength generic, preferred brand name, or non-preferred brand name prescription drug will only be approved when the dose optimization guidelines are met.

The prescribing *provider* may obtain a form by visiting our Web site at BCBSRI.com or calling the Physician and Provider Service Center. Requests may be submitted in one of the following ways:

- By fax, submit the form to Catamaran at 1-866-391-7222;
- By phone, contact Catamaran at 1-866-391-1164;
- By mail, send the completed form to:

Catamaran  
Prior Authorization  
P. O. Box 5252  
Lisle, IL 60532-5252

We will send to you written notification of the determination within two (2) business days of receipt of all medical documentation required to conduct the review, but not to exceed fourteen (14) calendar days from the receipt of the request.

**Note:** You may request an expedited review if the circumstances are an emergency. Due to the urgent nature of an expedited review, your prescribing *provider* must call 1-866-391-1164 or fax the completed form to 1-866-391-7222 and indicate the urgent nature of the request. If an expedited dose optimization review is received by us, we will respond to you with a determination within seventy two (72) hours or in less than seventy two (72) hours (taking into consideration medical exigencies) following receipt of the request.

If you have not obtained *prescription drug preauthorization* by submitting a dose optimization authorization form before you pick up the prescription drug from the pharmacy for the first time, you can ask us to consider reimbursement later. To do this, you must follow the *prescription drug preauthorization* process described above and submit your request for review, along with a copy of your receipt, within fifteen (15) days of picking up the prescription. If our clinical guidelines are met for the prescription drug, we will approve your *claim* to be reimbursed retroactively less the applicable *copayment* or *deductible*. If our clinical guidelines are not met for the prescription drug, you will be responsible for the cost of the prescription drug. If you are not satisfied with the *prescription drug preauthorization* determination, you can submit a Medical Appeal. See Section 7.3 for information on how to file a Medical Appeal.

## Formulary Exception Process

We have a *formulary* exception process that allows you to request coverage for a prescription drug that is not in our *formulary*. This process is available when (i) the requested prescription drug is NOT a generic equivalent of a *formulary* drug and your doctor determines that a *formulary* drug is not effective for you; or (ii) the requested non-formulary prescription drug has a generic equivalent and you have a clinical reason why you are unable to take the generic prescription drug (such as, you have had an adverse reaction to the generic medication). The process for obtaining an exception is described below.

For a *formulary* exception where the requested prescription drug is NOT a generic equivalent of a *formulary* drug the prescribing *provider* may obtain a Medical Exception Form by visiting our web site at BCBSRI.com or calling the Physician and Provider Service Center. Requests may be submitted in one of the following ways:

- By fax, submit the form to Catamaran at 1-866-391-7222;
- By phone, contact Catamaran at 1-866-391-1164;
- By mail, send the completed form to:

Catamaran  
Prior Authorization  
P. O. Box 5252  
Lisle, IL 60532-5252

For a *formulary* exception where the requested prescription drug has a generic equivalent, you or your prescribing provider submits a Formulary Exception Request form to our Grievance and Appeal Unit. The form will request medical information describing the clinical reason why you are unable to be treated with the generic medication. This form may be obtained from the Grievance and Appeals Unit. The GAU may be reached by phone at 401-459-5784.

The completed Formulary Exception Request form is mailed to:

Blue Cross & Blue Shield of Rhode Island  
Attention: Grievance and Appeals Unit  
500 Exchange Street  
Providence, Rhode Island 02903

For both types of formulary exceptions noted above, a written determination will be sent to you and to your doctor.

If we deny your request for a formulary exception, that denial is an *adverse benefit determination*. Please see Section 7.1 – Adverse Benefit Determinations for information on how to appeal our decision.

### **Restricted Pharmacy**

We may limit your selection of a pharmacy to one (1) *network pharmacy*. Those *members* subject to this restriction include, but are not limited to, *members* that have a history of:

- being prescribed prescription drugs by multiple physicians;
- having prescriptions drugs filled at multiple pharmacies;
- being prescribed certain long acting opioids and other controlled substances, either in combination or separately, that suggests a need for monitoring due to:
  - quantities dispensed;
  - daily dosage range; or
  - the duration of therapy exceeds reasonable and established thresholds.

### **Covered Over-the-Counter (OTC) Drugs**

In accordance with PPACA, certain preventive over-the-counter (OTC) drugs when prescribed by a physician are covered. To obtain a specific list of the OTC drugs that are covered, call our Customer Service Department or visit our website at [www.bcbsri.com](http://www.bcbsri.com).

### **Related Exclusions**

The following items are NOT covered when obtained at a pharmacy:

- biological products for allergen immunotherapy;
- biological products for vaccinations;
- blood fractions;
- compound prescription drugs that are not made up of at least one *legend drug*;
- prescription drugs prescribed or dispensed outside of our *dispensing guidelines*;
- prescription drugs indicated as being not covered on our *formulary*;
- prescription drugs purchased in excess of the stated quantity limits;
- prescription drugs that have not proven effective according to the FDA;
- prescription drugs used for cosmetic purposes;
- prescription drugs purchased from a non-designated pharmacy, if a pharmacy has been designated for you through the restricted pharmacy program;
- *experimental* prescription drugs (including those placed on notice of opportunity hearing status by the Federal Drug Efficacy Study Implementation (DESI));

- drugs you take or have given to you while you are a patient in a *hospital*, rest home, sanitarium, nursing home, home care *program*, or other institution that provides prescription drugs as part of its services or which operates its own facility for dispensing prescription drugs;
- non-medical substances (regardless of the reason prescribed, the intended use, or medical necessity);
- off-label use of prescription drugs (except as described in Section 3.11 *Experimental/Investigational Services*);
- over-the-counter (OTC) drugs even if prescribed, unless specifically listed as a *covered health care service* in this *agreement* (e.g., such as OTC nicotine replacement therapy in accordance with Rhode Island General Law 27-20-53 and PPACA);
- prescribed weight-loss drugs;
- OTC drugs designated as covered under this *agreement* for which you do not have a written prescription from your physician
- replacement prescription drug products resulting from a lost, stolen, broken or destroyed prescription order or refill;
- support garments and other *durable medical equipment*;
- therapeutic devices and appliances, including hypodermic needles and syringes (except when used to administer insulin);
- sildenafil citrate (Viagra) or any therapeutic equivalents; OR
- Vitamins, unless specifically listed as a *covered health care service* in this *agreement*.

This *agreement* will NOT cover a prescription drug refill if the refill is:

- greater than the refill number authorized by your *doctor*;
- greater than the twelve (12) refills we authorize;
- limited by law; or
- re-filled more than a year from the date of the original prescription.

The following are NOT covered when purchased from a *non-network pharmacy*:

- generic, preferred brand name, or non-preferred brand name prescription drugs; and
- diabetic equipment and supplies.

The following are NOT covered when purchased from a mail order pharmacy:

- long acting opioids and other controlled substances;
- nicotine replacement therapy; and
- *specialty prescription drugs*.

Certain specialty prescription drugs are only covered if:

- *prescription drug preauthorization* is obtained; and
- you agree to participate in health management programs.



Generic, preferred brand name, or non-preferred brand name prescription drugs and *specialty prescription drugs* are NOT covered when the required *prescription drug preauthorization* is not obtained.

Multiple daily doses of a generic, preferred brand name, or non-preferred brand name prescription drug are NOT covered when dose optimization conditions are not met.

Certain prescribed prescription drugs that have an over-the-counter equivalent (OTC) are NOT covered under this *agreement*. To obtain the list of OTC prescription drugs visit our Web site at BCBSRI.com or contact our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

**B. Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs Dispensed and Administered by a Licensed Health Care Provider (other than a Pharmacy)**

Generic, preferred brand name, or non-preferred brand name prescription drugs we have approved that are dispensed and administered by a licensed health care *provider* (other than a pharmacy) are covered under this *agreement*, subject to the *copayment* and *deductible*( if any) shown in the Summary of Medical Benefits. The generic, preferred brand name, or non-preferred brand name prescription drug must be dispensed per our *dispensing guidelines* in order to be covered.

**Inpatient**

We cover *inpatient* drugs as a *hospital service*. See Section 8.0 – definition of *hospital services*.

**Outpatient/In Your Doctor's Office/In Your Home**

Generic, preferred brand name, or non-preferred brand name prescription drugs are covered at different benefit levels depending upon the route of administration. Our *allowance* for services rendered by the facilities, agencies, and professional *providers* may include the cost of the prescription drugs administered and/or dispensed. We will determine coverage based upon the route of administration that is customary and least invasive method to treat the condition. There are several ways to administer drugs into the body including:

- inhalation (into the lungs, usually through the mouth);
- intramuscular (injected into a muscle);
- intrathecal (injected into the space around the spinal cord);
- intravenous/infused/intra-arterial (into a vein or artery);
- nasal (sprayed into the nose);
- ocular (instilled in the eye);
- oral (by mouth);
- rectal or vaginal (inserted into the rectum or vagina);
- subcutaneous (injected beneath the skin);

- sublingual (under the tongue);
- topical (applied to the skin); OR
- transdermal (delivered through the skin by a patch).

**Inhalation, Nasal, Ocular, Oral, Rectal Or Vaginal, Sublingual, Topical, And Transdermal Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs**

The prescription drug is included in our *allowance* for the medical service being rendered. If the sole service is drug dispensing, the prescription drug is NOT covered.

**Injected Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs**

We use the term injected to include prescription drugs approved by us given by intra muscular or subcutaneous injection or in the case of a body cavity by instillation. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay. See Section 3.28 Preventive Care Services and Early Detection Services for immunization and vaccination coverage information.

**Infused Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs**

We use the term infused to include those prescription drugs approved by us and administered into a vein or into an artery whether by mixing in fluids and administering intravenously or into an artery, direct injection, or by use of a pump that accesses the vein or artery. See the Summary of Medical Benefits for *benefit limits* and the amount that you pay.

**Related Exclusions**

*Specialty prescription drugs* are not separately reimbursed unless bought from a specialty pharmacy.

If you are dispensed a *specialty prescription drug* from a Rhode Island *network provider*, the charge for the *specialty prescription drug* is not reimbursed and the Rhode Island *network provider* may not seek reimbursement from you. If you are dispensed a *specialty prescription drug* from a *non-network provider* or by a *provider* that participates with an out of state Blue Cross or Blue Shield plan, the charge for the *specialty prescription drug* is not reimbursed and you are liable to pay the charge for the *specialty prescription drug*. Please contact our Customer Service Department at (401) 459-5000 or 1-800-639-2227 for further details.

Compound medications dispensed and administered by licensed health care *providers* (other than a pharmacy) that are not made up of at least one *legend drug* are NOT covered.

### **3.28 Preventive Care Services and Early Detection Services**

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In accordance with PPACA, this *agreement* provides coverage rendered to a *subscriber* for early detection services, preventive care services, and immunizations/vaccinations as set forth below and in accordance with the guidelines of the following resources:

- services that have an A or B rating in the current recommendations of the U.S. Preventative Services Task Force (USPSTF);
- immunizations recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention;
- preventive care and screenings for infants, children, and adolescents as outlined in the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA);
- preventive care and screenings for women as outlined in the comprehensive guidelines as supported by HRSA.

Covered early detection services, *preventive care services* (for example, pediatric preventive office visits), and adult and pediatric immunizations/vaccination are based on the most currently available guidelines and are subject to change.

The amount you pay for early detection services, *preventive care services*, and adult and pediatric immunizations/vaccination is indicated in the Summary of Medical Benefits.

