Medical Coverage Policy



Stereotactic Radiosurgery and Stereotactic Body Radiation Therapy-PREAUTH

Device/Equip	ment 🗌 Drug 🗌 🛛	Medical 🛛 Surgery	Test Other
Effective Date:	9/1/2009	Policy Last Updated:	5/1/2012

➢ Prospective review is recommended/required. Please check the member agreement for preauthorization guidelines.

Prospective review is not required.

Description:

Stereotactic radiosurgery (SRS) and stereotactic body radiation therapy (SRBT) are non invasive treatments of high doses of focused radiation beams precisely delivered to intracranial and extracranial targets, therefore sparing adjacent tissue structures from irradication.

Stereotactic radiosurgery (SRS):

Most commonly used to treat disorders of the head or neck (intracranial), malignancies (including primary and metastatic tumors), arteriovenous malformations (AVMs), acoustic neuromas, and other benign intracranial tumors (e.g., meningiomas or pituitary adenomas) with a single, high dose, precise delivery of radiation in a one day session. This technique differs from conventional radiotherapy, which exposing larger areas of intracranial tissue to relatively broad fields of radiation over a number of sessions.

The radiosurgical procedure, however, can also be used with hypofractionation (two to five fractions), also called SBRT, and conventional fractionation. It is important to note that stereotactic treatment to intracranial lesions using two to five fractions is considered SBRT. Any treatment using greater than five fractions is not considered SBRT.

Five main methods of this technology exist: gamma-knife radiosurgery (Gamma Knife[®]), robotic radiosurgery system (CyberKnife®) with image-guided radiotherapy, linear-accelerator radiosurgery (LINAC), proton-beam radiosurgery, helium-ion radiosurgery, and neutron-beam radiosurgery. The latter three energy sources are collectively referred to as charged particles.

Stereotactic radiosurgery using a gamma or LINAC unit is typically covered for the following indications:

- o arteriovenous malformations;
- acoustic neuromas;
- pituitary adenomas;
- o non-resectable, residual, or recurrent meningiomas;
- solitary or multiple brain metastases in patients having good performance status and no active systemic disease (defined as extracranial disease that is stable or in remission);

- primary malignancies of the CNS, including but not limited to high-grade gliomas (initial treatment or treatment of recurrence);
- trigeminal neuralgia refractory to medical management;
- *Primary and recurrent gliomas less than 4 cm in diameter;
- *Small meningiomas (less than 4 cm in diameter in all dimensions) which are nonresectable, residual or recurrent;
- *Multiple or recurrent brain metastases with four (4) or fewer lesions;
- *Pituitary adenomas;
- *Certain epileptic disorders;
- *Inoperable arteriovenous malformations (AVMs) of the brain which are 5 cm or less in greatest dimension;
- *Schwannomas;
- *Ocular melanomas;
- *Pineal tumors and adenomas;
- *Paragangliomas;
- *Chordomas;
- *Tic douloureux;
- *Trigeminal neuralgia.

*Indicate covered conditions for Medicare members.

Investigational applications of stereotactic radiosurgery include, but are not limited to, the treatment of seizures and functional disorders other than trigeminal neuralgia, including chronic pain.

Stereotactic body radiation therapy or radiotherapy (SBRT):

Similar in technique to intracranial stereotactic radiosurgery except that the target areas are <u>typically</u> in the body and do not include the head or neck. SBRT delivers a single high-dose radiation delivery or, a few fractionated radiation deliveries. This fractionated form of radiotherapy is made possible by the recent availability of non-invasive repositioning devices that can be used in lieu of a head frame.

NOTE: In some cases, SBRT may be used to treat intracranial lesions when two to five fractions of radiation are used instead of one single dose.

Based on clinical evidence it was found that SBRT was proven to be effective in patients with stage 1 (non-small cell lung cancer (not larger than 5 cm in diameter) showing no nodal or distant disease) who are not candidates for surgical resection because of co-morbid conditions. SBRT has also been shown to improve outcomes (reduce pain) in patients with spinal (vertebral) tumors that recur after prior radiation therapy. Data for other extra-cranial uses of SBRT are limited, and these clinical situations are still considered investigational.

