

BlueCHiP for Medicare Value (HMO-POS)  
Programa de ACESSO  
Lista de Prestadores de Cuidados  
Primários (PCP)



Este guia fornece uma lista dos prestadores de cuidados primários (PCPs) da rede do Programa de ACESSO da BlueCHiP for Medicare Value.

Como membro do Programa de ACESSO da BlueCHiP for Medicare Value, você terá de escolher um dos nossos prestadores de serviços neste guia para ser o seu PCP. Fizemos uma parceria com a Oak Street Health, um grupo de prestadores de cuidados primários (PCP) que atende a um conjunto rigoroso de requisitos a fim de garantir ao paciente níveis excepcionais de experiência, acesso e qualidade. O seu PCP lidera essa equipa e ajuda a garantir que você recebe análises e exames de saúde regulares e ajuda-o sempre que precisar de cuidados adicionais, tais como visitas a especialistas e alguns outros serviços, conforme descrito nos documentos do seu plano.

Use este guia para escolher um prestador para o seu Programa de ACESSO da BlueCHiP for Medicare Value e indique-o no formulário de inscrição ou ao membro da equipa do Medicare Concierge no momento da inscrição. Se deseja alterar o seu PCP, também pode usar este guia para encontrar um na sua área.

Esta lista foi atualizada a **outubro 1, 2020**. Para obter uma lista mais atualizada, use a nossa ferramenta "Encontrar um Médico" em **[bcbsri.com/FindDoctor](https://bcbsri.com/FindDoctor)**. Se tiver outras questões, entre em contacto com a equipa de **Medicare Concierge através do número de telefone 1-800-267-0439 (TTY: 711.)**

### **Horário:**

1 de outubro – 31 de março: Sete dias por semana, das 8h00 às 20h00;

1 de abril – 30 de setembro: Segunda – sexta, das 8h00 às 20h00;

Sábado: das 8h00 ao meio-dia

Fora deste horário, está disponível um sistema de atendimento automatizado. Ou visite **[bcbsri.com/Medicare](https://bcbsri.com/Medicare)**.

## ALPHABETICAL PHYSICIAN/PROVIDER LISTING

Behtash DO, Solmaz .....	5
Boe LICSW, Carolina .....	5
Dever NP, Rosemary V .....	5
Frempong LICSW, Margaret .....	5
Gallardo-Cochran MD, Margaret A.	5, 6
Hardy MD, George E .....	5
McGovern NP, Chelsea .....	5, 6
Mutuyimana NP, Raissa .....	5
Nikolopoulos DO, Nicholas T .....	5
Obara NP, Katherine P .....	5, 6
Pothier NP, Wanda .....	5, 6
Silverstein MD, Julie .....	5
Westrick MD, Edward R .....	5

**PCPS LISTED BY TOWN \***

**Rhode Island**

**Providence**

**OTHER PROVIDERS AND SERVICES**

**Clinical Nurse Specialist**

**Mutuyimana NP, Raissa**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Social Worker**

**Boe LICSW, Carolina**  
712 Broad St  
401-233-5060

**PHYSICIAN/PROVIDER NETWORK**

**Family Practice**

**Behdash DO, Solmaz**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Gallardo-Cochran MD, Margaret A**

650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Nikolopoulos DO, Nicholas T**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Internal Medicine**

**Hardy MD, George E**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Silverstein MD, Julie**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Westrick MD, Edward R**  
650 Branch Ave Unit 6  
401-233-5055

LANGUAGES SPOKEN  
*Spanish*

712 Broad St  
401-233-5060

LANGUAGES SPOKEN  
*Spanish*

**Nurse Practitioner**

**Dever NP, Rosemary V**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**McGovern NP, Chelsea**  
650 Branch Ave Unit 6  
401-233-5055

712 Broad St  
401-233-5060

**Obara NP, Katherine P**  
650 Branch Ave Unit 6  
401-233-5055

LANGUAGES SPOKEN  
*Spanish*

712 Broad St  
401-233-5060

LANGUAGES SPOKEN  
*Spanish*

**Pothier NP, Wanda**  
650 Branch Ave Unit 6  
401-233-5055

LANGUAGES SPOKEN  
*Spanish*

712 Broad St  
401-233-5060

LANGUAGES SPOKEN  
*Spanish*

**Warwick**

**OTHER PROVIDERS AND SERVICES**

**Clinical Nurse Specialist**

**Mutuyimana NP, Raissa**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Social Worker**

**Frempong LICSW, Margaret**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**PHYSICIAN/PROVIDER NETWORK**

**Family Practice**

**Behdash DO, Solmaz**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Gallardo-Cochran MD, Margaret A**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Nikolopoulos DO, Nicholas T**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Internal Medicine**

**Hardy MD, George E**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Westrick MD, Edward R**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

LANGUAGES SPOKEN  
*Spanish*

**Nurse Practitioner**

**Dever NP, Rosemary V**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

\*Must receive care within Select network of providers. (PO) Present Patients Only

PCPS LISTED BY TOWN \*

**Warwick (continued)**

**PHYSICIAN/PROVIDER  
NETWORK (continued)**

**Nurse Practitioner**  
**(continued)**

**McGovern NP, Chelsea**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

**Obara NP, Katherine P**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

LANGUAGES SPOKEN  
*Spanish*

**Pothier NP, Wanda**  
300 Quaker Ln  
Ste C2-4  
401-233-5051

LANGUAGES SPOKEN  
*Spanish*

**Woonsocket**

**PHYSICIAN/PROVIDER  
NETWORK**

**Family Practice**

**Gallardo-Cochran MD,  
Margaret A**  
2000 Diamond HL Rd  
Ste 18  
401-470-7116

# Nondiscrimination and Language Assistance

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Blue Cross & Blue Shield of Rhode Island (BCBSRI) complies with applicable Federal civil rights laws and does not discriminate or treat people differently on the basis of race, color, national origin, age, disability, or sex.

