

Medical Coverage Policy



**Blue Cross
Blue Shield**
of Rhode Island

Autologous Chondrocyte Implantation - PREAUTH

Device/Equipment Drug Medical Surgery Test Other

Effective Date:	11/21/2003	Policy Last Updated:	5/7/2013
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Prospective review is recommended/required. Please check the member agreement for preauthorization guidelines.

Prospective review is not required.

Description:

A variety of procedures are being developed to resurface articular cartilage defects. Autologous chondrocyte implantation (ACI) involves harvesting chondrocytes from healthy tissue, expanding the cells in vitro, and implanting the expanded cells into the chondral defect under a periosteal or fibrin patch. Second- and third-generation techniques include combinations of autologous or allogeneic chondrocytes, minced cartilage, scaffolds, and growth factors.

Damaged articular cartilage typically fails to heal on its own and can be associated with pain, loss of function, and disability and may lead to debilitating osteoarthritis over time. These manifestations can severely impair an individual's activities of daily living and adversely affect quality of life. Conventional treatment options include debridement, subchondral drilling, microfracture, and abrasion arthroplasty. Debridement involves the removal of synovial membrane, osteophytes, loose articular debris, and diseased cartilage and is capable of producing symptomatic relief. Subchondral drilling, microfracture, and abrasion arthroplasty attempt to restore the articular surface by inducing the growth of fibrocartilage into the chondral defect. Compared to the original hyaline cartilage, fibrocartilage has less capability to withstand shock or shearing force and can degenerate over time, often resulting in the return of clinical symptoms. Osteochondral grafts and ACI attempt to regenerate hyaline-like cartilage and thereby restore durable function.

With autologous chondrocyte implantation, a region of healthy articular cartilage is identified and biopsied through arthroscopy. The tissue is sent to a facility licensed by the U.S. Food and Drug Administration (FDA) where it is minced and enzymatically digested, and the chondrocytes are separated by filtration. The isolated chondrocytes are cultured for 11–21 days to expand the cell population, tested, and then shipped back for implantation. With the patient under general anesthesia, an arthrotomy is performed, and the chondral lesion is excised up to the normal surrounding cartilage. A periosteal flap is removed from the proximal medial tibia and sutured to the surrounding rim of normal cartilage. The cultured chondrocytes are then injected beneath the periosteal flap.

The entire autologous chondrocyte implantation (ACI) procedure consists of 4 steps: 1) the initial arthroscopy and biopsy of normal cartilage, 2) culturing of chondrocytes, 3) a separate arthrotomy to create a periosteal flap and implant the chondrocytes, and 4) post-surgical rehabilitation. The initial arthroscopy may be scheduled as a diagnostic procedure; as part of this procedure, a cartilage defect may be identified, prompting biopsy of normal cartilage in anticipation of a possible chondrocyte transplant. The biopsied material is then sent for culturing and returned to the hospital when the implantation procedure (i.e., arthrotomy) is scheduled.

Although long-term studies are lacking, evidence indicates that ACI can improve symptoms in some patients with lesions of the articular cartilage of the knee who have failed prior surgical treatment. These patients, who are too young for total knee replacement, have limited options. Therefore, based on the clinical input, highly suggestive evidence from randomized controlled trials and prospective observational studies, it is concluded that ACI may be considered an option for the FDA-approved indication of disabling full-thickness chondral lesions of the femoral condyles or trochlea caused by acute or repetitive trauma, in patients who have had an inadequate response to a prior procedure.

Additional studies are needed to evaluate whether marrow stimulation at the time of biopsy affects implant success. Recent evidence indicates that ACI combined with meniscal allograft results in outcomes similar to either procedure performed alone; therefore, combined procedures may be considered medically necessary.

Evidence is currently insufficient to evaluate the efficacy of ACI in comparison with other surgical repair procedures as a primary treatment of large lesions or to evaluate the efficacy of ACI for the patella or for joints other than the knee, therefore, this is considered not medically necessary.

Results from second generation ACI procedures (MACI) from Europe appear promising. These products use a variety of biodegradable scaffolds and have the potential to improve consistent hyaline cartilage formation and reduce complications associated with injection under a periosteal patch. To date no MACI products are approved in the U.S.; therefore, these are considered investigational. Minced cartilage techniques are in the early stages of development and testing and/or not approved in the U.S.; these are considered not medically necessary as there is no proven efficacy.

Medical Criteria:

Autologous chondrocyte implantation may be considered **medically necessary** for the treatment of disabling full-thickness articular cartilage defects of the knee caused by acute or repetitive trauma, in patients who have had an inadequate response to a prior surgical procedure, when all of the following criteria are met:

- Adolescent patients should be skeletally mature with documented closure of growth plates (e.g., 15 years or older). Adult patients should be too young to be considered an appropriate candidate for total knee arthroplasty or other reconstructive knee surgery (e.g., younger than 55 years)
- Focal, full-thickness (grade III or IV) unipolar lesions on the weight bearing surface of the femoral condyles or trochlea at least 1.5 cm² in size
- Documented minimal to absent degenerative changes in the surrounding articular cartilage (Outerbridge Grade II or less), and normal-appearing hyaline cartilage surrounding the border of the defect
- Normal knee biomechanics, or alignment and stability achieved concurrently with autologous chondrocyte implantation
- Absence of meniscal pathology

Policy:

Preauthorization is required for BlueCHiP for Medicare members and recommended for all other product lines.

Autologous chondrocyte transplantation for the treatment of cartilage defects of the knee is **considered medically necessary** when the above-noted medical criteria are met.

There is no scientific literature to support the use of Autologous chondrocyte implantation for all other joints, including patellar and talar or any indications other than those listed above, therefore all other indications are considered **not medically necessary**.

Coverage:

Benefits may vary between groups/contracts. Please refer to the appropriate Evidence of Coverage, Subscriber Agreement, or Benefit Booklet for the applicable surgery benefits/coverage.

Coding:

The following codes are covered when preauthorization has been obtained:

CPT code for Carticel™ implantation:

27412

HCPCS supply code:

J7330 Autologous cultured chondrocytes, implant

Also Known As:

Autologous Chondrocyte Implantation (ACI)

Carticel™

Related Topics:

None

Published:

Provider Update, July 2013

Provider Update, May 2012

Provider Update, July 2011

Provider Update, September 2009

Provider Update, October 2008

Policy Update, January 2007

References:

Blue Cross Blue Shield Association Medical Policy Reference. Policy 7.01.48 - Autologous Chondrocyte Implantation. Reviewed with literature search/November 2008.

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Carticel. Results from The Study of the Treatment of Articular Repair (STAR). Retrieved on May 21, 2009: <http://www.carticel.com/healthcare/about/star-study-research.aspx>.

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American Academy of Orthopaedic Surgeons. Clinical practice guideline on the diagnosis and treatment of osteochondritis dissecans. 2010. Available online at: http://www.aaos.org/research/guidelines/OCD_guideline.pdf

History:

Annual Update - March 2013

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