#### **Diabetes Education**

In accordance with Rhode Island General Law § 27-20-30, diabetes education is covered when *medically necessary* and prescribed by a physician. Such education may be provided only by a physician or, upon his or her referral to, an appropriately licensed and certified diabetes educator.

#### **Nutritional Counseling**

Nutritional counseling is covered. It must be prescribed by a physician and performed by a registered dietitian/nutritionist. Nutritional counseling visits may be covered for healthy individuals seeking nutritional information, desiring weight loss, or for the purpose of treating an illness.

#### **Smoking Cessation Programs**

In accordance with Rhode Island General Law §27-20-53, this *agreement* provides coverage for smoking cessation *programs*. Smoking cessation *programs* include, but are not limited to, the following:

- Smoking cessation counseling, such counseling must be provided by a physician or upon his or her referral by a qualified licensed practitioner.

- Over-the-counter or FDA approved nicotine replacement therapy and/or smoking cessation prescription drugs when *medically necessary*, prescribed by a physician, and purchased at a pharmacy. See Summary of Pharmacy Benefits for details on coverage.

### **Related Exclusions**

This *agreement* does not provide coverage for:

- nicotine replacement therapy without a prescription;
- nicotine replacement therapy when bought from a *provider* other than a pharmacy; and
- nicotine replacement therapy and smoking cessation prescription drugs when bought from a mail order pharmacy.

### **Vaccinations/Immunizations**

If any of the covered immunizations are provided as part of an office visit, only your office visit *copayment* and *deductible* (if any) will be applied. If your *doctor* administers any of the covered immunizations and vaccinations in the absence of an office visit, the immunization and vaccination is covered up to the *benefit level* shown in the Summary of Medical Benefits.

### **Adult Vaccinations/Immunizations**

We cover adult preventive vaccinations and immunizations in accordance with current guidelines. These guidelines are subject to change. Our *allowance* includes the administration and the vaccine.

### **Pediatric Preventive Immunizations**

Pediatric preventive immunizations for a *child* are covered in accordance with current guidelines. The guidelines are subject to change.

### **Related Exclusions**

Immunizations for adults and children are NOT covered when services are required for or related to employment, education, marriage, adoption, insurance purposes, or when required by similar third parties.

This *agreement* does NOT cover vaccinations and immunization provided free of charge by the Department of Health or any other state or federal agency.

### **Travel Immunizations**

This *agreement* covers additional immunizations only when rendered before travel. Immunizations are only covered to the extent that such immunizations are recommended for adults and children by the Centers for Disease Control and Prevention (CDC). The recommendations are subject to change by the CDC.

### **Preventive Screening/Early Detection Services**

Preventive screening such as pap smears, mammograms, and colonoscopies are covered based on the PPACA guidelines noted above. Coverage levels are as specified in the Summary of Medical Benefits.

### **Genetic Counseling for BRCA**

This *agreement* provides coverage for genetic counseling and evaluation performed by a certified genetic counselor for BRCA testing for female *subscribers* whose family history is associated with an increased risk for deleterious (harmful) mutations in BRCA1 or BRCA2 genes.

### **Contraceptive Methods and Sterilization Procedures for Women**

This *agreement* provides coverage for FDA approved contraceptive drugs requiring a prescription, FDA approved contraceptive devices requiring a prescription, and sterilization procedures for women with reproductive capacity. See the Summary of Medical Benefits and Summary of Pharmacy Benefits for *benefit limits* and level of coverage.

Vasectomy (sterilization procedure for men) is covered as a surgical procedure. See Section 3.34 - Surgery Services and the Summary of Medical Benefits for details about how we cover surgical services.

#### **Related Exclusions**

This *agreement* does not cover contraceptive drugs, devices, and methods that do not require a prescription (OTC drugs, devices, and methods).

### **Breastfeeding Counseling and Equipment**

This *agreement* provides coverage for lactation (breastfeeding) support and counseling by a trained lactation counselor during pregnancy and/or in the postpartum period. Breastfeeding counseling is included in our *allowance* for an *outpatient* clinic visit or an office visit.

This *agreement* provides coverage for manual (operated by hand) breast pumps for a female *member* in conjunction with each birth. See the Summary of Medical Benefits for *benefit limits* and level of coverage.

#### **Related Exclusions**

This *agreement* does not cover electric/battery operated breast pumps, except when there is involuntary separation of an infant from its mother for more than twenty- four (24) hours as a result of hospitalization of the infant due to illness or injury. Once the infant is discharged from the *hospital*, we will no longer provide coverage for an electric/battery operated breast pump.

### **3.29 Private Duty Nursing Services**

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#### **In Your Home**

We cover private duty nursing services received in your home when *medically necessary*, ordered by a physician, and performed by a certified home health care agency. Private duty nursing services are covered when the patient requires continuous skilled nursing observation and intervention.

#### **Related Exclusions**

This *agreement* does NOT cover:

- services of a nurse's aide;
- services of a private duty nurse when the primary duties are limited to bathing, feeding, exercising, homemaking, giving oral medications or acting as companion or sitter;
- services of a private duty nurse who is a member of your household or the cost of any care provided by one of your relatives (by blood, marriage or adoption);
- maintenance care when the condition has stabilized (including routine ostomy care or tube feeding administration) or if the anticipated need is indefinite;
- care for a person without an available caregiver in the home (twenty four (24) hour private duty nursing is not covered);
- respite care (e.g., care during a caregiver vacation) or private duty nursing so that the caregiver may attend work or school;
- services of a private duty nurse after the caregiver or patient have demonstrated the ability to carry out the plan of care;
- services of a private duty nurse provided outside the home (e.g., school, nursing facility or assisted living facility);
- services of a private duty nurse that are duplication or overlap of services (e.g., when a person is receiving hospice care services or for the same hours of a skilled nursing home care visit.); or
- services of a private duty nurse that are for observation only.

### **3.30 Radiation Therapy/Chemotherapy Services**

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*Medically necessary* high dose chemotherapy and radiation services related to autologous bone marrow transplantation is limited. See definition of *Experimental/Investigational* - Section 3.11.

#### **Inpatient**

Radiation therapy and chemotherapy services are covered as a *hospital service*. See Section 8.0. - definition of *hospital services*.

### **Outpatient/In a Doctor's Office**

- **Radiation Therapy**

We cover *hospital* and *doctor* services for *outpatient* radiation therapy. Radiation physics, dosimetry services, treatment devices, and *hospital services* are included in radiation treatment planning and therapy and are covered as part of our *allowance* for radiation therapy.

- **Chemotherapy Services**

This *agreement* covers the *doctor's* administration fee and associated *hospital* supplies.

### **In Your Home**

- **Radiation Therapy**

This *agreement* does NOT cover radiation treatment services received in your home.

- **Chemotherapy Services**

This *agreement* covers the *doctor's* administration fee

## **3.31 Respiratory Therapy**

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### **Inpatient**

We cover *inpatient* respiratory therapy services as a *hospital service*. See Section 8.0. - definition of *hospital services*.

### **Outpatient/In a Doctor's Office**

We cover *outpatient* respiratory therapy or respiratory therapy received in a *doctor's* office when your *doctor* orders the therapy under the following conditions:

- as part of a therapeutic *program* for up to fourteen (14) days before admitting you to the *hospital*; OR
- up to six (6) weeks after you have been discharged from the *hospital*.

### **In Your Home**

We cover *durable medical equipment* and oxygen at the same *benefit limit* as stated in the Summary of Medical Benefits for medical equipment and *medical supplies*. See Section 3.8 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices for details.

### **Related Exclusions**

This *agreement* does NOT cover respiratory therapy services when received in your home, unless received through a home care *program* or hospice care *program*. See Section 3.14 - Home Health Care and Section 3.15 - Hospice Care.

### **3.32 Skilled Care in a Nursing Facility**

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Care in a skilled nursing facility is covered if:

- your condition needs skilled nursing services, skilled rehabilitation services or skilled nursing observation;
- the services are required on a daily basis; AND
- this care can be provided ONLY in a skilled nursing facility.

#### **Related Exclusions**

This *agreement* does NOT cover custodial care, respite care, day care, or care in a facility that is not approved by us. See Section 4.6 - Facilities We Have Not Approved.

### **3.33 Speech Therapy**

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Speech therapy is the treatment of communication impairment and swallowing disorders. Speech therapy services aid in the development of human communication and swallowing through assessment, diagnosis, and rehabilitation.

#### **Inpatient**

This *agreement* covers *inpatient hospital* and skilled nursing facility speech therapy as a *hospital service*. See Section 8.0 definition of *hospital services*.

#### **Outpatient/In a Doctor's/Therapist's Office**

This *agreement* will cover speech therapy services when received from a registered therapist as part of a formal treatment plan for:

- speech or communication function loss;
- impairment as a result of an acute illness or injury;
- an acute exacerbation of chronic disease, or
- the development of a new speech or communication skill, and
- such improvement will not diminish with the removal of the therapeutic agent or environment.

Speech therapy services must relate to:

- performing basic functional communication; or
- assessing or treating swallowing dysfunction.

Some services rendered by a speech therapist are classified as diagnostic tests. See Section 3.34 – Tests, Imaging, and Labs and the Summary of Medical Benefits for *benefit limits* and the amount that you pay.

#### **In Your Home**



This *agreement* does NOT cover speech therapy services received in your home, unless it is part of a home care *program*.

### **Related Exclusions**

This *agreement* does NOT cover these services if another entity or agency which provides services for the health of school children or children with disabilities is responsible for such services under state or federal laws. (See generally, Title 16, Chapters 21, 24, 25 and 26 of the Rhode Island General Laws. See also applicable regulations about health of school children and the special education of children with disabilities or similar rules set forth by federal law.)

This *agreement* does not cover:

- *maintenance services* unless it is a habilitative service that helps a person keep, learn or improve skills and functioning for daily living;
- educational classes and services for impairments that are self-correcting; or
- services related to food aversion or texture disorders.

## **3.34 Surgery Services**

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### **General Surgery**

If you have an operation to treat a disease or injury, we cover it as long as the following conditions apply:

- the operation is not *experimental/investigational* or cosmetic in nature;
- the operation is being performed at the appropriate place of service; AND
- the *doctor* is licensed to perform the surgery.

### **Multiple Surgeries**

When a *doctor* performs more than one procedure in a day, there are rules that may reduce our *allowance* for the additional procedure. Our *allowance* may also include post-operative care and other procedures provided within specified time periods.

### **If More Than One Surgeon Operates**

In addition to the type and purpose of surgery, our *allowance* differs depending on the number of surgeons involved, including assistant surgeons.

If two (2) surgeons perform separate operations during a single surgical session, each surgeon may submit a *claim* reporting the procedure performed and the circumstances involved. These *claims* will then be evaluated for payment on an individual basis.

### **Related Exclusions**

This *agreement* does NOT cover the standby services of an assistant surgeon.

## **Mastectomy Services**

This *agreement* provides coverage for a minimum of forty-eight (48) hours in a *hospital* following a mastectomy and a minimum of twenty-four (24) hours in a *hospital* following an axillary node dissection. Any decision to shorten these minimum coverages shall be made by the attending physician in consultation with and upon *agreement* with you. If you participate in an early discharge, defined as *inpatient* care following a mastectomy that is less than forty-eight (48) hours and *inpatient* care following an axillary node dissection that is less than twenty-four (24) hours, coverage shall include a minimum of one (1) home visit conducted by a physician or registered nurse.

This *agreement* provides *benefits* for mastectomy surgery and mastectomy-related services in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Law 27-20-29 et seq. For the *member* receiving mastectomy-related *benefits*, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- all stages of reconstruction of the breast on which the mastectomy was performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance;
- prostheses; and
- treatment of physical complications at all stages of the mastectomy, including lymphedema.