BCBSRI provides free aids and services to people with disabilities and to people whose primary language is not English when such services are necessary to communicate effectively with us.

If you need these services, contact us at 1-800-267-0439 TTY: 711.

If you believe that BCBSRI has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Director of Grievance and Appeals Department, Blue Cross & Blue Shield of Rhode Island, 500 Exchange Street, Providence RI 02903, or by calling 1-800-267-0439 TTY: 711. You can file a grievance in person, by phone or by mail, fax at (401) 459-5668 or electronically through our member portal at [bcbsri.com/medicare](http://bcbsri.com/medicare).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**English:** If you, or someone you're helping, has questions about Blue Cross & Blue Shield of Rhode Island, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-800-267-0439.

**Spanish:** Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross & Blue Shield of Rhode Island, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-267-0439.

**Portuguese:** Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Blue Cross & Blue Shield of Rhode Island, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-800-267-0439.

**Chinese:** 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross & Blue Shield of Rhode Island 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 [在此插入數字 1-800-267-0439]。

**French Creole:** Si oumenm oswa yon moun w ap ede gen kesyon konsènan Blue Cross & Blue Shield of Rhode Island, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 1-800-267-0439.

**Cambodian-Mon-Khmer:** ប្រសិនបើអ្នក ឬនរណាម្នាក់ដែលអ្នកកំពុងតែជួយ មានសំណួរអំពី Blue Cross & Blue Shield of Rhode Island ទេ, អ្នកមានសិទ្ធិទទួលបានជំនួយនិងព័ត៌មាន នៅក្នុងភាសា របស់អ្នក ដោយមិនអស់ប្រាក់ ។ ដើម្បីនិយាយជាមួយអ្នកបកប្រែ សូម 1-800-267-0439.

**French:** Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross & Blue Shield of Rhode Island, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 1-800-267-0439.

**Italian:** Se tu o qualcuno che stai aiutando avete domande su Blue Cross & Blue Shield of Rhode Island, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 1-800-267-0439.

**Laotian:** ຖ້າທ່ານ, ຫຼືຄົນທີ່ທ່ານກຳລັງຊ່ວຍເຫຼືອ, ມີຄຳຖາມກ່ຽວກັບ Blue Cross & Blue Shield of Rhode Island, ທ່ານມີສິດທີ່ຈະໄດ້ຮັບການຊ່ວຍເຫຼືອແລະຂໍ້ມູນຂ່າວສານທີ່ເປັນພາສາຂອງທ່ານບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ການໂອ້ນລົມກັບນາຍພາສາ, ໃຫ້ໂທຫາ 1-800-267-0439.

**Arabic:** إن كان لديك أو لدى شخص تساعدك أسئلة بخصوص Blue Cross & Blue Shield of Rhode Island، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بـ 1-800-267-0439.

**Russian:** Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross & Blue Shield of Rhode Island, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-800-267-0439.

**Vietnamese:** Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross & Blue Shield of Rhode Island, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-800-267-0439.

**Kru:** I bale we, tole mut u ye hola, a gwee mbarga inyu Blue Cross & Blue Shield of Rhode Island, U gwee Kunde I kosna mahola ni biniiguene I hop wong nni nsaa wogui wo. I Nyu ipot ni mut a nla koblene we hop, sebel 1-800-267-0439.

**Ibo:** Ọ bụrụ gị, ma o bụ onye I na eyere-aka, nwere ajụjụ gbasara Blue Cross & Blue Shield of Rhode Island, I nwere ohere iwenta nye maka na ọmụma na asụsụ gị na akwu gị ụgwọ. I chọrọ I kwurụ onye-ntapịa okwu, kpọ 1-800-267-0439.

**Yoruba:** Bí ìwọ, tàbí ẹnikẹni tí o n ranlọwọ, bá ní ibeere nípa Blue Cross & Blue Shield of Rhode Island, o ní ẹto lati rí iranwọ àti ìfitónilétí gbà ní èdè rẹ láìsanwó. Látí bá ongbufo kan sọrọ, pè sórí 1-800-267-0439.

**Polish:** Jeśli Ty lub osoba, której pomagasz, macie pytania odnośnie Blue Cross & Blue Shield of Rhode Island, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 1-800-267-0439.

**Korean:** 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Blue Cross & Blue Shield of Rhode Island 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 1-800-267-0439 로 전화하십시오.

**Tagalog:** Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa Blue Cross & Blue Shield of Rhode Island, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-800-267-0439.

This notice is being provided to you in compliance with federal law.











500 Exchange Street • Providence, RI 02903-2699 • [bcbsri.com/Medicare](http://bcbsri.com/Medicare)  
A Blue Cross & Blue Shield de Rhode Island é concessionária independente da Blue Cross and Blue Shield Association