

**Blue Cross & Blue Shield of Rhode Island  
Urgent Access Providers**

<b>Practice Name</b>	<b>Contact Information</b>	<b>Appointment Type</b>
Child and Family Psychiatry & LifeStance locations	401-485-6237 Multiple Locations in Rhode Island	Child and Adult Outpatient Therapy and Medication Management
New England Wellness Collaborative	401-600-0098 1 Richmond Square, Suite 103K Providence, RI 02906	Outpatient Therapy
Polaris Counseling & Consulting	401-349-4269 2227 Mineral Spring Ave North Providence, RI 02911	Outpatient Therapy * Ages 12+
Providence Behavioral Health Associates	401-369-9224 Multiple Locations in Rhode Island	Child and Adult Outpatient Therapy and Medication Management
RICBT & Tides of Mind Counseling	401-294-0451 Multiple Locations in Rhode Island	Child and Adult Outpatient Therapy and Medication Management
South County Psychiatry	401-268-5333 Multiple Locations in Rhode Island	Child and Adult Outpatient Therapy and Medication Management

Updated 8/13/2024