

29th Annual Worksite Health Awards

Application

For more than 28 years, the Worksite Health Awards have recognized and celebrated well-being in workplaces like yours, and Blue Cross & Blue Shield of Rhode Island (BCBSRI) is proud to be a Presenting Sponsor. In partnership with the Greater Providence Chamber of Commerce, we would like to offer congratulations in advance for the effort you and your colleagues put forward to help your employees maintain their physical and emotional health.

A successful employee well-being program can certainly be a win-win and you've all proved this to be true. As you incorporate effective well-being practices at work, you help your organization control healthcare costs, increase retention, and even create a more engaged workforce. The Worksite Health Awards honor businesses like yours that are putting wellness into practice and building a positive culture that supports good health and makes a commitment to employees' overall well-being.

In these awards, four levels are acknowledged: Achievement (<100 points), Outstanding (100-149 points), Superior (150-199 points), and Exemplary (200+ points). In addition, we will recognize those companies that went above and beyond to support their employees' well-being in creative and innovative ways.

When filling out your application, refer only to programs and educational efforts that were promoted or implemented in 2022. Also, please upload only the items listed in the Supplemental Materials section.

Please note that the review panel may request additional documentation as needed to support the information provided in this application. Submit your application at bcbsri.com/WorksiteHealth. If you have any questions, please contact Barbara Laurino at blaurino@provchamber.com or **(401) 521-5000**.

Save the date

This year, we'll be announcing the winners at an in-person event:

Thursday, September 7, 2023
Crowne Plaza Hotel
Warwick

Don't miss out! Applications will be accepted through June 23.



Worksite Health Awards Application Form

Company Information

Company: _____

Contact Name: _____

Title: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____ Number of full-time employees: _____

Website: _____ Email Address: _____

Company name as it should appear on your award and in promotional materials:

Company name will be listed in BCBSRI and Greater Providence Chamber of Commerce advertisements and promotions of the Worksite Health Awards.

“Create and Innovate” Awards

2022 was another year of adjustment for companies and employees. We are looking for creative and innovative ways that employers have enhanced their workplace wellness culture. Please share your ideas to promote wellness, especially when so many businesses now have hybrid work environments.

Please attach either an individual employee success story or your company’s success story. (25 bonus points)

I. Health Awareness

Please check all that apply. (5 points each)

In 2022, our company:

1. Encouraged participation in a Health Assessment or Health Check to determine population health risk and plan relevant programs.
2. Made available in the workplace, in either written or electronic form (or both), educational wellness materials to promote a healthy lifestyle.
3. Surveyed employees on workplace culture or health interests to ensure programming supported their needs. (e.g., “Best Places to Work” survey).

II. Intervention

(5 points each - max of 110 points)

Please complete the tables below or attach a listing of any 2022 company-sponsored or company-promoted employee well-being programs, such as health screenings, health seminars/webinars, self-directed programs, blood drives, virtual programs, and physician forms. Please check all that apply, and include dates and program descriptions (such as virtual, on-site, self-guided, group activity).

Screenings/Prevention (for example, biometrics screening, immunization clinic, and sun safety)

	Date(s)	Description
Biometrics		
Blood Pressure		
Body Composition		
Body Mass Index (BMI)		
Bone Density		
Carbon Monoxide		
Dermascan (sun safety)		
Flu		
Immunizations		
Waist Measurement		
Other:		

Education/Behavior Change (for example, onsite seminar, webinar, multi-week series, and challenges)

Corporate Challenge		
Diversity, Equity and Inclusion (DEI)		
Disease Prevention		
Financial Health		
Health Coaching		
Healthy Sleep		
Healthy Weight		
Mental Health		
Mindfulness		
Nutrition		
Physical Activity		
Self-care		
Tobacco Cessation		
Work/life Balance		
Other (e.g., Oral Health, Pharmacy, Challenges, etc.)		

Total Number of Programs: _____

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III. Digital Well-being and Safety

Please check all that apply. (5 points each)

In 2022, our company:

Provided resources to prevent injuries at work, such as ergonomics, back care, body mechanics training, standing workstations, etc.

Offered one comprehensive digital well-being platform for all employees

Maintained a minimum 10% enrollment in our digital well-being solution

Other (name of program): _____

IV. Policy, Organization, and Culture

Please check all that apply. (5 points each)

In 2022, our company:

Had a written wellness plan

Had a wellness mission statement

Had a written smoking policy

Had a dedicated budget to support the wellness plan

Had a lactation policy and dedicated lactation room

Had a wellness room or dedicated wellness area

Had a policy encouraging employee participation in health and fitness activities (e.g., flex-time for employees to participate in health and fitness events, onsite fitness equipment, reimbursement for fitness membership fees, etc.)

Provided a recognition program to award employees for their personal achievements in health enhancement or their participation in the promotion of healthy lifestyles

Communicated and demonstrated senior leadership's support for the company's wellness strategy

Developed, implemented, or maintained a company policy on injury prevention in the workplace

Offered a wellness incentive plan (HSA contributions, premium contributions, PTO days, gift cards, etc.) to encourage overall participation

Had a designated wellness/promotion coordinator or wellness committee

Made available an Employee Assistance Program (EAP) referral service (e.g., mental health services, substance use counseling)

Measured program outcomes, such as program satisfaction, aggregate health risk changes, etc.

Provided opportunities for staff professional development

Offered benefit plans to support employee health and financial well-being, such as dental and vision insurance, life insurance, pet insurance, critical illness insurance, etc.

Included spouses/domestic partners in the well-being offerings and incentives

Supplemental Materials

To be considered for the highest level (Exemplary) award, you must provide attachments for at least three (3) of the following:

Written wellness plan

2022 company smoking or lactation policy

Incentive plan overview

Sample communications plan or recognition program

Outcome report (e.g., aggregate satisfaction report, aggregate health risk report)



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