## **Surgery to Treat Functional Deformity or Impairment**

Reconstructive surgery and procedures are covered under this *agreement* when performed to correct:

- a functional deformity due to a previous therapeutic process; or
- a documented functional impairment caused by trauma, congenital anomaly or disease.

Functional indications for surgical correction do not include psychological, psychiatric or emotional reasons.

We cover some surgical procedures to treat functional impairments. We cover those procedures listed below to treat functional impairments when *medically necessary*:

- Abdominal wall surgery including Panniculectomy (other than an abdominoplasty);
- Blepharoplasty and Ptosis Repair;
- Gastric Bypass or Gastric Banding;
- Nasal Reconstruction and Septorhinoplasty;
- Orthognathic surgery including Mandibular and Maxillary Osteotomy;
- Reduction Mammoplasty;
- Removal of Breast Implants;
- Removal or Treatment of Proliferative Vascular Lesions and Hemangiomas; or
- Treatment of Varicose Veins.

We may need to review the following medical documentation to be able to make a decision about coverage for the above listed procedures:

- history and physical;
- preoperative diagnostic studies;
- previously tried conservative medical therapy and photographs; or
- other medical records.

In addition, we cover mastectomy-related services in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Law 27-20-29 et seq.

### **Related Exclusions**

This *agreement* does NOT cover the above listed procedures when not *medically necessary*.

This *agreement* does NOT cover orthodontic services related to orthognathic surgery.

This *agreement* does NOT cover cosmetic procedures. Cosmetic procedures are performed primarily:

- to refine or reshape body structures that are not functionally impaired;
- to improve appearance or self-esteem; or
- for other psychological, psychiatric or emotional reasons.

Drugs, biological products, *hospital charges*, pathology, radiology fees and *charges* for surgeons, assistant surgeons, attending physicians and any other incidental services which are related to cosmetic surgery are NOT covered. *Medically necessary* surgery performed at the same time as a cosmetic procedure is also NOT covered.

The following procedures are NOT covered under this *agreement*:

- Abdominoplasty;
- Brow ptosis surgery;
- Cervicoplasty;
- Chemical exfoliations, peels, abrasions (or dermabrasions or planing for acne, scarring, wrinkling, sun damage or other benign conditions);
- Correction of variations in normal anatomy including augmentation mammoplasty, mastopexy, and correction of congenital breast asymmetry;
- Dermabrasion;
- Ear Piercing or repair of a torn earlobe;

- Excision of Excess Skin or Subcutaneous Tissue (except Panniculectomy as listed above);
- Genioplasty;
- Gynecomastia surgery, including but not limited to mastectomy and reduction mammoplasty;
- Hair Transplants;
- Hair Removal (including electrolysis epilation);
- Inverted nipple surgery;
- Laser treatment for acne and acne scars
- Osteoplasty - Facial Bone Reduction;
- Otoplasty;
- Procedures to correct visual acuity including, but not limited to, cornea surgery or lens implants;
- Removal of Asymptomatic Benign Skin Lesions;
- Repeated cauterizations or electrofulguration methods used to remove growths on the skin;
- Rhinoplasty;
- Rhytidectomy;
- Scar Revision, regardless of symptoms;
- Sclerotherapy for Spider Veins;
- Subcutaneous Injection of Filling Material;
- Suction assisted Lipectomy;
- Tattooing or Tattoo Removal (except tattooing of the nipple/areola related to a mastectomy); or
- Testicular prosthesis surgery; and
- Treatment of vitiligo.

This *agreement* provides *benefits* for mastectomy-related services in accordance with the Women’s Health and Cancer Rights Act of 1998 and Rhode Island General Law 27-20-29 et seq.

**Anesthesia Services**

We cover *medically necessary* anesthesia services received from an anesthesiologist when the services are for a covered procedure. Our *allowance* for the anesthesia service includes the following:

- anesthesia care during the procedure;
- time an anesthesiologist routinely spends with a patient in the recovery room;
- time spent preparing the patient for surgery; and
- pre-operative consultations.

Our *allowance* for the surgical procedure includes local anesthesia.

Other than the pre-operative office visit, this *agreement* covers office visits or office consultations to anesthesiologists as an office visit. See Section 3.23 - Office Visits.

### **Related Exclusions**

This *agreement* does NOT cover:

- local anesthesia provided by an anesthesiologist or anesthesia administered by a surgeon, assistant surgeon, or obstetrician;
- services of a standby anesthesiologist; and
- patient controlled analgesia, also known as pain management.

### **3.35 Tests, Imaging and Labs (Includes Machine tests and X-rays)**

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#### **Inpatient/Outpatient/In a Doctor's Office**

If a *doctor* orders the following tests to diagnose or treat a condition resulting from illness or injury, we cover the following services:

- Laboratory tests including blood tests, urinalysis, pap smears, and throat cultures. Some lab tests are not covered. See the Related Exclusions in this section.
- Machine tests including Electrocardiograms (EKGs), Electroencephalograms (EEGs), and nerve conduction tests.
- Imaging including plain film radiographs (x-rays);
- Ultrasonography (ultrasounds);
- Mammograms;
- Magnetic Resonance Imaging (MRI);
- Magnetic Resonance Angiography (MRA);
- Computerized Axial Tomography (CAT or CT scans);
- Nuclear scans; and
- Positron Emission Tomography (PET scan).

This *agreement* provides coverage for MRIs in accordance with Rhode Island General Law §27-20-41. MRI examinations conducted outside of the State of Rhode Island must be performed in accordance with applicable laws of the state in which the examination has been conducted.

For the purpose of coverage under this *agreement*, *preauthorization* is recommended for the following services:

- MRI;
- MRA;
- CAT scans;

- CTA scans;
- PET scans; and
- Nuclear Cardiac Imaging.

Our *allowance* includes one reading or interpretation of a diagnostic imaging, lab, or machine test.

We may conduct *utilization review* on any test to determine if the service is *medically necessary*.

If a diagnostic imaging, lab or machine test service is rendered and a surgical procedure is performed at the same time, the amount that you pay for each service is based on the type of service being rendered. For surgical services (including but not limited to biopsies, lesion removals, or endoscopies) see Section 3.34 Surgery Services. For diagnostic imaging, labs, or machine tests see Section 3.35 - Tests, Imaging, and Labs.

For *Preventive Care Services* and *Early Detection Services*, see Section 3.28.

If a diagnostic imaging, lab or machine test service is rendered and a surgical procedure is performed at the same time, the amount that you pay for each service is based on the type of service being rendered. For surgical services (including but not limited to biopsies, lesion removals, or endoscopies) see Section 3.34 Surgery Services. For diagnostic imaging, labs, or machine tests see Section 3.35 - Tests, Imaging, and Labs.

### **Related Exclusions**

This *agreement* does NOT cover the following:

- re-reading of diagnostic tests by a second *doctor*;
- dental X-rays (except when ordered by a *doctor/dentist* to diagnose a condition due to an accident to your *sound natural teeth*. See Section 3.16 - Hospital Emergency Room Services for details);
- bone marrow blood supply MRI;
- audiometric hearing or speech services if another entity or agency is responsible for such services under state or federal laws which provide service for the health of school children or children with disabilities. (See generally, Title 16, Chapters 21, 24, 25, and 26 of the Rhode Island General Laws. See also regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law or state law of applicable jurisdiction.);
- over the counter diagnostic devices or kits even if prescribed by a physician, except for those devices or kits related to the treatment of diabetes; or
- nicotine lab tests.

### **Lyme Disease Diagnosis and Treatment**

In accordance with Rhode Island General Law § 27-20-48, coverage is provided for diagnostic testing and long-term antibiotic treatment of chronic lyme disease when determined *medically necessary*. To qualify for payment, services must be ordered by your *doctor* after evaluation of your symptoms, diagnostic test results, and response to treatment. Benefit payment for lyme disease treatment will not be denied solely because such treatment may be characterized as unproven, *experimental*, or *investigational*.

For coverage of specific services, 3.24 - Office Visits, 3.20 - Infusion Therapy, and for prescription drugs, 3.28 and Pharmacy Benefits.

### **3.36 Urgent Care**

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We cover *medically necessary* visits to an *urgent care center*. These centers are also referred to as "walk-in centers".

### **3.37 Vision Care Services**

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#### **Eye Examinations**

We cover one (1) routine eye exam per *plan year* for all *members* regardless of age if an optometrist or ophthalmologist performs the examination. We cover *medically necessary* eye examinations.

#### **Pediatric Vision Hardware (for members up until the age of nineteen (19))**

This *agreement* covers collection prescription glasses (lenses and/or frames) as shown in the Summary of Medical Benefits.

This *agreement* covers collection contact lenses as shown in the Summary of Medical Benefits. Preauthorization is recommended for additional contact lenses due to one of the following conditions:

- Anisometropia of 3D in meridian powers
- High Ametropia exceeding –10D or +10D in meridian powers
- Keratoconus when the member's vision is not correctable to 20/25 in either or both eyes using standard spectacle lenses
- Vision improvement for members whose vision can be corrected two lines of improvement on the visual acuity chart when compared to the best corrected standard spectacle lenses

To obtain *preauthorization*, the prescribing *provider* must submit a completed *preauthorization* request form.

The prescribing *provider* may obtain a *preauthorization* form by visiting our Web site at BCBSRI.com or calling the Physician and Provider Service Center. *Preauthorization* requests may be submitted in one of the following ways:

- By fax, submit the form to EyeMed at [1-800-xxx-xxxx];
- By phone, contact EyeMed at [1-800-xxx-xxxx];

- By mail, send the completed form to:

EyeMed  
[Insert address]

Contact lenses for which *preauthorization* is recommended will only be approved when clinical guidelines are met. The guidelines are based upon clinically appropriate criteria that ensure that the contact lens is appropriate and cost-effective for the illness, injury or condition for which it has been prescribed.

### **Related Exclusion**

This *agreement* does not cover:

- vision hardware for a *member* aged nineteen (19) and older;
- vision hardware purchased from a *non-network provider*; and
- non-collection vision hardware.



#### **4.0 HEALTH CARE SERVICES NOT COVERED UNDER THIS AGREEMENT**

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This *agreement* does NOT cover health care services which:

- have not been assigned a CPT or other code;
- have not been finally approved by the FDA or other governing body;
- we have not reviewed; or
- we have not determined are eligible for coverage.

This *agreement* does not provide coverage for all health care services which:

- have been assigned a CPT code;
- have been finally approved by the FDA or other governing body; or
- we have reviewed.

This *agreement* only covers services listed under Section 3.0 - *Covered Health Care Services*. If a service or category of service is not listed as covered, it is not covered under this *agreement*. This *agreement* does NOT cover services that may otherwise be considered covered when provided with a non-covered course of service or as part of a non-covered regimen of care.

This section lists many of the services or categories of services that are non-covered (excluded). In addition to this section, see Section 3.0 - *Covered Health Care Services* and the related exclusions. See Section 1.0 and Section 3.0 for more information about how we identify *new services*, review the *new services*, and make coverage determinations.

#### **4.1 Services Not Medically Necessary**

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This *agreement* does NOT cover *hospital* care (admission tests, services, supplies, or continued care), medical care, rehabilitation, or any other treatment, procedure, facility, equipment, drug, device, supply or service which is NOT *medically necessary*.

