

Medical Coverage Policy | Child and Family Intensive Services (CFIT) and Adult Intensive Services (AIS)



EFFECTIVE DATE: 1/1/2005
POLICY LAST UPDATED: 5/21/2013

OVERVIEW

The intent of this policy is provide less restricted intermediate behavioral health services to children, adults and families with intensive behavioral health problems in order to prevent/reduce inpatient admissions. This applies to Commercial products only.

PRIOR AUTHORIZATION

Commercial

Prior authorization is recommended.
Contact BCBSRI Behavioral Health Vendor at 800-274-2958.

POLICY STATEMENT

Commercial Products

Child and Family Intensive Services (CFIT) and Adult Intensive Services (AIS) are a covered behavioral health benefit

Adult Intensive Service (AIS) program:

AIS program includes, but not limited to, coverage for emergency or crisis evaluations which are available 24 hours a day 7 days per week, psychiatric assessment, medication evaluation and management, case management, psychiatric nursing services, and individual, group, and family behavioral health therapy. The services will be provided a minimum of six (6) contact hours per week.

Child and Family Intensive Treatment (CFIT) program:

CFIT program includes, but not limited to, coverage for individual, family, and group counseling; medication consultation and management; and case management coordination with a school, state agency, and outpatient practitioners. A minimum of six (6) contact hours per week are allowed. CFIT benefits are available only for covered dependent children until their nineteenth (19th) birthday.

MEDICAL CRITERIA

None

BACKGROUND

The Child and Family Intensive Services (CFIT) and Adult Intensive Services (AIS) benefits are intended to offer treatment in alternative settings such as in the community, a practitioner's office, and/or in the patient's home for individuals with moderate to severe psychiatric symptoms in an effort to reduce inpatient admissions. While individuals receiving these services are typically not at risk for serious harm to themselves or others, they may have difficulty performing activities of daily living. Left untreated, they would more likely require more intensive and costly inpatient services. The intensive services are made available after standard outpatient treatment has proven to be ineffective, insufficient or inappropriate to treat the member's condition.

Services consist of, but are not limited to:

- Individual, family, and/or group therapy
- Medication consultation and management

- Case management coordination
- Emergency crisis evaluation available 24 hours a day 7 days per week
- Psychiatric assessment

The goal in providing intensive services in the home, practitioner's office or a community setting is an attempt to transition the member back to a more standard form of outpatient care.

COVERAGE

Benefits may vary by group/contract. Please refer to the appropriate member certificate/subscriber agreement/benefit booklet in the behavioral health services section for applicable benefits/coverage.

CODING

Commercial:

The provider will be reimbursed at an all-inclusive per diem payment schedule.

The following HCPCS codes are covered with preauthorization

S9485 Behavioral Health

H0007 Substance Abuse

RELATED POLICIES

None

PUBLISHED

Provider Update	Aug 2013
Provider Update	Feb 2013
Provider Update	July 2008
Policy Update	Sept 2006
Policy Update	July 2006

REFERENCES

None

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