

## Medical Coverage Policy | Balloon-Assisted Maturation of Arteriovenous Fistula



**EFFECTIVE DATE:** 07|07|2009

**POLICY LAST UPDATED:** 02|02|2016

### OVERVIEW

This policy addresses the use of balloon angioplasty to mature arteriovenous fistulas (AVFs) that are not otherwise diseased but are unusable as they do not provide adequate blood flow for hemodialysis.

### MEDICAL CRITERIA

Not applicable

### PRIOR AUTHORIZATION

Not applicable

### POLICY STATEMENT

#### BlueCHiP for Medicare and Commercial Products

Balloon angioplasty maturation of undiseased arteriovenous fistulas is considered not medically necessary as there is insufficient peer-reviewed scientific literature to demonstrate that the procedure/service is effective.

Balloon angioplasty to improve blood flow through a diseased (i.e., stenotic lesions) segment of a non-maturing AVF is a covered service.

### COVERAGE

Benefits may vary between groups/contracts. Please refer to the appropriate Benefit Booklet, Evidence of Coverage, or Subscriber Agreement for limitations of benefits/coverage when services are not medically necessary.

### BACKGROUND

Arteriovenous fistula is believed to be the best available form of hemodialysis access, yet a significant number of fistulas in patients never “mature” (become usable) to support dialysis. Balloon angioplasty maturation, also called balloon-assisted maturation (BAM) of undiseased AVF is an aggressive intervention used to promote patency of fistulas to optimize their use for hemodialysis. In this procedure, the vein undergoes staged, serial, long-segment dilations until it reaches the desired diameter. Serial BAMs are performed approximately 2 to 4 weeks apart with a goal of increasing the diameter of AVF to allow for nonrestrictive blood flow.<sup>1</sup> While initial results of the intervention appear to be promising; there is a shortage of published clinical data to address its long-term affect.

Balloon-assisted maturation of undiseased arteriovenous fistulas that do not provide adequate blood flow for hemodialysis are considered not medically necessary, as there is limited published clinical data to support its long-term effectiveness.

### CODING

#### BlueCHiP for Medicare and Commercial Products

There is no specific CPT or HCPCS code for dilation of non-diseased vessels, therefore providers should report this service with an unlisted procedure code.

## RELATED POLICIES

Not applicable

## PUBLISHED

Provider Update, April 2016

Provider Update, October 2015

Provider Update, May 2014

Provider Update, July 2012

Provider Update, August 2011

Provider Update, September 2010

Provider Update, September 2009

## REFERENCES

1. Miller, G A, et al. Veith Symposium article published on the web 2005. Balloon Angioplasty Maturation of Arteriovenous Fistulae: A New Technique to Facilitate Placement and Utilization of Primary Arteriovenous Fistulae. Retrieved: <http://www.veithsymposium.org/veithpdf2005/299.pdf>.
2. Wu, T, et al. Vascular Annual Meeting, March 23, 2007. Balloon Angioplasty Maturation of Arteriovenous Fistulae: A New Paradigm for Surveillance, Maintenance and Improved Function. Retrieved: [http://www.vascularweb.org/Annual\\_Meeting/Abstracts/2007/wul\\_balloon\\_angioplasty\\_maturation.html](http://www.vascularweb.org/Annual_Meeting/Abstracts/2007/wul_balloon_angioplasty_maturation.html).
3. Centers for Medicare and Medicaid Services: Medicare Coverage Database. Article for Transluminal Balloon Angioplasty (PTA) (A46060). Retrieved: [http://www.cms.hhs.gov/mcd/viewarticle.asp?article\\_id=46060&article\\_version=4&show=all](http://www.cms.hhs.gov/mcd/viewarticle.asp?article_id=46060&article_version=4&show=all).

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