# **Medical Coverage Policy |** Psychological and Neuropsychological Testing



**EFFECTIVE DATE:** 07 | 01 | 2016

POLICY LAST UPDATED:  $03 \mid 01 \mid 2016$ 

#### **OVERVIEW**

This payment policy documents the specialty restrictions that apply to psychological and neuropsychological testing that are performed for disorders other than learning disabilities.

# **MEDICAL CRITERIA**

None applicable

## **PRIOR AUTHORIZATION**

None applicable

## **POLICY STATEMENT**

# BlueCHiP for Medicare and Commercial Products

Claims submitted for psychological and neuropsychological testing for disorders, other than for learning disabilities, are covered when submitted by one of the following providers:

- Neuropsychologist, or
- Psychologist, or
- Pediatric neurodevelopmental specialist

Reimbursement for the following services is limited to 6 hours (units) of testing per provider/group per calendar year. Services greater than 6 hours are covered but will not be separately reimbursed to the provider and there is no member liability:

- 96101 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality, and psychopathology), per hour of the psychologist's or physician's time, both face-to-face time with the patient and time interpreting test results and preparing the report
- 96102 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psychopathology), with qualified healthcare professional interpretation and report, administered by technician, per hour of technician time, face to face

Reimbursement for the following services is limited to 10 hours (units) of testing per provider/group per calendar year. Services greater than 10 hours are covered but will not be separately reimbursed to the provider and there is no member liability:

- 96116 Neurobehavioral status exam (clinical assessment of thinking, reasoning and judgment, e.g., acquired knowledge, attention, language, memory, planning and problem solving, and visual spatial abilities), per hour of the psychologist's or physician's time, both face-to-face time with the patient and time interpreting test results and preparing the report
- 96118 Neuropsychological testing (e.g., Halstead-Reitan Neuropsychological Battery, Wechsler Memory Scales, and Wisconsin Card Sorting Test), per hour of the psychologist's or physician's time, both face-to-face time with the patient and time interpreting test results and preparing the report
- 96119 Neuropsychological testing (e.g., Halstead-Reitan Neuropsychological Battery, Wechsler Memory Scales, and Wisconsin Card Sorting Test), with qualified healthcare professional interpretation and report, administered by technician, per hour of technician time, face to face

The following testing code is covered and not impacted by the psychological/neuropsychological testing reimbursement limits described above. However, the specialty restrictions in this policy are applicable.

- 96103 Psychological testing (includes psychodiagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, e.g., MMPI), administered by a computer, with qualified healthcare professional interpretation and report
- 96111 Developmental testing; limited: extended (includes assessment of motor, language, social, adaptive and/or cognitive functioning by standardized developmental instruments) with interpretation and report

The following codes are covered as medical services and are not impacted by the psychological/neuropsychological reimbursement limits or provider specialty limitations of this policy:

- 96105 Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, e.g., by Boston Diagnostic Aphasia Examination) with interpretation and report, per hour
- 96110 Developmental testing; limited (e.g., Developmental Screening Test II, Early Language Milestone Screen), with interpretation and report
- 96120 Neuropsychological testing (e.g., Wisconsin Card Sorting Test), administered by a computer, with qualified healthcare professional interpretation and report

  Note: This CPT code is used for IMPACT screening.

Reimbursement for the following services is limited to 10 hours (units) of testing per provider/group per calendar year. Services greater than 10 hours are covered, but will not be separately reimbursed to the provider and there is no member liability. **Note:** Limited to Speech, Master's in Social Work (MSW), or Occupational Therapists (OT) specialties.

96125 Standardized cognitive performance testing (e.g., Ross Information Processing Assessment) per hour of a qualified healthcare professional's time, both face-to-face time administering tests to the patient and time interpreting these test results and preparing the report

If any of the services in this policy are being provided as part of an Early Intervention Program, please refer to the Early Intervention Policy.

Psychological/Neurological testing for learning disabilities are not covered services.

# **COVERAGE**

Benefits may vary between group/contract. Please refer to the Subscriber Agreement or Evidence of Coverage for applicable behavioral health benefits/coverage.

If services are being provided under state or federal laws that provide services for the health of school children or handicapped children, then they are excluded from coverage (See Rhode Island General Law, Title 16, Chapters 21, 24, 25, and 26 and applicable regulations governing the health of school children and special education of handicapped children or comparable requirements established by federal law or state law of applicable jurisdiction).

#### **BACKGROUND**

The physician or other healthcare provider measures cognitive, psychomotor, and other abilities through written, oral, or combined format testing. The testing is accomplished by the combination of several types of testing procedures. It is expected that the administration of these tests will generate material that will be formulated into a report.

Psychological testing refers to a series of tests used to evaluate and treat an individual with emotional, psychiatric, neuropsychiatric, personality illness(es), or developmental delays.

Neuropsychological testing is used to determine the brain's capacity with respect to short- and long-term memory, abstract reasoning, attention concentration, executive function, motor skills and other cognitive and psychological factors.

Impact<sup>®</sup> screening provides a computerized neurocognitive assessment tool used in concussion screening. The test is now being used by a wide range of professional providers (e.g., emergency room, urgent care, primary care physicians, general practice, and internal medicine) and is covered.

## **CODING**

Daily Maximum Unit edits are applicable as noted in the referenced Coding and Payment Guideline policy. See detail in the policy section for provider and yearly testing limits.

# **RELATED POLICIES**

Coding and Payment Guidelines

Early Intervention Policy

## **PUBLISHED**

Provider Update, May 2016 Provider Update, December 2015 Provider Update, February 2014 Provider Update, June 2012 Provider Update, September 2010 Provider Update, July 2008 Provider Update, April 2008

#### **REFERENCES**

Not applicable

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