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Last Updated: 4/9/25

### **Blue Cross & Blue Shield of Rhode Island Urgent Access Providers**

BCBSRI has collaborated with providers throughout Rhode Island to ensure that our members have access to urgent appointments for behavioral health needs, such as outpatient therapy and medication management. These providers have dedicated time slots available exclusively for BCBSRI members.

<b>Practice Name</b>	<b>Contact Information</b>	<b>Appointment Type</b>
Emma Pendleton Bradley Hospital	401- 432-1119 1011 Veterans Memorial Parkway, Riverside, RI 02915	Child Outpatient Therapy and Medication Management
LifeStance	401-485-6237 Multiple Locations in Rhode Island	Child & Adult Outpatient Therapy and Medication Management
Polaris Counseling & Consulting	401-349-4269 1635 Mineral Spring Ave North Providence, RI 02911	Child (ages 12+) & Adult Outpatient Therapy
Providence Behavioral Health Associates	401-369-9224 Multiple Locations in Rhode Island	Child & Adult Outpatient Therapy and Medication Management
Optum Behavioral Health Care of Connecticut, P.C	401-294-0451 Multiple Locations in Rhode Island	Child & Adult Outpatient Therapy and Medication Management
South County Psychiatry	401-268-5333 Multiple Locations in Rhode Island	Child & Adult Outpatient Therapy and Medication Management