

**EFFECTIVE DATE:** 12|07|2010

**POLICY LAST UPDATED:** 10|06|2015

## OVERVIEW

Prolia (denosumab) is indicated for the treatment of postmenopausal women with osteoporosis at high risk for fracture and to increase bone mass in men with osteoporosis. It is also indicated as a treatment to increase bone mass in men at high risk for fracture receiving androgen deprivation therapy for nonmetastatic prostate cancer and to increase bone mass in women at high risk for fracture receiving adjuvant aromatase inhibitor therapy for breast cancer. Xgeva (denosumab) is indicated for the prevention of skeletal-related events (SREs) in patients with bone metastases from solid tumors and giant cell tumor of bone that is unresectable or where surgical resection is likely to result in severe morbidity.

## MEDICAL CRITERIA

Prolia (denosumab) for the treatment of osteoporosis and to increase bone mass:

Prolia (denosumab) is considered medically necessary for treatment of osteoporosis and to increase bone mass for the following:

- Women with postmenopausal osteoporosis; or
- Men with osteoporosis; or
- Women with breast cancer who are receiving adjuvant aromatase inhibitor therapy; or
- Men with nonmetastatic prostate cancer who are receiving androgen deprivation therapy;

In addition to meeting one of the above indications, the patient must meet all of the criteria below:

1. Does not have uncorrected hypocalcemia; and
2. Vitamin D status has been evaluated and corrected; and
3. Will receive adequate intake of supplemental calcium and vitamin D; and
4. Has tried an oral bisphosphonate or an intravenous bisphosphonate; and
5. Had an inadequate response to at least one bisphosphonate:
  - a. Received osteoporosis-related fracture while on the bisphosphonate for at least one year; or
  - b. Had significant decline in bone mineral density while on the bisphosphonate for at least one year; and
  - b. Was compliant with bisphosphonate therapy and received adequate calcium and vitamin D supplementation; or
6. Was unable to tolerate at least two different bisphosphonates; or if the patient has not tried any bisphosphonate therapy, they must meet one of the following criteria:
  - a. Has a diagnosis of esophageal stricture, achalasia, or other severe esophageal dysmotility disorder; or
  - b. Is unable to stand or sit upright for 60 minutes; or
  - c. Has a history of severe malabsorption making the use of oral bisphosphonates ineffective; or
  - d. Has renal impairment (creatinine clearance <35 mL/min).

### **Xgeva (denosumab) for bone metastases from solid tumors:**

Xgeva (denosumab) is considered medically necessary for the prevention of skeletal related events for the following:

1. Patient does not have multiple myeloma AND
2. Patient has documented bone metastases from a solid tumor cancer OR giant cell tumor of bone that is unresectable or where surgical resection is likely to result in severe morbidity AND
3. Patient does not have pre-existing hypocalcemia OR
4. Patient will have hypocalcemia corrected prior to starting Xgeva AND
5. Patient will receive calcium and vitamin D as needed to prevent hypocalcemia.

### **PRIOR AUTHORIZATION**

Prior authorization is required for BlueCHiP for Medicare and recommended for Commercial products.

### **POLICY STATEMENT**

#### **BlueCHiP for Medicare and Commercial Products**

Denosumab (Prolia and Xgeva) is considered medically necessary when the medical criteria for each indication above are met.

Denosumab (Prolia and Xgeva) is considered not medically necessary for other treatments not mentioned above due to insufficient evidence in the published, peer reviewed, scientific literature to support its use.

### **COVERAGE**

Benefits may vary between groups/contracts. Please refer to the appropriate Benefit Booklet, Evidence of Coverage, or Subscriber Agreement for the applicable section regarding prescription drugs dispensed and administered by a licensed health care provider (other than a pharmacist) coverage/benefits.

#### **Specialty Pharmacy**

For contracts with specialty drug coverage, please refer to the member agreement for benefits and preauthorization guidelines.