Medical Criteria:

Commercial members:

SBRT is considered medically necessary for the following indications:

 Patients with stage T1 or T2a non-small cell lung cancer (not larger than 5 cm) showing no nodal or distant disease and who are not candidates for surgical resection;

- Spinal or vertebral body tumors (metastatic or primary) in patients who have received prior radiation therapy.
- o Intracranial lesions

BlueCHiP for Medicare** members:

SBRT treatments are medically necessary for the following indications:

- Retroperitoneal metastases;
- Hepatic and Pancreatic tumors;
- Pulmonary tumors;
- Mediastinal tumors;
- Prostate neoplasm;
- Spinal tumors;
- Intracranial lesions

**Medicare policy is developed separately from BCBSRI policy. Medicare policy incorporates consideration of governmental regulations from CMS (Centers for Medicare and Medicaid Services), such as national coverage determinations or local coverage determinations. In addition to benefit differences, CMS may reach different conclusions regarding the scientific evidence than does BCBSRI. Medicare and BCBSRI policies may differ. However, BlueCHiP for Medicare members must be offered, at least, the same services as Medicare offers.

SBRT is considered **not medically necessary for all product lines** for the following indications:

- Intractable pain (except Tic douloureux and trigeminal neuralgia);
- Movement disorders such as Parkinson's Disease, essential tremor, or other disabling tremor;
- Psychoses/Neuroses;
- Stereotactic cingulotomy as a means of psychosurgery.

Policy:

SBRT is covered only for the medical conditions listed above.

Preauthorization is required for SBRT for BlueCHiP for Medicare and recommended for all other BCBSRI products.

SRS is covered and preauthorization is not required.

Coverage:

Benefits may vary between groups and contracts. Please refer to the appropriate Evidence of Coverage, Subscriber Agreement or Benefit Booklet for the applicable radiation therapy benefits/coverage.

Coding:

Single Fraction

Cranial SRS-Radiation Treatment Management

77432 77371

Two to Five (2-5) Fractions

Cranial SBRT-Radiation Treatment Management-Preauthorization is required for SBRT for BlueCHiP for Medicare and recommended for all other BCBSRI products.

77435

One to Five (1-5) Fractions

Spinal SBRT Radiation Treatment Management-Preauthorization is required for SBRT for BlueCHiP for Medicare and recommended for all other BCBSRI products.

The following HCPCS codes are covered but **not separately reimbursed** as providers should file with the appropriate

CPT code:

G0339 Image-guided robotic linear accelerator-based stereotactic radiosurgery, complete course of therapy in one session or first session of fractionated treatment

G0340 Image-guided robotic linear accelerator-based stereotactic radiosurgery, delivery including collimator changes and custom plugging, fractionated treatment, all lesions, per session, second through fifth sessions, maximum five sessions per course of treatment

Also known as:

CyberKnife Gamma Knife Helium Radiosurgery LINAC Radiosurgery Linear Accelerator Radiosurgery Radiosurgery Stereotactic Radiosurgery SBRT SRS

Published

Policy Update, August 2006 Policy Update, August 2007 Policy Update, November 2007 Policy Update, July 2008 Policy Update, February 2011 Policy Update, January 2012

References:

Blue Cross and Blue Shield Association. Medical Policy Reference Manual 6.01.10 Stereotactic Radiosurgery and Stereotactic Body Radiation Therapy. Issue 9:2010. Accessed 5/1/2012.

Centers for Medicare and Medicaid Services. Local Coverage Determination (LCD) for STEREOTACTIC BODY RADIATION Therapy (L28366) Accessed 5/1/2012.

Centers for Medicare and Medicaid Services. Local Coverage Determination (LCD) for Cranial Stereotactic RADIOSURGERY (SRS) and Cranial Stereotactic Radiotherapy (SRT) (L30318) Accessed 5/1/2012.

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