We will use any reasonable means to make a determination about the medical necessity of this care. We may look at *hospital* records, reports and *hospital utilization review* committee statements. We review medical necessity in accordance with our medical policies and related guidelines. You have the right to appeal our determination or to take legal action as described in Section 7.0.

We may deny payments if a *doctor* or *hospital* does not supply medical records needed to determine medical necessity. We may also deny or reduce payment if the records sent to us do not provide adequate justification for performing the service.

This *agreement* does NOT cover routine screenings or tests performed by a *hospital* which are not *medically necessary* for the diagnosis or treatment of your condition. This *agreement* does NOT cover routine screenings or tests which are not specifically ordered by the *doctor* who admits you.

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#### **4.2 Government Covered Services**

This *agreement* does NOT cover dental and medical expenses for any condition, illness, or disease which should be covered by the United States government or any of its agencies, Medicare, any state or municipal government or any of its agencies (except *emergency* care when there is a legal responsibility to provide it). This *agreement* does NOT cover services for military-related conditions. This *agreement* does not cover services or supplies required as a result of war, declared or undeclared, or any military action which takes place after your coverage becomes effective.

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#### **4.3 Other States Mandated Laws**

Any *charges* for services and supplies which are required under the laws of a state other than the Rhode Island law and which are not provided under this *agreement* are NOT covered.

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#### **4.4 Behavioral Training Assessment**

This *agreement* does not cover behavioral training assessment, education or exercises including applied behavioral analysis.

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#### **4.5 College/School Health Facilities Services**

This *agreement* does NOT cover dental and health care services received in a facility mainly meant to care for students, faculty, or employees of a college or other institution of learning.

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#### **4.6 Facilities We Have Not Approved**

This *agreement* does NOT cover custodial care, rest care, day care, or non-skilled care in any facility. This *agreement* does NOT cover care in convalescent homes, nursing homes, homes for the aged, halfway houses, or other residential facilities. This *agreement* does NOT cover *hospital services* which are not performed in a *hospital*. See Section 8.0 - Glossary.

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#### **4.7 Excluded Providers**

This *agreement* does NOT cover dental and health care services performed by a *provider* who has been excluded or debarred from participation in Federal programs, such as Medicare and Medicaid. To determine whether a *provider* has been excluded from a Federal program, visit the U.S. Department of Human Services Office of Inspector General website ([www.oig.hhs.gov/fraud/exclusions/listofexcluded.html](http://www.oig.hhs.gov/fraud/exclusions/listofexcluded.html)) or the Excluded Parties List System website maintained by the U.S. General Services Administration ([www.epls.gov](http://www.epls.gov)).

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#### **4.8 People/Facilities Who Are Not Legally Qualified or Licensed**

This *agreement* does NOT cover dental and health care services performed in a facility or by a *dentist*, physician, surgeon, or other person who is not legally qualified or licensed, according to relevant sections of Rhode Island Law or other governing bodies, or who does not meet our credentialing requirements.

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#### **4.9 Naturopaths and Homeopaths**

This *agreement* does NOT cover health care services ordered or performed by naturopaths and homeopaths.

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#### **4.10 If You Leave the Hospital or If You Are Discharged Late**

If you leave the *hospital* for a day or portion of a day, this *agreement* does NOT cover any *hospital services* for that day (unless you leave to receive treatment somewhere else or through a Blue Cross & Blue Shield of Rhode Island approved *program*). This *agreement* does NOT cover any *hospital charges* you accumulate when you are discharged from the *hospital* later than the usual discharge time.

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#### **4.11 Benefits Available from Other Sources**

This *agreement* does NOT cover the cost of covered *dental and health care services* provided to you when there is no charge to you or there would have been no charge to you absent this *agreement*. This *agreement* does NOT cover *dental and health care services* when you can recover all or a portion of the cost of such services through a federal, state, county, or municipal law or through legal action. This is true even if you choose not to assert your rights under these laws or if you fail to assert your rights under these laws.

This *agreement* does NOT cover *health care services* if another entity or agency is responsible for such services under state or federal laws which provide service for the health of school children or children with disabilities. (See generally, Title 16, Chapters 21, 24, 25, and 26 of the Rhode Island General Laws. See also applicable regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law or state law of applicable jurisdiction.)

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#### **4.12 Blood Services**

This *agreement* does NOT cover penalty fees related to blood services. This *agreement* does NOT cover any services for drawing, processing, or storage of your own blood.

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#### **4.13 Charges for Administrative Services**

This *agreement* does NOT cover:

- *charges* for missed appointments;
- *charges* for completion of *claim* forms; or
- other administrative *charges*.

#### **4.14 Christian Scientist Practitioners**

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This *agreement* does NOT cover the services of Christian Scientist Practitioners.

#### **4.15 Clerical Errors**

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If a clerical error or other mistake occurs, that error shall not deprive you of coverage under this *agreement*. A clerical error also does not create a right to benefits.

#### **4.16 Consultations -Telephone**

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This *agreement* does NOT cover telephone consultations, telephone services or medication monitoring services by phone. This includes, but is not limited to, services provided by a behavioral health (mental health and *chemical dependency*) provider covered under this *agreement*.

#### **4.17 Deductibles and Copayments**

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This *agreement* does NOT cover *deductibles* or *copayments*, if any.

#### **4.18 Dental Services**

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Except for those dental services listed as covered, (see Section 3.5), this *agreement* does NOT cover:

- general dental services such as extractions (including full mouth extractions), prostheses, braces, operative restorations, fillings, medical or surgical treatment of dental caries, gingivitis, gingivectomy, impactions, periodontal surgery, non-surgical treatment of temporomandibular joint dysfunctions, including appliances or restorations necessary to increase vertical dimensions or to restore the occlusion;
- panorex X-rays or dental X-rays (except when ordered by a *doctor* or *dentist* to diagnose a condition due to an accident to your *sound natural teeth*. See Section 3.11-Emergency Services for details) ;
- orthodontic services, even if related to a covered surgery;
- dental appliances or devices; and
- *hospital services*, *free-standing ambulatory surgi-center* services, and anesthesia services provided in connection with a dental service when the use of the *hospital* or *free-standing ambulatory surgi-center* or the setting in which the services are received is not *medically necessary*.

This *agreement* does NOT cover any preparation of the mouth for dentures and dental or oral surgeries such as, but not limited to:

- apicoectomy, per tooth, first root;
- alveolectomy including curettage of osteitis or sequestrectomy;
- alveoloplasty, each quadrant ;

- complete surgical removal of inaccessible impacted mandibular tooth mesial surface;
- excision of feberous tuberosities;
- excision of hyperplastic alveolar mucosa, each quadrant;
- operculectomy excision pericoronal tissues;
- removal of partially bony impacted tooth;
- removal of completely bony impacted tooth, with or without unusual surgical complications;
- surgical removal of partial bony impaction;
- surgical removal of impacted maxillary tooth;
- surgical removal of residual tooth roots; or
- vestibuloplasty with skin/mucosal graft and lowering the floor of the mouth.

#### **4.19 Employment–Related Injuries**

---

This *agreement* does NOT cover dental and health care services when performed to treat work-related illnesses, conditions, or injuries whether or not you are covered by Workers’ Compensation law, unless;

- you are self-employed, a sole stockholder of a corporation, or a member of a partnership;
- such work-related illnesses, conditions, or injuries were incurred in the course of your self-employment, sole stockholder, or partnership activities; AND
- you are not enrolled as an employee under a group health *plan* sponsored by an employer other than the business or partnership described above.

#### **4.20 Eye Exercises**

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Eye exercises and visual training services are NOT covered.

#### **4.21 Eyeglasses and Contact Lenses**

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Eyeglasses (lenses and/or frames) and contact lenses are NOT covered for *members* aged nineteen and older.

#### **4.22 Food and Food Products**

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This *agreement* does NOT cover nutritional supplements and food or food products, whether or not prescribed, unless required by Rhode Island General Law §27-20-56 (Enteral Nutrition Products), or delivered through a feeding tube as the sole source of nutrition.

#### **4.23 Freezing and Storage of Blood, Sperm, Gametes, Embryo and Other Specimens**

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This *agreement* does NOT cover freezing and storage of blood, gametes, sperm, embryos, or other tissues for future use. This *agreement* does NOT cover any services for drawing, processing, or storage of your own blood.

#### **4.24 Gene Therapy and Parentage Testing**

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This *agreement* does NOT cover gene therapy and parentage testing.

#### **4.25 Illegal Drugs and Chronic Addiction**

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Drugs which are dispensed in violation of state or federal law are NOT covered. Methadone dispensed to treat *chemical dependency* is NOT covered.

#### **4.26 Infant Formula**

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This *agreement* does NOT cover infant formula whether or not prescribed unless required by Rhode Island General Law §27-20-56 (Enteral Nutrition Products) or delivered through a feeding tube as the sole source of nutrition.

#### **4.27 Marital Counseling**

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This *agreement* does NOT cover marital counseling or training services.

#### **4.28 Personal Appearance and/or Service Items**

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Services and supplies for your personal appearance and comfort, whether or not prescribed by a *doctor* and regardless of your condition, are NOT covered. These services and supplies include, but are not limited to:

- radio,
- telephone,
- television,
- air conditioner,
- humidifier,
- air purifier, or
- beauty and barber services.

Travel expenses, whether or not prescribed by a *doctor*, are NOT covered. This *agreement* does NOT cover items whose typical function is not medical. These items include, but are not limited to, recliner lifts, air conditioners, humidifiers, or dehumidifiers.

This *agreement* does NOT cover items that do not meet the *durable medical equipment, medical supplies, and prosthetic devices* minimum specifications. These items include, but are not limited to:

- standers,
- raised toilet seats,
- toilet seat systems ,
- cribs,
- ramps,

- positioning wedges,
- wall or ceiling mounted lift systems,
- water circulating cold pads (cryo-cuffs) ,
- car seats ( including any vest system) or car beds,
- bath or shower chair systems,
- trampolines,
- tricycles,
- therapy balls, or
- net swings with a positioning seat.

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#### **4.29 Psychoanalysis for Educational Purposes**

Psychoanalysis services are NOT covered, regardless of symptoms you may have. Psychotherapy services you receive which are credited towards a degree or to further your education or training, regardless of symptoms that you may have, are NOT covered.

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#### **4.30 Research Studies**

This *agreement* does NOT cover research studies.

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#### **4.31 Reversal of Voluntary Sterilization**

This *agreement* does NOT cover the reversal of voluntary sterilization or infertility treatment for a person that previously had a voluntary sterilization procedure.

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#### **4.32 Services Provided By Relatives or Members of Your Household**

This *agreement* does NOT cover *charges* for any services provided by a person who is a member of your household or the cost of any care provided by one of your relatives (by blood, marriage, or adoption).

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#### **4.33 Sex Transformations and Dysfunctions**

Health care services related to sex transformations are NOT covered. Health care services related to sexual dysfunctions or inadequacies, except services approved by us and necessary for the treatment of a condition arising out of organic dysfunctions, are NOT covered. (i.e., Therapeutic services will be covered when the cause of the dysfunction is physiological, not psychological.) This *agreement* does NOT cover sildenafil citrate (e.g., Viagra) or any therapeutic equivalents.

#### **4.34 Supervision of Maintenance Therapy**

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This *agreement* does NOT cover the supervision of maintenance therapy for chronic disease which is not aggravated by surgery and would not ordinarily need hospitalization unless it is a habilitative service that helps a person keep, learn or improve skills and functioning for daily living.

#### **4.35 Surrogate Parenting**

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This *agreement* does NOT cover any services related to surrogate parenting. This *agreement* does NOT cover the newborn child of a surrogate parent.