### **BACKGROUND**

Denosumab is a fully human monoclonal antibody that specifically binds to and inhibits the receptor activator of NF-kappaB ligand (RANK Ligand), the primary mediator of bone resorption. RANK Ligand is the protein responsible for activating osteoclasts, the cells that break down bone. An increased amount of the protein has been linked as the primary cause of a broad range of bone loss conditions including osteoporosis, treatment-induced bone loss, bone erosions, and bone metastases.

In June 2010 the U.S. Food and Drug Administration (FDA) approved denosumab (Prolia) for the treatment of postmenopausal women with osteoporosis at high risk for fracture. In November 2010 the FDA approved the same drug, denosumab (Xgeva) in a higher dose for the prevention of skeletal-related events in patients with bone metastases from solid tumors. In September 2011 the FDA also approved denosumab for the treatment of bone loss in patients with non-metastatic prostate or breast cancer. In September 2012 denosumab (Prolia) was approved by the FDA as a treatment of bone loss in men with osteoporosis at high-risk for fracture. They were given distinct trade names in order to differentiate between their unique dosing schedules and indications for use. The two are the same drug, but they have different clinical indications for use and dosing.

#### **Indicated Treatment**

##### **Osteoporosis and as a treatment to increase bone mass:**

Denosumab (Prolia) is indicated for the treatment of postmenopausal women with osteoporosis at high risk for fracture and to increase bone mass in men with osteoporosis. It is also indicated as a treatment to increase bone mass in men at high risk for fracture receiving androgen deprivation therapy for nonmetastatic prostate cancer and to increase bone mass in women at high risk for fracture receiving adjuvant aromatase inhibitor therapy for breast cancer. The recommended dose of denosumab is 60 mg administered as a single subcutaneous injection once every 6 months. Pre-existing hypocalcemia must be corrected prior to initiating therapy with denosumab. Hypocalcemia is a serious risk in patients with severe renal impairment (creatinine

clearance < 30 mL/min), or receiving dialysis. Calcium levels must be maintained with adequate calcium and vitamin D supplementation. Denosumab is supplied in a single-use prefilled syringe with a safety guard or in a single-use vial as 60 mg/1 mL in a single-use prefilled syringe in 1 vial per carton or a 60 mg/1 mL in a single-use vial in 1 per carton.

#### **Bone metastases from solid tumors:**

Denosumab (Xgeva) is indicated for the prevention of skeletal-related events in patients with bone metastases from solid tumors. Denosumab is not indicated for the prevention of skeletal-related events in patients with multiple myeloma. The recommended dose of denosumab is 120 mg administered as a subcutaneous injection every 4 weeks. Calcium and vitamin D are necessary to treat or prevent hypocalcemia. Denosumab is supplied in a single-use 120 mL vial.

#### **CODING**

##### **BlueCHiP for Medicare and Commercial Products**

The following HCPCS code is medically necessary when the medical criteria are met:

**J0897**

#### **RELATED POLICIES**

None

#### **PUBLISHED**

Provider Update, December 2015

Provider Update, July 2013

Provider Update, August 2012

Provider Update, December 2011

Provider Update, February 2011

#### **REFERENCES**

1. Amgen. Prolia (denosumab) injection product information. Thousand Oaks, CA: Amgen Inc. Sept 2012.

Revised Feb 2015

2. Amgen. Xgeva (denosumab) injection product information. Thousand Oaks, CA: Amgen Inc. Revised June 2015

[CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS](#)

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's subscriber agreement or member certificate and/or the employer agreement, and those documents will supersede the provisions of this medical policy. For information on member-specific benefits, call the provider call center. If you provide services to a member which are determined to not be medically necessary (or in some cases medically necessary services which are non-covered benefits), you may not charge the member for the services unless you have informed the member and they have agreed in writing in advance to continue with the treatment at their own expense. Please refer to your participation agreement(s) for the applicable provisions. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. BCBSRI reserves the right to review and revise this policy for any reason and at any time, with or without notice. Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