#### **4.36 Therapies, Acupuncture and Acupuncturist Services, and Biofeedback**

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This *agreement* does NOT cover:

- recreational therapy,
- aqua therapy,
- maintenance therapy,
- aromatherapy
- massage therapy rendered by a massage therapist, and
- therapies, procedures, and services for the purpose of relieving stress are NOT covered.

This *agreement* does NOT cover acupuncture and acupuncturist services, including X-ray and laboratory services ordered by an acupuncturist.

This *agreement* does NOT cover:

- pelvic floor electrical stimulation,
- pelvic floor magnetic stimulation,
- pelvic floor exercise,
- biofeedback training,
- biofeedback by any modality for any condition, and
- any other exercise therapy.

#### **4.37 Weight Loss Programs**

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This *agreement* does NOT cover health care services, including drugs, related to *programs* designed for the purpose of weight loss including but not limited to, commercial diet plans, weight loss *programs*, and any services in connection with such plans or *programs*. The only exception is preventive obesity screening and counseling services required by PPACA. See Section 3.28- Preventive Care Services and Early Detection Services.



## **5.0 HOW YOUR COVERED HEALTH CARE SERVICES ARE PAID**

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This *agreement* uses Preferred Blue which is the *BlueCard* PPO *medically necessary*. With a Preferred Provider Organization (PPO), *network providers* enter into a contract with us or an out of state Blue Cross and Blue Shield plan and agree to provide *covered health care services* to our *members*. *Network providers* accept our *allowance* as payment in full, less any *copayment* or *deductible*.

Payments made to Rhode Island *providers* are based on our *allowance*. Payments made to *providers* located in other states are based on the *BlueCard* programs. *Network* and *non-network provider* payment information is explained in Section 5.1, 5.2, and 5.3 below.

You must file all *claims* within one *calendar year* of the date you receive a *covered health care service*. *Member* submitted *claims* that arrive after this deadline are invalid unless:

- it was not reasonably possible for you to file your *claim* prior to the filing deadline; AND
- you file your *claim* as soon as possible but no later than ninety (90) calendar days after the filing deadline elapses (unless you are legally incapable).

Our payments to you or the *provider* fulfill our responsibility under this *agreement*. Your *benefits* are personal to you and cannot be assigned, in whole or in part, to another person or organization.

*Network providers* file *claims* for you and must do so within one hundred and eighty (180) days of providing a *covered health care service* to you.

*Non-network providers* may or may not file *claims* for you. If the *non-network provider* does not file the *claim* on your behalf, you will need to file the *claim* yourself. To file a *claim*, please send us an itemized bill including the following:

- patient's name;
- your *member* identification number;
- the name, address, and telephone number of the *provider* who performed the service;
- date and description of the service; AND
- *charge* for that service.

Please mail medical *claims* to:

Blue Cross & Blue Shield of Rhode Island  
Attention: Claims Department  
500 Exchange Street  
Providence, RI 02903

## **5.1 How Network Providers Are Paid**

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We pay *network providers* directly for *covered health care services*. You are responsible for *copayments*, *deductibles*, and the difference between the *maximum benefit* and our *allowance*, if any, which may apply to a *covered health care service*. *Network providers* agree not to bill, charge, collect a deposit from, or in any way seek reimbursement from you for a *covered health care service*, except for the *copayments*, *deductibles*, and the difference between the *maximum benefit* and our *allowance*, if any, which may apply to a *covered health care service*.

It is your obligation to pay a *network provider* your *copayment*, *deductible*, and the difference between the *maximum benefit* and our *allowance*. If you do not pay the *network provider*, the *provider* may decline to provide current or future services to you. The *provider* may pursue payment from you. See Section 1.14 – Your Responsibility to Pay Your Providers for more information.

Not all of the individual *providers* at a *network* facility will be *network providers*. It is your responsibility to make sure that each *provider* from whom you receive care is in the *network*. However, if you receive certain types of services at a *network* facility, and there are *covered health care services* provided with those services by a *non-network provider* outside of your control, you will be reimbursed for such *covered health care services* based upon our *allowance* at the *network* level of *benefits*. The types of services this applies to are:

- *inpatient* admissions at a *network* facility under the direction of a *network* physician;
- *outpatient* services performed at a *network* facility by a *network* physician; AND
- emergency room services at a *network* facility.

## **5.2 How Non-Network Providers Are Paid**

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You are responsible for paying all *charges* from a *non-network provider*. You are liable for the difference between the amount that the *non-network* health care *provider* bills and the payment we make for *covered health care services*. Generally, we send reimbursement to you, but reserve the right to reimburse a *non-network provider* directly.

We reimburse you or a *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles* which may apply to a *covered health care service*. We reimburse *non-network provider* services using the same guidelines we use to pay *network providers*.

Generally, our payment for *non-network provider* services will not be more than the amount we pay for *network provider* services. Payments we make to you are personal. You cannot transfer or assign any of your right to receive payments under this *agreement* to another person or organization, unless the Rhode Island General Law §27-20-49 (Dental Insurance assignment of benefits) applies.

### **5.3 Coverage for Services Provided Outside of the Service Area (BlueCard)**

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#### **Out-of-Area Services**

BCBSRI has a variety of relationships with other Blue Cross and/or Blue Shield Licensees referred to generally as “Inter-Plan Programs.” Whenever you obtain healthcare services outside of BCBSRI service area, the claims for these services may be processed through one of these Inter-Plan Programs, which include the BlueCard Program and may include negotiated National Account arrangements available between us and other Blue Cross and Blue Shield Licensees.

Typically, when accessing care outside BCBSRI service area, you will obtain care from healthcare providers that have a contractual agreement (i.e., are “participating providers”) with the local Blue Cross and/or Blue Shield Licensee in that other geographic area (“Host Blue”). In some instances, you may obtain care from nonparticipating healthcare providers. BCBSRI payment practices in both instances are described below.

#### **A. BlueCard® Program**

Under the BlueCard® Program, when you access covered healthcare services within the geographic area served by a Host Blue, BCBSRI will remain responsible for fulfilling BCBSRI contractual obligations. However, the Host Blue is responsible for contracting with and generally handling all interactions with its participating healthcare providers.

Whenever you access covered healthcare services outside BCBSRI’s service area and the claim is processed through the BlueCard Program, the amount you pay for covered healthcare services is calculated based on the lower of:

- The billed covered charges for your covered services; or
- The negotiated price that the Host Blue makes available to BCBSRI.

Often, this “negotiated price” will be a simple discount that reflects an actual price that the Host Blue pays to your healthcare provider. Sometimes, it is an estimated price that takes into account special arrangements with your healthcare provider or provider group that may include types of settlements, incentive payments, and/or other credits or charges. Occasionally, it may be an average price, based on a discount that results in expected average savings for similar types of healthcare providers after taking into account the same types of transactions as with an estimated price.

Estimated pricing and average pricing, going forward, also take into account adjustments to correct for over- or underestimation of modifications of past pricing for the types of transaction modifications noted above. However, such adjustments will not affect the price BCBSRI uses for your claim because they will not be applied retroactively to claims already paid.

Federal law or laws in a small number of states may require the Host Blue to add a surcharge to your calculation. If federal law or any state laws mandate other liability calculation methods, including a surcharge, we would then calculate your liability for

any covered healthcare services according to applicable law.

## **B. Non-Participating Healthcare Providers Outside BCBSRI Service Area**

### 1. Subscriber Liability Calculation

When covered healthcare services are provided outside of BCBSRI service area by non-participating healthcare providers, the amount you pay for such services will generally be based on either the Host Blue's non-participating healthcare provider local payment or the pricing arrangements required by applicable state law. In these situations, you may be liable for the difference between the amount that the non-participating healthcare provider bills and the payment BCBSRI will make for the covered services as set forth in this paragraph.

### 2. Exceptions

In certain situations, BCBSRI may use other payment bases, such as billed covered charges, the payment we would make if the healthcare services had been obtained within our service area, or a special negotiated payment, as permitted under Inter-Plan Programs Policies, to determine the amount BCBSRI will pay for services rendered by non-participating healthcare providers. In these situations, you may be liable for the difference between the amount that the non-participating healthcare provider bills and the payment BCBSRI will make for the covered services as set forth in this paragraph.

## **6.0 HOW WE COORDINATE YOUR BENEFITS WHEN YOU ARE COVERED BY MORE THAN ONE PLAN**

### **Introduction**

This Coordination of Benefits ("COB") provision applies when you or your covered dependents have health care benefits under more than one *plan*.

We follow the COB rules of payment issued by the National Association of Insurance Commissioners (NAIC). The COB rules have been adopted by the Rhode Island Office of the Health Insurance Commissioner (OHIC). From time to time these rules may change before we issue a revised subscriber agreement. We use the COB regulations in effect at the time of coordination to determine *benefits* available to you under this *agreement*.

If this provision applies, the order of benefit determination rules as stated in this section will determine whether we pay *benefits* before or after the *benefits* of another *plan*.

### **6.1 Definitions**

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The following definitions apply to Section 6:

**ALLOWABLE EXPENSE** means the necessary, reasonable and customary item of expense for health care which is:

- covered at least in part under one or more *plans* covering the person for whom the *claim* is made; AND
- incurred while this *agreement* is in force.

When a *plan* provides health care *benefits* in the form of services, the reasonable cash value of each service is considered as both an *allowable expense* and a benefit paid.

**BENEFITS** means any treatment, facility, equipment, drug, device, supply or service for which you receive reimbursement under a *plan*.

**CLAIM** means a request that *benefits* of a *plan* be provided or paid.

**PLAN** means any health care insurance benefit package provided by an organization as defined in Section 8.0 - Glossary.

**PRIMARY PLAN** means a *plan* whose benefits for a person's health care coverage must be determined without taking the existence of any other *plan* into consideration.

**SECONDARY PLAN** means a *plan* which is not a *primary plan*.

## **6.2 When You Have More Than One Agreement with Blue Cross & Blue Shield of Rhode Island**

If you are covered under more than one *agreement* with us, you are entitled to covered *benefits* under both *agreements*. If one *agreement* has a *benefit* that the other(s) does not, you are entitled to coverage under the *agreement* that has the benefit. The total payments you receive will never be more than the total cost for the services you receive.

## **6.3 When You Are Covered By More Than One Insurer**

Covered *benefits* provided under any other *plan* will always be paid before the *benefits* under our *plan* if that insurer does not use a similar coordination of benefits rule to determine coverage. The *plan* without the coordination of benefits provision will always be the *primary plan*.

*Benefits* under another *plan* include all *benefits* that would be paid if *claims* had been submitted for them.

If you are covered by more than one *plan* and both insurers use similar coordination of benefits rules to determine coverage, we use the following conditions to determine which *plan* covers you first:

- whether you are the main *subscriber* or a dependent;
- if married, whether you or your spouse was born earlier in the year; OR
- length of time each spouse has been covered.

**(1.) Non-Dependent/Dependent** - If you are covered under a *plan* and you are the main *subscriber*, the *benefits* of that *plan* will be determined before the *benefits* of a *plan* which covers you as a dependent.

If, however, you are a Medicare beneficiary, Medicare will be the *primary plan*. Medicare will provide the *benefits* first.

If one of your dependents covered under this *agreement* is a student, the *benefits* of any other coverage available because of student enrollment (except accident-only type coverage) will be determined before the *benefits* under this *agreement*.

**(2.) Dependent Child/Parents Not Separated or Divorced** - If dependent children are covered under separate *plans* of more than one person (i.e. "parents" or individuals acting as "parents"), the *benefits* of the *plan* covering the parent born earlier in the year will be determined before those of the parent whose birthday falls later in the year. If both parents have the same birthday, the *benefits* of the *plan* which covered the parent longer are determined before those of the *plan* which covered the other parent for a shorter period of time. The term "birthday" only refers to the month and day in a calendar year, not the year in which the person was born. If the other *plan* does not determine *benefits* according to the parents' birth dates, but by parents' gender instead, the other *plan's* gender rule will determine the order of *benefits*.

**(3.) Dependent Child/Parents Separated or Divorced** - If two or more *plans* cover a person as a dependent child of divorced or separated parents, the *plan* responsible to cover *benefits* for the child will be determined in the following order:

- first, the *plan* of the parent with custody of the child;
- then, the *plan* of the spouse of the parent with custody of the child; AND
- finally, the *plan* of the parent not having custody of the child.

If the terms of a court decree state that one of the parents is responsible for the health care expenses of the child, and the entity obligated to pay or provide the parent's *benefits* under that parent's *plan* has actual knowledge of those terms, the *benefits* of that *plan* are determined first and the *benefits* of the *plan* of the other parent are the *secondary plan*.

If the terms of a court decree state that the parents share joint custody, without stating that one of the parents is responsible for the health care expenses of the child, the *plans* covering the child will follow the order of benefit determination rules outlined in Section 6.3 (2) above.

**(4.) Active/Inactive Employee** - If you are covered under another health *plan* as an employee (not laid off or retired), your *benefits* and those of your dependents under that *plan* will be determined before *benefits* under this *plan*.

**(5.) Longer/Shorter Length of Coverage** - If none of the above rules determine the order of *benefits*, the *benefits* of the *plan* which covered a *member* or *subscriber* longer are determined before those of the *plan* which covered that person for the shorter term.

In general, if you use more *benefits* than you are covered for during a benefit period, the following formula is used to determine coverage:

The insurer covering you first will cover you up to its allowance. Then, the other insurer will cover any allowable *benefits* you use over that amount. It will never be more than the total amount of coverage that would have been provided if *benefits* were not coordinated.

Maximum *benefits* paid by first insurer  
+ Any remaining *allowable expense* paid by other insurer

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**Total Benefits Payable**

#### **6.4 Our Right to Make Payments and Recover Overpayments**

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If payments which should have been made by us according to this provision have actually been made by another organization, we have the right to pay those organizations the amounts we decide are necessary to satisfy the rules of this provision. These amounts are considered *benefits* provided under this *agreement* and we are not liable for them.

If we have made payments for *allowable expenses* which are more than the maximum amount needed to satisfy the conditions of this provision, we have the right to recover the excess amounts from: the person to or for whom the payments were made; any other insurers; and/or any other organizations (as we decide). As the *subscriber*, you agree to pay back any excess amount, provide information and assistance, or do whatever is necessary to recover this excess amount. When determining the amount of payments made we include the reasonable cash value of any *benefits* provided in the form of services.



## **7.0 ADVERSE BENEFIT DETERMINATION AND APPEALS**

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### **7.1 Adverse Benefit Determinations**

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An **adverse benefit determination** is any of the following:

- Denial of a benefit (in whole or part),
- Reduction of a benefit,
- Termination of a benefit,
- Failure to provide or make a payment (in whole or in part) for a benefit,
- Denial, reduction, termination, or failure to make a payment based on the imposition of a preexisting condition exclusion, a source of injury exclusion, or other limitation on covered benefits, and
- Rescission of coverage, even if there is no adverse effect on any benefit.

An appeal of an *adverse benefit determination* can be made either as an *administrative appeal* or as a *medical appeal*, as defined further in this section.

Our Customer Service Department phone number is (401) 459-5000 or 1-800-639-2227.

### **7.2 Complaint and Administrative Appeal Procedures**

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A **Complaint** is a verbal or written expression of dissatisfaction with any aspect of our operation or the quality of care you received. A *complaint* is not an appeal, an inquiry, or a problem of misinformation that is resolved promptly by clearing up the misunderstanding or supplying the appropriate information to your satisfaction.

An **Administrative Appeal** is a verbal or written request for us to reconsider a full or partial denial of payment for services that were denied because:

- the services were excluded from coverage;
- we failed to make payment (in whole or part) for a service;
- we determined that you were not initially eligible for coverage ;
- we determined that you were not eligible for coverage (for example, a *rescission* of coverage occurred);
- you or you or your *provider* did not follow Blue Cross & Blue Shield of Rhode Island's requirements; or
- other limitation on an otherwise covered benefit.

## How to File a Complaint or Administrative Appeal

If you are dissatisfied with any aspect of our operation, the quality of care you have received, or you have a request for us to reconsider a full or partial denial of *benefits*, please call our Customer Service Department. The Customer Service Representative will try to resolve your concern. If it concern is not resolved to your satisfaction, you may file a *complaint* or *administrative appeal* verbally with the Customer Service Representative. If you wish to file a *complaint* related to the quality of care you received, you must do so within sixty (60) days of the incident. If you wish to file an *administrative appeal*, you must do so within one hundred eighty (180) days of receiving a denial of *benefits*. You are not required to file a *complaint* before filing an *administrative appeal*.

You may also file a *complaint* or *administrative appeal* in writing. To do so, you must provide the following information:

- name, address, *member* ID number;
- summary of the issue;
- any previous contact with Blue Cross & Blue Shield of Rhode Island;
- a brief description of the relief or solution you are seeking;
- any more information such as referral forms, *claims*, or any other documentation that you would like us to review;
- the date of incident or service; and
- your signature.

You can use the Member Appeal Form, which a Customer Service Representative can provide to you, or you can send us a letter with the information requested above. If someone is filing a *complaint* or *administrative appeal* on your behalf, you must send us a notice with your signature, authorizing the individual to represent you in this matter.

Please mail the *complaint* or *administrative appeal* to:

Blue Cross & Blue Shield of Rhode Island  
Attention: Grievance and Appeals Unit  
500 Exchange Street  
Providence, Rhode Island 02903

We will acknowledge your *complaint* or *administrative appeal* in writing or by phone within ten (10) business days of our receipt of your written *complaint* or *administrative appeal*. The Grievance and Appeals Unit will conduct a thorough review of your *complaint* or *administrative appeal* and respond in the timeframes set forth below.

## Complaint

- **Level 1**

We will respond to your Level 1 *complaint* in writing within thirty (30) calendar days of the date we receive your *complaint*. The determination letter will provide you with the rationale for our response as well as information on the next steps available to you, if any, if you are not satisfied with the outcome of the *complaint*.

- **Level 2 (when applicable)**

A Level 2 *complaint* may be submitted only when you have been offered a second level of *complaint* in your Level 1 determination letter. The Grievance and Appeals Unit will conduct a thorough review of your Level 2 *complaint* and respond to you in writing within thirty (30) business days of the date we receive your Level 2 letter. Our determination letter will provide you with the rationale for our response as well as information on the next steps if you are not satisfied with the outcome of the *complaint*.

## Administrative Appeal

We will respond to your *administrative appeal* in writing within sixty (60) calendar days of our receipt of your *administrative appeal*. The determination letter will provide you with information regarding our determination.

Blue Cross & Blue Shield of Rhode Island does not offer a Level 2 *administrative appeal*. You may notify the State of Rhode Island Department of Health or the State of Rhode Island Office of the Health Insurance Commissioner about your concerns. Please refer to the Legal Action section below for more information.

### **7.3 Medical Appeal Procedures**

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A **Medical Appeal** is a verbal or written request for us to reconsider a full or partial denial of payment for services that were denied because we determined one of the following:

- The services were not *medically necessary*; or
- The services are *experimental* or *investigational*.

If we deny payment for a service for medical reasons, you will receive the denial in writing.

The written denial you receive will:

- explain the reason for the denial,
- explain the clinical criteria that was used to make the determination,
- provide specific instruction for obtaining the clinical criteria for the denial, and
- provide specific instructions for filing a *medical appeal*.

To file a *medical appeal* verbally, you may call our Customer Service Department.

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You may also file a *medical appeal* in writing by providing the following information:

- name, address, and *member* ID number;
- summary of the medical appeal, any previous contact with Blue Cross & Blue Shield of Rhode Island, and a brief description of the relief or solution you are seeking;
- any more information such as referral forms, *claims*, or any other documentation that you would like us to review;
- the date of service; and
- your signature.

If someone is filing a *medical appeal* on your behalf, you must send us a notice with your signature, authorizing the individual to represent you in this matter.

Written *medical appeals* should be sent to:

Blue Cross & Blue Shield of Rhode Island  
Attention: Grievance and Appeals Unit  
500 Exchange Street  
Providence, Rhode Island 02903

Your *doctor* may also file a *medical appeal* on your behalf. Your *doctor* can contact the Physician and Provider Service Center to start the medical appeal.

Within ten (10) business days of receipt of a written or verbal *medical appeal*, the Grievance and Appeals Unit will mail or call you to phone acknowledge of our receipt of the *medical appeal*.

You are entitled to the following level of review when seeking a *medical appeal*.

### **Appeal level**

You may file a *medical appeal* by making a request for such review to us within one hundred and eighty (180) calendar days of the initial determination letter. You may do so by calling our Customer Service Department, but we strongly suggest that you submit your request in writing to ensure your request is accurately reflected. At any time during the appeal, you may supply additional information by mailing it to the address listed above. You may request copies of information relevant to your appeal (free of charge) by contacting our Grievance and Appeal Unit.

For pre-service (before services are rendered) or concurrent (during a patient's *hospital* stay or course of treatment) appeals, you will receive written notification of the determination within fifteen (15) calendar days of receipt of the appeal. If you are

requesting reconsideration of a service that was denied after you already obtained the service (retrospectively), then you will receive written notification of our determination within fifteen (15) business days of our receipt of the appeal.

### **Expedited (Urgent) Review**

You may ask for an expedited (urgent) appeal if:

- an urgent *preauthorization* request for health care services has been denied ( See Section 1.7 – Preauthorization for additional information about urgent *preauthorization* requests);
- the circumstances are an emergency; or
- you are in an *inpatient* setting.

A review is considered emergent or urgent if, in the opinion of an individual applying the judgment of a prudent layperson possessing an average knowledge of health and medicine, applying time periods for making a non-urgent appeal determination could seriously jeopardize your life or your health or your ability to regain maximum function. Likewise, a review is considered emergent or urgent if, in the opinion of a physician with knowledge of your health condition, applying time periods for making a non-urgent *claim* determination would subject you to severe pain that cannot be adequately managed without the care or treatment that is the subject of the appeal

To request you or your physician or *provider* must call the Grievance and Appeals Unit at (401) 459-5000 or 1-800-639-2227 or fax your request to (401) 459-5005.

An expedited appeal determination for services that have not yet been rendered (a pre-service review) will be made not later than seventy-two (72) hours or in less than seventy-two (72) hours (taking into consideration medical exigencies) from the receipt of the request.

Services that have all ready been rendered (retrospective review) are not eligible for expedited (urgent) review.

### **External Appeal**

If you remain dissatisfied with our appeal determination, you may request an external review by an outside review agency for any *claim* amount. There is no minimum dollar amount that a *claim* must be in order to file an external appeal.

To request an external review you must submit your request in writing to us within four (4) months of your receipt of the determination We will forward your request to the outside review agency within five (5) business days, or two (2) business days for an expedited external appeal.

We may charge you a filing fee up to \$25.00 per external appeal, not to exceed \$75.00 per *benefit year*. We will refund you if the denial is reversed and will waive the fee if it imposes an undue hardship on you.

For all non-emergency appeals, the outside review agency will notify you of its determination within ten (10) business days of the agency's receipt of the information.

For all urgent external appeals, the outside review agency will notify you of its determination within two (2) business days.

The determination by the outside review agency is binding upon us.

This External Appeal is voluntary. This means you may choose to participate in this level of appeal or you may file suit in an appropriate court of law (Please see Legal Action, below).

#### **7.4 Legal Action**

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If you are dissatisfied with the decision on your *claim*, and have complied with applicable state and federal law, you are entitled to seek judicial review. This review will take place in an appropriate court of law.

**Note:** *Once a member or provider receives a decision at one of the several levels of appeal (Level 1, Level 2, External, and Legal Action), the member or provider may not ask for an appeal at the same level again, unless additional information that could impact such decisions can be provided.*

Under state law, you may not begin court proceedings prior to the expiration of sixty (60) days after the date you filed your *claim*. In no event may legal action be taken against us later than three (3) years from the date you were required to file the *claim* (see Section 6.1).

#### **7.5 Grievances Unrelated to Claims**

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We encourage you to discuss any *complaint* that you may have about any aspect of your medical treatment with the health care *provider* that furnished the care. In most cases, issues can be more easily resolved when they are raised when they occur. If, however, you remain dissatisfied or prefer not to take up the issue with your *provider*, you may access our *complaint* and grievance procedures.

You may also access our *complaint* and grievance procedures if you have a *complaint* about our service or about one of our employees. In order to start a grievance, please call our Customer Service Department. The Customer Service Department will log in your call and begin working towards the resolution of your *complaint*.

The grievance procedures described in this Section do not apply to medical necessity determinations (see Section 7.3), *complaints* about payments (see Section 7.2), *claims* of medical malpractice or to allegations that we are liable for the

professional negligence of any *doctor, hospital, health care facility* or other health care *provider* furnishing services under this *agreement*.

## **7.6 Our Right to Withhold Payments**

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We have the right to withhold payment during the period of investigation on any *claim* we receive that we have reason to believe might not be eligible for coverage. We will also conduct pre-payment review on a *claim* we have reason to believe has been submitted for a service not covered under this *agreement*. We will make a final decision on these *claims* within sixty (60) days after the date you filed said *claim*.

We also have the right to perform post-payment reviews of *claims*. If we determine misrepresentation was used when you filed the *claim*, or if we determine that a *claim* should not have been paid for any reason, we may take all necessary steps (including legal action) to recover funds paid to you or to a *provider*.

## **7.7 Our Right of Subrogation and/or Reimbursement**

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### **Definitions**

**SUBROGATION** means we can use your right to recover money from a third party who caused you to be hurt or sick. We may also recover from any insurance company (including uninsured and underinsured motorist clauses and no-fault insurance) or other party.

**REIMBURSEMENT** means our right to be paid back any payments, awards or settlements that you receive from a third party. We can collect up to the amount of any benefit or any payment we made.

### **Subrogation**

We may recover money from a third party that causes you to be hurt or sick. If that party has insurance, we may recover money from the insurance company. Our recovery will be based on the *benefit* or payment we made under this *agreement*. For example, if you are hurt in a car accident and we pay for your *hospital* stay, we can collect the amount we paid for your *hospital* stay from the auto insurer. If you do not try to collect money from the third party who caused you to be hurt or sick, you agree that we can. We may do so on your behalf or in your name. Our right to be paid will take priority over any claim for money by a third party. This is true even if you have a claim for punitive or compensatory damages.

### **Reimbursement**

If we give you *benefits* or make payment for services under this *agreement* and you get money from a third party for those services, you must pay us back. This is true even if you receive the money after a settlement or a judgment. For example, if your auto insurance pays for your emergency room visit after a car accident, you must reimburse us for any *benefit* payment that we made.

We can collect the money no matter where it is or how it is designated. You must pay us back even if you do not get back the total amount of your claim against the third party. We can collect the money you receive even if it is described as a payment for something other than health care expenses. We may offset future payments under this *agreement* until we have been paid an amount equal to what you were paid by a third party. If we must pay legal fees in order to recover money from you, we can recover these costs from you. Also, the amount that you must pay us cannot be reduced by any legal costs that you have.

If you receive money in a settlement or a judgment and do not agree with our right to *reimbursement*, you must keep an amount equal to our claim in a separate account until the dispute is resolved. If a court orders that money be paid to you or any third party before your lawsuit is resolved, you must tell us quickly so we can respond in court.

### **Member Cooperation**

You must give us information and help us. This means you must complete and sign all necessary documents to help us get money back. You must tell us in a timely manner about the progress of your claim with a third party. This includes filing a claim or lawsuit, beginning settlement discussions, or agreeing to a settlement in principle, etc. It also means that you must give us timely notice before you settle any claim. You must not do anything that might limit our rights under this Section. We may take any action necessary to protect our right of *subrogation* and/or *reimbursement*.



## 8.0 GLOSSARY

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When a defined term is used in this *agreement*, it will be italicized.

**AGREEMENT** means this document. It is a legal contract between you and Blue Cross & Blue Shield of Rhode Island.

**ALLOWANCE** is the maximum amount to be acceptable for a *covered health care service*. Our *allowance* for a *covered health care service* may include payment for other related services. See Section 5.0 - How Your Covered Health Care Services Are Paid and the Summary of Benefits for services subject to *copayments*, *deductibles*, and *maximum benefits*.

When you receive *covered health care services* from a *network provider*, the *provider* has agreed to accept our *allowance* as payment in full. You will be responsible to pay your *copayments*, *deductibles*, and the difference between the *maximum benefit* and our *allowance*, if any.

When you receive *covered health care services* from a *non-network provider*, you will be responsible for the *provider's charge*. Our reimbursement will be based on the lesser of our *allowance*, the *non-network provider's charge*, or the *maximum benefit*, less any *copayments* and *deductibles*, if any.

**BENEFITS** means any treatment, facility, equipment, drug, device, supply or service that you receive reimbursement for under a *plan*.

**BENEFIT LIMIT** means the *maximum benefit* amount allowed for certain *covered health care services*. It may limit the duration or the number of visits for *covered health care services*. See the Summary of Benefits for details about any *benefit limits*.

**BENEFIT YEAR** means a calendar year which is a 12-month period beginning on January 1st and ending December 31st.

**BLUECARD** is a national program in which all Blue Cross and Blue Shield plans participate. It benefits *subscribers* who receive *covered health care services* outside their own plan's service area. See Section 5.3 for details.

**CHARGES** means the amount billed by any health care *provider* (e.g., *hospital*, *doctor*, laboratory, etc.) for *covered health care services* without the application of any discount or negotiated fee arrangement.

**CLAIM** means a request that *benefits* of a *plan* be provided or paid.

**COBRA** means the Consolidated Omnibus Budget Reconciliation Act passed by Congress in 1986. This law provides continuation of group health *plan* coverage that would otherwise be ended. **COBRA** gives certain former employees, retirees, spouses, and dependents the right to temporary continuation of health coverage at group rates.

**COPAYMENT** means either a defined dollar amount or a percentage of our *allowance* that you must pay for certain *covered health care services*.

**COVERED HEALTH CARE SERVICES** means any service, treatment, procedure, facility, equipment, drug, device, or supply which we have reviewed and determined is eligible for reimbursement under this *agreement*.

**DEDUCTIBLE** means the amount that you must pay each *benefit year* before we begin to pay for certain *covered health care services*. The *deductible* applies to all *covered health care services*, with the exception of *preventive care services*.

The *network provider* and *non-network provider calendar year deductibles* accumulate separately. The *deductible* amount applied to a covered health care expense is based on the lower of our *allowance* or the *provider's charge*.

The family *calendar year deductible* is met by collectively adding the amount of covered health care expenses applied to the *deductible* for all eligible family *members*.

See the Summary of Benefits for your *calendar year deductible* amount(s).

**DEVELOPMENTAL SERVICES** means therapies, typically provided by a qualified professional using a treatment plan, that are intended to lessen deficiencies in normal age appropriate function. The therapies generally are meant to limit deficiencies related to injury or disease that have been present since birth. This is true even if the deficiency was detected during a later developmental stage. The deficiency may be the result of injury or disease during the developmental period. *Developmental services* are applied for sustained periods of time to promote acceleration in developmentally related functional capacity. This *agreement* covers *developmental services* unless specifically listed as not covered.

**DOCTOR** means any person licensed and registered as an allopathic or osteopathic physician (i.e. a D.O or M.D.). For purposes of this *agreement*, the term *doctor* also includes a licensed *dentist*, podiatrist, or chiropractic physician.

**ELIGIBLE PERSON** is explained in Section 2.1. We or *HealthSource RI* may be the entity that determines eligibility for coverage under this *agreement*. See Section 2.1 for a detailed description of who is eligible to enroll as a dependent under this *agreement*.

**EMERGENCY** means a medical condition manifesting itself by acute symptoms. The acute symptoms are severe enough (including severe pain) that a prudent layperson, with an average knowledge of health and medicine, could reasonably expect

that without immediate medical attention serious jeopardy to the health of a person (or, with respect to a pregnant woman, the health of the woman or her unborn child), serious impairment to bodily functions, or serious dysfunction of any bodily organ or part could result.

**EXPERIMENTAL/INVESTIGATIONAL** means any health care service that has progressed to limited human application, but has not been recognized as proven and effective in clinical medicine. See Section 3.11 for a more detailed description of the type of health care services we consider *experimental/investigational*.

**FREE-STANDING AMBULATORY SURGI-CENTER** means a state licensed facility which is equipped to surgically treat patients on an *outpatient* basis.

**HABILITATIVE SERVICES** mean health care services that help a person keep, learn, or improve skills and functioning for daily living. A qualified professional provides the health care services. Examples include therapy for a child who is not walking or talking at the expected age. These services may include physical and occupational therapy, speech therapy and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

**HEALTH SAVINGS ACCOUNT (HSA)** is a tax-exempt trust or custodial account established exclusively for the purpose of paying qualified medical expenses of the account beneficiary who, for the months for which contributions are made to an *HSA*, is covered under a *high deductible health plan*.

**HEALTHSOURCE RI** means a Rhode Island governmental agency that makes Qualified Health Plan (QHPs) available to qualified individuals. It works as a marketplace to help residents identify health insurance options. To contact, please call 1-855-683-6759.

**HIGH DEDUCTIBLE HEALTH PLAN (HDHP)** is a health *plan* that satisfies certain requirements with respect to *deductibles* and *out-of-pocket expenses*. The *plan* cannot provide payment for any *covered health care service* until the *calendar year deductible* is satisfied, with the exception of *preventive care services*.

**HOSPITAL** means any facility worldwide:

- that provides medical and surgical care for patients who have acute illnesses or injuries; AND
  - is either listed as a *hospital* by the American Hospital Association (AHA) OR accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
- **A GENERAL HOSPITAL** means a *hospital* which is designed to care for medical and surgical patients with acute illness or injury.

- **A SPECIALTY HOSPITAL** means a *hospital* or the specialty unit of a *general hospital* which is licensed by the State. It must be designed to care for patients with injuries or special illnesses. This includes, but is not limited to, a long-term acute care unit, an acute mental health or acute short-term rehabilitation unit or *hospital*.

*Hospital* does not mean:

- convalescent homes;
- rest homes;
- nursing homes;
- homes for the aged;
- school and college infirmaries;
- halfway houses or residential facilities;
- long-term care facilities;
- *urgent care centers* or *free-standing ambulatory surgi-centers*;
- facilities providing mainly custodial, educational or rehabilitative care; or
- sections of *hospitals* used for custodial, educational or rehabilitative care, even if accredited by the JCAHO or listed in the AHA directory.

**HOSPITAL SERVICES** are the following *in-hospital services*:

- anesthesia supplies;
- blood services including: administration, typing, crossmatching, drawing, maintenance of donor room, and *charges* for plasma and derivatives. *Charges* for penalty fees are NOT covered;
- cardiac pacemakers;
- computerized axial tomography (CAT or CT scan) and magnetic resonance imaging (MRI);
- diagnostic imaging, radiation therapy and diagnostic and therapeutic radioisotopic services;
- drugs and medications as currently listed in the National Formulary or the U.S. Pharmacopoeia;
- electrocardiograms (EKGs) and electroencephalogram (EEG);
- general and specialty nursing care;
- hearing evaluation;
- hemodialysis - use of machine and other physical equipment;
- inhalation and oxygen, respiratory therapy, and ventilator support;
- insulin and electroconvulsive therapy;
- laboratory and pathology testing and pulmonary function tests;
- mammogram;
- meals and other dietary services;
- medical and surgical supplies;

- occupational therapy;
- original prosthetic and initial prosthesis when supplied and billed by the *hospital* where you are an *inpatient* or the *hospital* that you return to, within a reasonable period of time, for an original prosthesis or initial prosthetic, providing the prosthesis or the prosthetic is related to the original *hospital* stay;
- pap smear;
- physical therapy;
- recovery room;
- rehabilitation services;
- room accommodations in a ward or *semi-private room*;
- services performed in intensive care units;
- services of a licensed clinical psychologist when ordered by a *doctor* and billed by a *hospital*;
- speech evaluation and therapy;
- ultrasonography (ultrasounds) ;
- use of the operating room for surgery, anesthesia, and recovery room services; and
- other *hospital services* necessary for your treatment which we have approved.

**INPATIENT** is a patient admitted to a *hospital* or other health care facility. The patient must be admitted at least overnight.

**MAINTENANCE SERVICES** means any service that is intended to maintain current function, slow down, or prevent decline in function. *Maintenance services* are most often long term therapies that do not apply to persons with an acute chronic illness or functional deficit. See Section 4.35 - Supervision of Maintenance Therapy.

**MAXIMUM BENEFIT** means the total benefit allowed under this *plan* for *covered health care services* for a particular condition or service.

When you receive *covered health care services* from a *network provider*, the *provider* has agreed to accept our *allowance* as payment in full. You will be responsible to pay the difference between the *maximum benefit* and our *allowance*, and any applicable *copayments* and *deductibles*.

When you receive *covered health care services* from a *non-network provider*, you will be responsible for the *provider's charge*. Our reimbursement will be based on the lesser of our *allowance*, the *non-network provider's charge*, or the *maximum benefit*; less any *copayments* and *deductibles*, if any.

**MAXIMUM OUT-OF-POCKET EXPENSE** means the total amount of *deductible* and *copayments* that you must pay each *calendar year* for *covered health care services* provided by *network* and *non-network hospitals, facilities, doctors, and other health care providers*.

The family *calendar year maximum out-of-pocket expenses* is met by collectively adding the *deductible* and *copayment* amount applied to covered health care expenses for all eligible family *members*.

We will pay up to 100% of our *allowance* for the remainder of the *calendar year* once you have met the *maximum out-of-pocket expense*.

See the Summary of Benefits for your *maximum out-of-pocket expenses*.

**MEDICALLY NECESSARY** means that the health care services provided to treat your illness or injury, upon review by Blue Cross & Blue Shield of Rhode Island are:

- appropriate and effective for the diagnosis, treatment, or care of the condition, disease ailment or injury for which it is prescribed or performed;
- appropriate with regard to generally accepted standards of medical practice within the medical community or scientific evidence;
- not primarily for the convenience of the *member*, the *member's* family or *provider* of such *member*; AND
- the most appropriate in terms of type, amount, frequency, setting, duration, supplies or level of service which can safely be provided to the *member*, i.e. no less expensive professionally acceptable alternative is available.

We will make a determination whether a health care service is *medically necessary*. You have the right to appeal our determination or to take legal action as described in Section 7.0. We review medical necessity on a case-by-case basis.

THE FACT THAT YOUR *DOCTOR* PERFORMED OR PRESCRIBED A PROCEDURE DOES NOT MEAN THAT IT IS *MEDICALLY NECESSARY*. We determine medical necessity solely for purposes of *claims* payment under this *agreement*.

**NETWORK PROVIDER (NETWORK)** is a *provider* that has entered into an agreement with us or a Blue Cross or Blue Shield *plan* of another state.

**NEW SERVICE** means a service, treatment, procedure, facility, equipment, drug, device, or supply we previously have not reviewed to determine if the service is eligible for coverage under this *agreement*.

**NON-NETWORK PROVIDER (NON-NETWORK)** is a *provider* that has not entered into an agreement with us or another Blue Cross or Blue Shield *plan* of another state.

**OUTPATIENT** is a patient receiving ambulatory care at a *hospital* or other health care facility. The patient is not admitted overnight.

**PERSONAL PHYSICIAN** means, for the purpose of this *agreement* and for the determination of your *copayment*, professional *providers* that are family practitioners, internists, and pediatricians. Nurse practitioners and physician assistants, practicing under the supervision of these professional *providers*, may be reimbursed as *personal physicians*. For the purpose of this *agreement*, gynecologists and obstetricians may be credentialed as *personal physicians* or as *specialist physicians*.

**PLAN** means any *hospital* or medical service *plan* or health insurance benefit package provided by an organization. This includes an organization that is a *member* of the Blue Cross and Blue Shield Association and Blue Cross & Blue Shield of Rhode Island as well as:

- group insurance or group-type coverage, whether insured or self-insured, including group-type coverage through an HMO, other prepayment group practice or individual practice *plan*; AND
- coverage under a governmental *plan* or coverage required to be provided by law. This does not include a state *plan* under Medicaid (Title XIX, Grant to States for Medical Assistance Programs, of the U.S. Social Security Act as amended from time to time).

**PREAUTHORIZATION** is a process that determines if a health care service qualifies for benefit payment. The *preauthorization* process varies depending on whether the service is a medical procedure or a prescription drug. *Preauthorization* is not a guarantee of payment, as the process does not take *benefit limits* into account.

*Preauthorization* is the approval that we advise you to seek before receiving certain *covered health care services*. Selected prescription drugs bought at a pharmacy require *prescription drug preauthorization*. (See Section 3.27 for details.) *Preauthorization* ensures that services are *medically necessary* and performed in the most appropriate setting. *Network providers* are responsible for obtaining *preauthorization* for all applicable *covered health care services*. If a *network provider* does not obtain *preauthorization*, you are not liable for the cost of the *covered health care service*.

You are responsible for obtaining *preauthorization* when the *provider* is *non-network* or if the services are rendered by a *provider* or facility that participates with an out-of-state Blue Cross or Blue Shield *plan (BlueCard)*. If you do not obtain *preauthorization* and the services are determined to be not *medically necessary* or the setting in which the services were received is determined to be inappropriate, we will not cover these services/facilities and you will be responsible for the cost of these services. You have the right to appeal our determination or to take legal action as described in Section 7.0.

You may ask for preauthorization by telephoning us. For *covered health care services* (other than behavioral health services), call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

For behavioral health services (mental health and *substance abuse*), call (401) 277-1344 or 1-800-274-2958.

We encourage you to contact us at least two (2) working days before you receive any *covered health care service* for which *preauthorization* is recommended.

Services for which *preauthorization* is recommended are marked with an asterisk (\*) in the Summary of Medical Benefits.

**PREVENTIVE CARE SERVICES** means *covered health care services* performed to prevent the occurrence of disease. See Section 3.28 - *Preventive Care Services* and *Early Detection Services*.

**PROGRAM** means a collection of *covered health care services*, billed by one *provider*, which can be carried out in many settings and by different *providers*. This *agreement* does NOT cover *programs* unless specifically listed as covered. See Section 3.0 - *Covered Health Care Services* to find out if a *program* is covered under this *agreement*.

**PROVIDER** means an individual or entity licensed under the laws of the State of Rhode Island or another state to furnish health care services. For purposes of this *agreement*, the term *provider* includes a *doctor* and a *hospital*. It also means individuals whose services we must cover under Title 27, Chapters 19 and 20 of the Rhode Island General Laws, as amended from time to time.

These individuals include:

- midwives;
- certified registered nurse practitioners;
- psychiatric and mental health nurse clinical specialists practicing in collaboration with or in the employ of a physician licensed in Rhode Island;
- counselors in mental health; and
- therapists in marriage and family practice.

**REHABILITATIVE SERVICES** means acute short-term therapies that can only be provided by a qualified professional. The therapies are used to treat functional deficiencies that are the result of injury or disease. Short-term therapies are services that result in measurable and meaningful functional improvements within sixty (60) days.

The services must be

- consistent with the nature and severity of illness;



- be considered safe and effective for the patient's condition;
- be used to restore function.

The *rehabilitative services* must be provided as part of a defined treatment plan for an acute illness, injury, or an acute exacerbation of a chronic illness with significant potential for functional recovery.

See Section 3.33 - Speech Therapy and the Summary of Medical Benefits for *benefit limits* and the amount that you pay.

**SEMI-PRIVATE ROOM** means a *hospital* room with two or more patient beds.

**SOUND NATURAL TEETH** means teeth that:

- are free of active or chronic clinical decay;
- have at least fifty percent (50%) bony support;
- are functional in the arch; and
- have not been excessively weakened by multiple dental procedures.

**SUBSCRIBER/MEMBER** means you and each *eligible person* listed on your application that is covered.

**SUBSTANCE ABUSE** means the chronic abuse of alcohol or other drugs. It is characterized:

- by impaired functioning;
- debilitating physical condition;
- the inability to keep from or reduce consuming the substance; OR
- the need for daily use of the substance in order to function.

The term "substance" includes alcohol and addictive drugs. It does not include caffeine or tobacco.

**SUBSTANCE ABUSE TREATMENT FACILITY** means a *hospital* or facility which is licensed by the Rhode Island Department of Health as a *hospital* or as a community residential facility for *substance abuse* and *substance abuse* treatment, unless we can establish through a pre-admission certification process that services are not available at a facility that meets these requirements.

**URGENT CARE CENTER** means a health care center physically separate from a *hospital* or other institution with which it is affiliated. It may also mean an independently operated and owned health care center. These centers are also referred to as "walk-in centers".

**UTILIZATION REVIEW** means the prospective (prior to), concurrent (during) or retrospective (after) review of any service to determine whether such service was properly authorized, constitutes a *medically necessary* service for purposes of *benefit* payment, and is a *covered health care service* under this *agreement*.

- **Prospective Review** is a review done before services are rendered.
- **Concurrent Review** is a review done during a patient's *hospital* stay or course of treatment.
- **Retrospective Review** is a review done after services have been rendered.

**WE, US,** and **OUR** means Blue Cross & Blue Shield of Rhode Island. We are located at 500 Exchange Street, Providence, Rhode Island, 02903. In this *agreement*, WE, US, or OUR will have the same meaning whether italicized or not.

**YOU** and **YOUR** means the person who is subscribing to Blue Cross & Blue Shield of Rhode Island. In this *agreement*, YOU and YOUR will have the same meaning whether italicized or not.

Plan = On/Off Exchange - SILVER DP Blue Solutions H S A 90.60 2600.5200 – Pedi dental – Pedi vision- RX3/12/35/60/100

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